
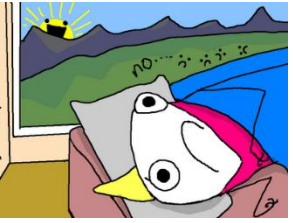
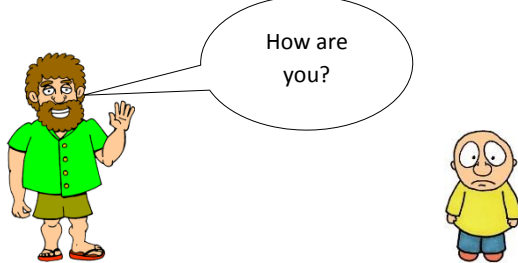
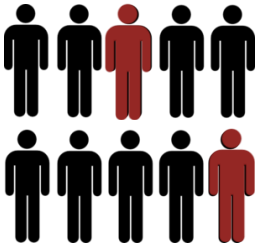

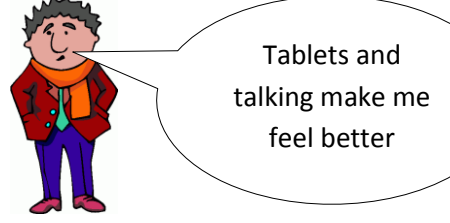


What is Depression?

		
<p>Depression is something that grownups and young people can get. People who are depressed often feel sad about their life and don't have any energy.</p>	<p>It can make people not want to get up in the mornings and not see the point in doing anything.</p>	<p>Sometimes it stops people from wanting to talk to other people because they feel too sad to bother.</p>
		
<p>It is nobody's fault it is an illness that just seems to happen to some people.</p>	<p>There are many different reasons for it happening and the doctors who have seen your mum/dad/older brother/older sister understand this and know how to help.</p>	<p>Depression does not always last for ever and people can get better from it and are ill for a short time. Sometimes people can be depressed for a long time and even though they feel better keep taking their medication to make sure they don't get poorly again.</p>