

# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

The Bestwood Partnership

AREA COVERED WITHIN APPLICATION

Bestwood, Bulwell & Bulwell Forest Wards



1. LEAD ORGANISATION		
Main contact	Donna Denning	
Position/role	Bestwood Partnership Manager	
Telephone number 1	0115 97555758	
Telephone number 2	07734007591	
Email	Donna@bestwood.org.uk	
Organisation / Office address	The Bestwood Partnership The Community Centre Gainsford Crescent Nottingham NG5 5GH	

## 2. Grant Allocation

Name of Organisation	Term time Children and Young people £	Match Funding (If any) £	HAF Children and Young people £	Employment and Skills £	Match Funding (If any) £	Small Group Support £	Match Funding (If any) £
Bulwell Toy Library	32,500	134,251	9,360				
Support Through Sport	4,000	0.00	,				
Helping Kids Achieve	10,000	0.00	9,000				
Bulwell Forest Garden	10,000	1500.00	2,000				
CBF Gymnasium's	4,500	8,960	2,000				
CBF Outreach boxing	4,000	0.00					
Freedom Foundation			10,000				
Bulwell United Reformed Church			2,000				
Schools Cycling			1,000				
Un allocated /Contingency fund			27,149				
Bestwood Advice Centre				4,000	0.00		0
NCVS						3,000	0.00
Nottingham College/ Bestwood Partnership				2,000			
Empleo				10,000	0.00		
Use of ABG as contribution to salary costs				40.000			
Un allocated /Contingency fund	7,865						
Management Fee			6,950			9925.00	
TOTAL FUNDING SPEND	65,000	144,711	42,310	56,000	0.00	12,925	0,00

ABG Offer: £141,790 HAF £69,459

**ABG Total Allocation** 

£133,925

HAF £69,500

### 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	The Toy Library		
Age group supported:	5 – 13 years		
Girls / Boys / Mixed offer:	Mixed		
Annual no. unique YP's supported:	220		
Total annual no. YP's attending:	4780		
Total annual no. of sessions delivered:	239		
Frequency of sessions:	Weekly Term time		
Delivery location(s):	Barkers Wood, Bulwell Hall Park, Nelson Park, Bestwood Estate CC/Southglade Park, Pulley Park, plus 2 TBC		
Ward(s) of delivery:	Bestwood, Bulwell & Bulwell Forest wards		
Cost to YP participating:	FREE		
Grant amount:	£32,500		
Match funding amount(s):	£134,251		
Match funding source(s):	The National Lottery, Boots Charitable Trust, National Lottery Awards for All		

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

- Continuation of current provision of after school and holiday sessions in Bulwell & Bestwood (6 sessions/week).
- Additional 1 session starting in April and 2 further sessions starting in June 2022
- Seek and use external funds to enhance provision for children and young people.
- Strategic coordination (on behalf of the Lead Body) of Play and Youth provision across Area 1 including identification of gaps (geographical, for particular ages, in types of provision) leading to integrated offer of services for children and young people aged 5-19 years)
- Oversight of provision regarding quality assurance and training requirements
- Provision of Play training for staff and volunteers.
- Safeguarding overview and provision of safeguarding training for staff and volunteers.

The Toy Library was established 43 years ago by local parents in Bulwell to support each other and improve opportunities for children. They have worked towards this goal ever since. The Toy Library believe that every child benefits from belonging to a family and every family benefits from belonging to a community. The purpose is to work alongside and support children, families, and communities to develop, grow and thrive together.

All these services and activities have grown from local conversations and connections, driven by the needs of parents and families as well as their ideas, resourcefulness, and vitality. We are known, trusted, and respected by local parents and grandparents, many of whom used our services as children themselves. We are proud of the fact that many of our Trustees are people who live and work in our local community and we are committed to maintaining this.

Over the last decade The Toy Library has developed and expanded despite the difficult economic conditions and large reductions in government spending. In 2006 we began to offer out of school and holiday play services for children in Bulwell up to the age of 13 years and have also delivered further afield in recent years. We are now the main providers of services for children and families in the Bulwell area of Nottingham.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

All children and young people have the right to play (as enshrined in Article 31 of the UN Declaration of the Rights of the Child) and as they get older to have the right to opportunities for socialising and engaging in activities of their choice. A very high proportion of the populations of the three wards in Area One suffer from severe multiple deprivation (English Indices of Deprivation) which has many negative consequences for the experiences and long-term life chances of the children living in these areas.

Bulwell Toy library advocate for the right of children to be involved in making decisions about how they spend their time and for the community to be involved in delivering those choices with support from experienced Playworkers. The provision being offered will not only increase the number of opportunities and choices for local children and young people but increase opportunities for whole families and supports community cohesion and development.

A community development-based approach to children's Play opportunities, alongside professional support for policy, practice and learning will result in the best kind of provision in the right places.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

There is extensive research and evidence that shows that Play enhances all aspects of children and young people's lives. By providing opportunities for quality Play, and raising awareness on the importance of Play, more children will have access to opportunities and spaces to experience the impact and enhancement to emotional and physical wellbeing that Play provides

The quality of Play work and activity-based provision will be supported and enhanced across the area through providing quality assurance guidance and accessible training, to enhance quality and to grow community engagement which will in turn support the longevity of all projects. Robust safeguarding and child protection procedures and practice will strengthen existing and new provision and increase confidence in the work being provided and increase safety for both the children and young people and the adults and organisations involved in delivering services.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships.

The benefits that Play provides for children are illustrated in recognised theories of Play work practice, such as the SPICE spectrum of opportunities, the Taxonomy of Play types, and Compound Flexibility. Good Play work practice, and engaging children in Play activity has well documented and proven outcomes in all areas of children's wellbeing and development as children are able to explore the world and their place in it. The differences this makes to children are numerous and unique to each child. Examples of natural outcomes to engaging in Play include improved self-awareness, increased self-confidence, experience of wider opportunities, increased confidence in peer social interaction, learning new skills, increased physical experiences etc In these recent difficult times, it has been particularly important to create opportunities for social interaction and expression of feelings, again, which happen naturally in a Play environment.

The quality of new and existing provision will be improved through training and development opportunities for workers and volunteers, tailored to meet the needs of groups and communities. The benefits of this will be increased through the support in improving practice through guidance and quality assurance practices

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	Helping Kids Achieve	
Girls / Boys / Mixed offer:	Mixed offer	
Annual no. unique YP's supported:	300	
Total annual no. YP's attending:	3000	
Total annual no. of sessions delivered:	78	
Frequency of sessions:	Twice a week	
Delivery location(s):	Bulwell Riverside and Southglade leisure centre	
Ward(s) of delivery:	Bulwell and Bestwood	
Cost to YP participating:	FREE	
Grant amount requested:	£10,000	
Match funding amount(s):	0	
Match funding source(s):	0	

Service/provision you will offer if your application is successful: Be specific, what delivery will include or look like and who will be delivering it.

Helping Kids Achieve deliver basketball sessions to young people aged 7-18 years with 4 age groups under 12s, u14s, u16s and u18s. All ages work to League standards Basketball regulations and Sports England code of conduct with history Basketball provision winning league titles

4 coaches are always present delivering these sessions.

Sessions are accessible to young people to engage in a range of additional activities such as football, basketball, music workshop, health & wellbeing programmes, drama, and dancing workshops. Advertised as Multisport.

Rationale for this provision: Identify why this activity is needed in the area. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Nottingham North has high levels of Anti-social behaviour, Isolation, Domestic violence in the home, youth crime and Child sexual exploitation, Self- harm, and young people in unhealthy relationships. Additional to the negative impacts of Covid 19 affecting mental health

Helping Kids achieve has set up resources and facilitates to address these issues with the aim of reducing offending behaviour risk and child protection issues.

The vision is to promote the welfare and well- being of young people, increase aspirations and levels of participation from a positive perspective, ensuring that each individual as the ability to reach or identify their full potential with the view of becoming an active citizen, by use of positive role models, and providing inclusive and accessible activities and resources that they would often not engage in with due to barriers, such as deprivation, substance misuse challenges home lives, gang affiliation, not in education employment or training, which as identified as an ongoing issue in the areas the projects target.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

The diversionary session in Bulwell and Bestwood.

assists us to identify "at risk" young people. Once engaged young people are able to be a part of our Coaching sessions, and gain coach skills and qualifications. This has already led to some of our young people entering our post 16 sports academy college. In the recent 3 years HKA have successfully enhanced 6 young people's life to become level 2 sports coaches/ sport mentors. The Basketball teams have progressed from local league to national, with four different age group teams. This work has already enabled HKA to reach (over 200 young people) this year keeping them safe and engaged in activities, successfully building self- esteem, confidence, relationships and making positive choices, raised aspirations, and learning life skills. The sport has enabled us to instil and reintroduce boundaries channelling negative energy and played a huge part in our positive outcomes with some of our YP and families

HKA plan to develop more opportunities to utilise multi-sports and basketball as a "catalyst" for engaging young people. This will require increasing the number of mentors they have. Mentors are also involved in activities/outreach and are often hands on to support and manage challenging behaviours. HKA have additional mentor coordinators to manage and supervise the mentors. Trained staff enforce management of safe practise, carry out initial assessments to be successful with the increase in participants as well as supporting staff.

How would this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships

HKA will monitor and evaluate the work by using service user feedback questionnaires, testimonies, monitor participants by recording attendance and use breakdowns to capture the demographics, ethnicity, age range, gender, disability,

HKA will use weekly registration and attendance sheets and referral forms to demonstrate how we identify and respond to needs.

HKA will measure progress of skills, knowledge and confidence and other outcomes from intake to end of the programme, and record this on a quarterly basis.

HKA will use questionnaires and service user feedback to gather data of entry into employment, college or training and the uptake of formal basketball and coaching sessions. Reflecting good practice for each session and record this on a weekly basis, and record testimonies to measure the softer outcomes.

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	CBF Gymnasiums	
Girls / Boys / Mixed offer:	Mixed offer	
Annual no. unique YP's supported:	65	
Total annual no. YP's attending:	120	
Total annual no. of sessions delivered:	60	
Frequency of sessions:	Term time weekly	
Delivery location(s):	Mellish Sports Centre	
Ward(s) of delivery:	Bestwood, Bulwell & Bulwell Forest wards	
Cost to YP participating:	Free of charge	
Grant amount requested:	£4000	
Match funding amount(s):	£4960.00	
Match funding source(s):	Mellish Sports Centre revenue	

## Service/provision you will offer if your application is successful: Be specific, what delivery will include or look like and who will be delivering it.

CBF deliver free young person's provision for 14- 19-year-olds, delivered by part sessional, volunteers and part Mellish team staff. The plan to provide non term time and term time sessions as this has previously been proven to be extremely popular. CBF are aware that funding request is for 39 weeks, therefore the remainder 13 weeks will be an "in kind" offer to ensure that the young people have consistency throughout the year.

The sessions will continue Wednesday (4-6pm) and Thursday (5-7pm) Previously the gym sessions were oversubscribed with less take up on Boot camp, that said Boot Camp is now much more popular. CBF see this evolving particularly for those non-sporty young people, to an hour 'Mellish social' session / youth club to enable the young people to come together in a safe space with positive role models and engage in activities such as board games, cards, table tennis and take part in informal team building exercises.

We will also have a mental health first aider resource to support the young people and signpost if required whilst monitoring their progress and development in the group.

## Rationale for this provision: *Identify why this activity is needed in the area.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Area, one wards are ranked 7<sup>th</sup> in the city for the most deprived with many young people in danger of drifting into or may have already experienced negative lifestyle experience. The wards that surround Mellish also have a high number of families in the community receiving benefits, experiencing overcrowding in their homes, low incomes and a higher prevalence of life limiting illnesses.

CBF believe that early intervention, positive role modelling and making good choices for their health and wellbeing is what Mellish facilitates, it is also what we would like to continue to facilitate and support and is key to having a crucial positive impact on their overall physical and emotional health and wellbeing of our young people in the community.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Historically the young people have valued the opportunity to access the gym, they have learnt about healthy eating – utilising basic information via the NHS healthy eating support, and support from the Mellish team- making good food choices and understanding how important it is to 'fuel' the body appropriately when they exercise.

CBF also educate young people with how to exercise correctly – checking exercise technique and form and control when exercising and understanding how the body works and connects etc.

Enabling young people to conduct themselves in a predominately adult situation and behave appropriately.

CBF sessions so far have created not only a positive mind-set, but a legacy for Mellish as the young people are our future members.

Young people will also be able to reduce the risk of obesity, isolation and make friends outside of their own social circles. The Mellish centre assist with development of new companionships, support each other at the gym and have a 'base' to meet up socially – spending their time doing more positive things.

How would this difference/change will be measured/evidenced: e of *Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being.* Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships.

CBF will measure participation and repeat visits which is a positive demonstration that they are delivering to meeting the needs and they are returning on a frequent basis showing continuity and commitment.

Regular consultation with the young people to ensure that the offer is meeting the needs and the infrastructure / signposting support is appropriate

CBF also like to do a very brief lifestyle questionnaire asking the young people basic questions regarding how they feel about their progress, in themselves – e.g., confidence, the sessions and its development.

Complete Quarterly monitoring as outlined within SLA.

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	CBF Outreach boxing –
Age group supported:	8-13
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	35
Total annual no. YP's attending:	50
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	Bestwood Community centre
Ward(s) of delivery:	Bestwood
Cost to YP participating:	Free of charge
Grant amount:	£4,000

Match funding amount(s):	n/a
Match funding source(s):	n/a

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

CBF Outreach boxing session offers a weekly boxing session which provides children and young people the opportunity to maintain and sustain their mental health and wellbeing, improves individual personal development. By working closely with individuals on both one-to-one sessions, as well as a group session this encourages and promotes team building as well as meeting identified personal best goals that children and young people are wanting to achieve.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Using the index of multiple deprivation map (IMD 2019) This area falls into the top 10% deprived areas in the UK. Young people in this area are generally more disadvantaged than those found more affluent areas of the city and so projects like ours are vital for improving their outcomes and engaging them in positive diversionary activities.

CBF boxing outreach sessions work closely with young people identified as being at risk, and aim to achieve sense of pride and responsibility as well as providing them with opportunities to get fit, engage with their peers and try something new.

CBF Outreach boxing sessions have a great track record for engaging those we are supporting during our regular sessions into various other areas of our business. With young leaders that have gone on to undertaking sports coaching courses as well as mentoring their peers.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

The young people are gaining confidence within their selves, increased self-motivation, changes in behaviour – as feedback to the coach by carers and parents.

Consistency, regularity, clear boundaries with the young people and team has assisted in change

Their approach allows CBF Outreach boxing sessions to develop their own relationship with young people and therefore provide another avenue of support for them and their wider families units.

The young people help each other out when we do group activities when we have more than two coaches

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships.

The ultimate aim is to keep the young people engaged and learning something new every session and to have fun, at the same time the staying in a safe place

As a result of this work, this will improve outcomes for the young people served by CBF Outreach boxing sessions and its young people and family relationships.

Session Reports completed by the Sports Lead on a weekly basis include the aim and objectives of that session then at the end of the session these are then reflected upon as to whether these were achieved, if not what challenges were presented, whether there were opportunities available or identified and what threatened the delivery of the session. These reports then feed into the team meetings and into Senior Management.

Relationships with carers, parents and family members are a crucial part of our work because the young person's behaviour can be noticed by them rather than the young person necessarily recognising change has occurred. The changes we have been told about has been in the following areas but are not an exhaustive list:

- Anger management there has been less confrontational episodes at home with primary caregiver
- Accepting responsibility when the primary caregiver removes a mobile phone for a set period the young person has accepted this therefore to the actions they chose to take
- Re-establishing boundaries the above is a part of re-establishing boundaries with the young person and the primary caregiver feeling that these are being re-established
- Relationships with others outside their immediate environment the boxing sessions has been identified as an activity that both young people and their primary caregivers chose as an opportunity for the young person to take some control over their behaviour
- A holistic approach CBF Outreach boxing sessions recognises a key aspect to bringing
  about long-term change with young people is that as many aspects of that young person's life
  is consistent, are coming from the same approach, reinforcement of consequences to actions
  are a shared value, that celebrating small changes are important as the bigger achievements.
  As an example: attending sessions and not making eye contact, to making eye contact and
  sharing how they are feeling about the week they have just had and to what they are wanting
  to achieve the following week

CBF Outreach boxing sessions recognise that such changes though are an individual change as you can see these also impact on the family. Understand that the holistic approach brings about positive changes in attitudes towards schooling, relationships with others, provides opportunities to be given responsibility. As an example: we identify potential Young Leaders and support the young person to develop the skills required to lead such as developing resilience, organisational, time management, leadership, decision making. These are all transferable skills that will enable the young person and young people to better engage with their learning, develop health working relationships with others, able to contribute to their community, society and on a global level.

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	Support through Sport	
Age group supported:	8 – 17 Years	
Girls / Boys / Mixed offer:	Mixed	
Annual no. unique YP's supported:	50	
Total annual no. YP's attending:	50	
Total annual no. of sessions delivered:	39 weeks	
Frequency of sessions:	Term time only weekly	
Delivery location(s):	Bulwell Hall Boxing Club	
Ward(s) of delivery:	Bulwell Area One	
Cost to YP participating:	0.00	
Grant amount:	£4.000	
Match funding amount(s):	-	
Match funding source(s):	-	

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Youth sport sessions delivered by trained staff (to a benchmark of training and standards) which include football and boxing primarily, with a multi-sport offer whereby we can deliver alternative sports and new activities based on the interests of young people.

As a wraparound offer, we aim to provide young people with further opportunities which help to raise aspirations, develop pro-social skills and reduce risks and vulnerabilities through mentoring and youth work support.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

As an organisation, we are committed to supporting children and young people who face disadvantage particularly due to negative social and environmental factors, such as deprivation and the rise of negative influences such as knife crime, gang violence, antisocial behaviour and youth offending. Locally, we know that there is a lack of youth provision in the Bulwell Hall area and we believe that this free, open access session will eliminate barriers to young people accessing sport and physical activity.

We also know that issues surrounding young people in Bulwell are particularly heightened and therefore there is an increased need for provision and diversionary activity in this community.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Through our Theory of Change, we aim to work with young people to develop pro-social behaviours and identities which support their personal aspirations and development whilst diverting them away from negative influences and discouraging violence. We hope that this programme will contribute to a decline in offending and issues surrounding children and young people on a local level. We also hope to mentor and provide additional support for young people in order to overcome adversity and hope to support positive changes and progression in the lives of the young people we support.

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	Bulwell Forest Garden	
Age group supported:	6-11 YEARS	
Girls / Boys / Mixed offer:	Mixed	
Annual no. unique YP's supported:	30	
Total annual no. YP's attending:	680	
Total annual no. of sessions delivered:	34	
Frequency of sessions:	WEEKLY	
Delivery location(s):	Bulwell Forest Garden	
Ward(s) of delivery:	Area One – Bulwell & Bulwell Forest wards	
Cost to YP participating:	£1.00	

Grant amount:	£7160.00
Match funding amount(s):	0
Match funding source(s):	0

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

WILDHEARTS FOREST SCHOOL IS A WEEKLY 2 HOUR SESSION AND HAS CAPACITY FOR 30 CHILDREN (an increase in numbers from 20, due to the high demand for the session). The woodland and surrounding area with wildlife pond, mud kitchen and veg growing beds is a fantastic space to connect with nature and ourselves, a calming environment, with a wide range of resources including a composting toilet and clay oven. A typical day can see us building dens, digging trenches, whittling sticks to toast marshmallows, playing hide and seek and nature hunts. The sessions are delivered by two Level 3 Forest School practitioners and a Forest School support worker (this is a newly appointed post, to respond to the more complex needs as we emerge from COVID and the increased numbers). We also have one Volunteer Forest School Support Worker. All staff and volunteers receive first aid, food hygiene and child protection training. Forest School practitioners have advanced paediatric outdoor first aid training.

Bulwell Forest Garden is a community green space, where people come together through growing, playing, socialising, learning, cooking, and caring for the land. The vision is for Bulwell to be a place with a strong sense of community, where people support each other, feel included and live healthy and fulfilled lives. Spanning 2.4 acres, our site includes a woodland area with bug hotel, community orchard, vegetable growing beds, a sensory garden, wildlife pond, medicinal garden, 'mud kitchen' and wildflower meadows. Facilities include 2 poly tunnels, a composting toilet and outdoor kitchen with cob oven and shelter. We are open to the public 4 days a week, for volunteering sessions and general access to a green space. Bulwell Forest Garden deliver a weekly Lunch Club, skills training, volunteering opportunities, outdoor yoga, weekly Forest School, Family Activity Days during school holidays, seasonal community events and are piloting a local outreach project, supporting people to grow their own produce at home. Local schools have exclusive access to the project 2 days a week, as an outdoor classroom.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Responding to the increased number of children dropping out of education in Secondary School in Bulwell, and the impact that food poverty and COVID has had on the mental health of young people in the area, it is important to offer therapeutic intervention from a young age. Forest School provides a project that focuses on emotional well-being and development, as well as providing nourishing and healthy food during each session.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Forest School focuses on SPICES – Social, physical, intellectual, creative, emotional, and spiritual development. Bulwell Forest Garden provide opportunities for children to develop resilience, risk taking, resourcefulness, relationships, responsibility, and independence whilst learning a wide range of new skills and having a great deal of fun. Children at Forest School are given an opportunity to explore freely the space around them at their own pace and in their own way, improving confidence and idea of self. 3 of the Forest Schoolers who have graduated and are attending Secondary School, now volunteer with us on a Saturday, continuing their personal development and connection with nature

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships.

Observations are made throughout each session and discussed as a team, to develop individual supportive ways in which to help each child to develop. We also carry out evaluations for parents to complete every 6 weeks. Children will have increased confidence, self-esteem, and social skills. They will have improved life skills (cooking, growing food) and problem-solving skills. They will have improved mental well-being through being outdoors, engaged with nature and having opportunities to express themselves verbally or through their actions at each session.

Name of Partner:	Bulwell Forest Garden
Age group supported:	PRESCHOOL & 10-15 years
Girls / Boys / Mixed offer:	MIXED
Annual no. unique YP's supported:	110
Total annual no. YP's attending:	1700
Total annual no. of sessions delivered:	38
Frequency of sessions:	WEEKLY
Delivery location(s):	Bulwell Forest Garden
Ward(s) of delivery:	Bulwell & Bulwell Forest wards
Cost to YP participating:	£1.00
Grant amount:	£840.00
Match funding amount(s):	0
Match funding source(s):	0

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

MUSIC AND NATURE GROUP WILL BE AN HOUR-LONG SESSION, ON FRIDAY MORNINGS, DELIVERED BY RAINBOW STRIPES IN OUR SENSORY GARDEN, FINISHING WITH A NATURE WALK IN OUR WOODAND, WILDFLOWER MEADOWS AND BUTTEFLY BORDERS. Rainbow Stripes delivers interactive acoustic music workshops for children under 5 and their families, with bongos, guitars, singing and sensory props. The sessions will be tailored to the seasons and immediate green space, with possible props from the community garden including vegetables, pinecones, and lavender

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

As we emerge from COVID-19 restrictions, it's vitally important that local parents have an opportunity to engage with other parents, and toddlers can engage with others. The sessions at Bulwell Forest Garden will be outdoors and therefore provide reassurance to anyone feeling a sense of anxiety re-entering "normal" activities. The therapeutic space will benefit the children and adults, provide access to affordable fruit, and veg, and introduce families to other projects we run including Lunch Club and our outreach project Let's Get Growing. Rainbow Stripes usually charges £5 for a session, and this subsidised session will provide access for local residents who are living in poverty. The session, running on a Friday morning, will precede our weekly Lunch Club, providing an opportunity to get involved with the community garden, or just enjoy the green space and join us for a shared meal

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Improved social skills, connections and family relationships for children and parents. Increased well-being and improved diet through accessing the green space and affordable fruit and veg. Improved life skills at being introduced to healthy cooking and growing fruit and veg at our other sessions.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g., 'positive relationships.

Frequent monitoring & Feedback to measure progress of skills, knowledge and confidence and other outcomes from intake to end of the programme, and record this on a quarterly basis.

## 3.3 Delivery Planner CYP - Play and Youth Term Time Provision Toy Library Starting April: Next Steps Session. Nelson Park, 3.30 – 5.30 Wed TBC Starting June: 2 x Play sessions: VTBC

June: 2 x Play sess	MORNING	AFTERNOON	EVENING
MONDAY			Toy Library – Snapewood CC Outdoor active play 3.30-5.30  HKA Multisport Southglade Leisure Centre 4.30-6.00 pm
TUESDAY			Toy Library – Southglade access CC Outdoor active play 3.30-5.30  HKA Rockets Riverside 7.00-9.00 pm  CBF Gym Session, boxing and Games 4.00-5.30 PM
WEDNESDAY			Toy Library – Nelson Park Outdoor active play 3.30-5.30  CBF Gym Session, boxing and Games 4.00-5.30 PM  Support through Sport Multisport 6.00- 7.00 pm Riverside  Bulwell Forest Garden WILDHEARTS Forest School 4.00- 6.00 pm
THURSDAY			Toy Library – Pulley Park Adventurous Woodland play 3.30- 5.30  CBF Boxing Outreach at Bestwood 4.00-5.00 pm
FRIDAY			Toy Library – Bulwell Hall Park Adventurous Woodland play 4.00- 6.00

Saturday		Bulwell Forest Garden
		Saplings Forest School
		10.00 -12.00 pm
SATURDAY	_	Toy Library – Barker's
		wood, Bulwell Hall
		Park
		Adventurous
		Woodland play/ Active
		creative play
		10.00-12.00

### 4.1 E&S - Use of ABG as contribution to salary costs

Name of Partner:	Bestwood Partnership	
Title of post(s):	Community Employment Advisors	
ABG used as Local Match for ESF funded post: (Yes)ABG used as Local Match for ESF funded post: (Yes No)	YES	
If yes, ESF Funded project linked to	Nottingham Works 4You	X
post:	Pathways to Health and Social Care	X
	Back2Work	
Tick all that apply	Way2Work	
Annual no. unique people supported by these posts:		
Delivery location(s):	Snapewood Community Centre, Riverside Community Hub, Tesco Bulwell Community Rooms, Bulwell Healthy Living Centre, Southglade Library, Southglade Access Centre, Bestwood Estate Community Centre, Central JCP, North Youth Hub & Bulwell JCP.	
Ward(s) of delivery:	Bestwood, Bulwell & Bulwell Forest wards	
Grant amount from ABG required as salary costs / local match:	£40.000	

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it, how you will engage with citizens.

The commissioning landscape is complex, and I don't see that changing, so the only way we can maximise this funding is through the strongest possible locally focused partnership. By match funding with the Area Based Grant funding this ensures that Bestwood Partnership can fulfil its delivery with the ESF funding being accessed in order that full provision for the benefit of residents continuing to take place within Nottingham Work 4 you and Pathways to health & Social Care provision.

The details shown here assume a start from April 1<sup>st</sup>, but which is in effect a continuation of existing work. This means that Bestwood Partnership can run with the project from the outset and there is no delay in delivery as there is no project to set up from scratch meaning no break in activity. The project will therefore benefit participant residents from the outset.

This includes the ESF based activity for people seeking and working towards employment with professional in-depth advice and guidance which comes to an end in December 2023.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

Nottingham North is the 10<sup>th</sup> most deprived constituency in England. It is the most deprived in the East Midlands and 4<sup>th</sup> highest in the Midlands overall. In terms of other English core cities, only Birmingham and Liverpool contain constituencies more deprived than Nottingham North. This means Nottingham North has greater levels of deprivation that <u>any</u> constituency in London! Further, when we look at deprivation specifically to employment, income, and education/skills levels, Nottingham North is 10<sup>th</sup> worst for employment, 6<sup>th</sup> worst for income, and 4<sup>th</sup> worst for education and skills. Nottingham may contain two world class universities and several thriving sectors, but that is not reflected in the educational attainment of RESIDENTS living within Bestwood, Bulwell & Bulwell Forest wards, who (if they work at all) are employed in very low paid insecure jobs! By contrast, in terms of indices of deprivation associated with health, access to housing, crime and living environment, Nottingham North fares better, so it is economic deprivation that is at the heart of our challenges.

Supporting Bestwood, Bulwell & Bulwell Forest wards through Area Based Grant funding will support major strides to address these challenges: increasing the employment rate, improving income and the quality of jobs, and ensuring better educational outcomes with sustainable career prospects. By working in Partnership with Nottingham Jobs the landscape of employment and skills provision will provide positive change.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

There are several questions we should consider, the most significant differences this project will make is people gaining sustainable work. Improving low Level Mental health through structure and routine. Even before that goal is achieved, self-esteem is improved, with a long-term positive impact on the ability to gain, sustain and re-apply for new, better jobs, such that individuals end up in the mainstream of employability and employment.

The government's Levelling Up White Paper nationally commits new funding to areas like the Bestwood, Bulwell & Bulwell Forest but there have been many incarnations of different employment, regeneration and community development programmes that have demonstrably failed to tackle the root causes of deprivation. Area Based Grant job clubs and tailored support sessions are accessible to the community building confidence to progress and locally based Community Employment advisors are key to the progression of outer cities interventions.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'referred into an employment programme and not the overall result, e.g., 'engaged with CV writing.

By attending review meetings to track results, monitoring, attendance at Nottingham Employment Task Force, ESAPs and other identified Employment meetings. The progress of individual participants will be retained, and such information supplied to demonstrate the real impact of the project.

## 4.2 E&S - Local Job Clubs

Name of Partner:	Nottingham college in conjunction with Bestwood Partnership
Age group supported:	19 plus
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	100
Total annual no. citizens attending:	500
Total annual no. of sessions delivered:	80
Frequency of sessions:	Weekly
Delivery location(s):	Southglade Access Centre, Snapewood Community Centre, Bestwood Estate Community Centre
Ward(s) of delivery:	Bestwood, Bulwell & Bulwell Forest wards
Grant amount:	2,000
Match funding amount(s) (non ESF):	0
Match funding source(s) (non ESF):	0

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Bestwood Partnership in conjunction with Nottingham College will provide a range of job club sessions, totalling 100 in the year, varying in number of citizens per session, up to around 15 participants, totalling 100 participants in the year, at Bestwood Estate Community Centre, Southglade Access Centre, and Bulwell Riverside and potentially other venues.

15 courses in a range of subjects are planned for Bestwood Estate Community Centre and Southglade Access Centre and Bulwell Riverside, benefitting a total of at least 80 individuals. These include basic skills and tailored work-based academies, as well as one-day courses such as Health and Safety and First Aid and as employability customers require. We assist in part people in low-paid jobs or in work with poor prospects who seeking better opportunities.

80 individual support sessions will be provided for one-to-one support, supplementing course activity, and where people are not eligible to access the ESF projects for whatever reason. This will focus on work-oriented activity such as job applications where group activity is less appropriate. As a result, people are projected to move into sustainable employment because of this activity.

## Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

Not only is the need for this provision evidenced through past experience – it is a continuation of work that has been undertaken before in the Area Based Grant provision – it is a very cost-effective use of ABG funding as Nottingham College brings to it its own funding which covers a great deal of the overall costs. ABG is therefore simply supplementary but as a result this produces a high level of activity which would not otherwise be brought into this programme. This largely pays for participants who might otherwise be ineligible and would be expected to make contributions to training etc which they could not be expected to afford.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

The most important overall change that this provision makes for people is obvious but cannot be understated in its significance: moving from low achievement, low self-esteem, barriers in education and to work, into adult education, increased self-confidence, successful job searching and, in the end, sustainable employment. Overall, this has an enormous effect on individuals and on the whole community, for as is statistically attested to, the better the employment levels in a social environment, the better the living conditions in the area. Participants become far better equipped for the future, and so often never look back.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'referred into an employment programme and not the overall result, e.g., 'engaged with CV writing;

Progress in participants' lives is measured through the paper reports which come out of working with them, showing progression and success, into training, qualifications, and work applied for and gained. These records are supplemented with people's stories, which when told often result in others seeking to join in and participate. Such word of mouth is a knock-on effect of our work which is why it continues so effectively in the areas where we work. Records of training courses and participation are of course retained and collated

#### 4.2 E&S - Local Job Clubs

Name of Partner:	Empleo
Age group supported:	All ages
Women / Men / Mixed offer:	Mixed offer
Annual no. unique citizens supported:	200
Total annual no. citizens attending:	600
Total annual no. of sessions delivered:	50
Frequency of sessions:	Weekly
Delivery location(s):	Riverside Library
Ward(s) of delivery:	Area 1
Grant amount:	£10,000
Match funding amount(s) (non ESF):	0
Match funding source(s) (non ESF):	0

Service/provision you will offer if your application is successful: Be specific, what delivery will include or look like and who will be delivering it.

The service is to promote Employment and Skills activities through the accessibility to Empleo mentors using several outreach locations and provision. Riverside Library drop in Work Club This will be a weekly Wednesday drop-in service delivered within Bulwell Library, supported by three experienced Empleo Community Mentors. Mentors will undertake an initial assessment of needs on

a one to-one basis resulting in but not limited to one of the following outcomes: • One-to-one Empleo CV and or Cover Letter session • Referrals to: - Nottingham Works 4You Project - Light touch project - The Pathways to Health & Social Care project - Way2Work project - Back2 Work project -Building Better Opportunities Project - ESFA funded training or education programmes • Signposted to relevant service e.g. Housing, mental health, domestic violence, drug and alcohol support etc. One-hour immediate session for clients who are not eligible Remote online CV support This service has proved incredibly popular amongst DWP work coaches and clients and will remain part of the Empleo service in assisting those clients who feel they require assistance in developing or updating their CV. This service has been predominately used by clients who are actively applying for vacancies. Work coaches have the flexibility to pre-book client appointments or make an immediate referral for clients within their caseload requiring in-depth employment and skills training. The outcomes from the initial assessment follow the same outcome principles listed under the heading 'Riverside Library drop in Work Club. Flexible Outreach Following an initial assessment, those clients who wish to engage in further employment and skills training offered by a programme delivered by Empleo will be allocated a specific and constant Empleo Community Mentor. The timing of future sessions will be mutually agreed, and venues can be flexible, in using 'safe' communal locations

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

North Nottingham is one of the most disadvantaged areas in the entire country on many levels including crime, health, educational achievement, and unemployment. The area benefits from targeted mobile and flexible support like this – personal, confidential, fast, direct, and bespoke, catering to explicit, distinctive needs and considering individual differences and those specific, unique barriers that Area 1 residents bring to the sessions. Some of the barriers we have helped confront include: • Long term unemployment • Victims of 'scarred economy' leading to a lack of understanding of the modern work environment • Lack of confidence and low self-esteem • Lack of computer and telephony skills – restricting internet job search • Little experience of interview skills, competence-based applications and situational judgement tests the above list is not exhaustive.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Empleo Community Interest Mentors are independent of local and national governing bodies. This creates a relaxed and safe environment for our clients to disclose information without boundaries or consequence. For those clients who enrol on any Empleo projects, The service offers a dedicated and consistent Community Mentor throughout the client journey, providing independent and bespoke employment skills and support. Feedback and results from Empleo customer experience data confirms that the ability to tailor needs and offer a flexible service is key to clients achieving their goals. For those clients with limited ICT skills, Empleo have the time and knowledge to assist in creating e-mail accounts, registering for job sites and help with basic internet navigation. This is particularly beneficial for those clients who have been absent from the job market / redundant from a long-term occupation.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'referred into an employment programme and not the overall result, e.g., 'engaged with CV writing.

Empleo Community Mentors are well versed in assessing client needs, including but not limited to levels of client confidence, life skills and well-being. During all initial engagement with clients our mentors will establish through questioning and listening clients immediate and long term needs and discuss what changes are required to support their goals and aspirations and the options available to them. Using our expert knowledge of available programmes, projects, support groups and local authority services, we can quickly begin to make a difference by referring clients to appropriate partners that offer additional support with the progression into employment, or the development of skills related to employment. In addition, we can signpost to appropriate services to meet any immediate needs for example: housing, mental health, domestic violence, drug, and alcohol support etc. Empleo are one of the largest delivery providers for the Nottingham Works 4 you Project and are therefore able to offer immediate enrolment for any 18–24-year-old Area 1 residents.

#### 4.3 E&S - Local Job Fairs

Fair One -	Name of Partner:	Empleo / Bestwood Partnership
	Name of contact for delivery:	Bestwood Partnership
	Delivery location:	Area One
	Proposed month of delivery:	Usually March & September
	No. citizens attending:	100
	Grant amount (cannot include salary costs from 4.1):	0.00

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it, how it will be advertised.

Neither Empleo CIC nor Bestwood Partnership are requesting funding for this element within this application. Both organisations are fully committed to assist other lead organisations and/or partners who are successful in the award of this strand, particularly around marketing and publicising planned Job Fairs to clients within our outreach locations and key referral contacts. We will fully participate in any Job Fair events, ensuring several our Community Mentors/ Employment advisors are available. Resources and equipment are available to provide stalls and are well versed in managing client needs at such events. In addition to planned Job Fairs outlined in this application, we will also continue to support the 'Council Week of Action' in our outreach locations.

Rationale for this provision: *Identify why this area has been chosen.* Consider locally, the disadvantage faced by people this activity supports.

Previous years have proved local employers recruit at different times of the year and to give fair opportunities to local people these can be delivered in a more targeted approach – giving local jobs for local people! By attaching a local employment advisor with the employer, helps employers understand the barriers faced by local people and better opportunities for those further from the labour market. A more handheld approach in has shown more successful in recent times.

#### 4.4 E&S - Engagement and referral of NEET / unemployed Citizens

Name of Partner:	Bestwood Partnership	
Age group supported:	16 +	
Women / Men / Mixed offer:	Mixed	
Priority group targeted: (if applicable)	Under 24's, BAME, Females into Employment, 50 + & Lone Parents	
Annual no. unique citizens supported:	80	
Total annual no. citizens attending:	80	
Total annual no. of sessions delivered:	150	
Frequency of sessions:	Weekly	
Delivery location(s):	Bulwell/ Central JCP, Libraries/ Southglade Access Centre	
Ward(s) of delivery:	Area One	

Grant amount:	0
Match funding amount(s) (non ESF):	0
Match funding source(s) (non ESF):	0

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Bestwood Partnership will naturally engage & refer NEET customers to supported provision during outreach venues held weekly within the Community. Customers will be triaged, and sign posted to appropriate provision to suit customer's needs. Bestwood Partnership will continue to attend meetings and gather intelligence and data to help with building packages that support targeted groups back into Employment.

Recent data has identified Low level mental health recorded within Local GP services, Attendance of PCN meetings has proved positive as an early intervention to engage customers.

#### Bestwood Partnership aim to:

**Engagement** - Engagement with the Civil Service and government agencies to assess thinking on key Levelling Up issues

**Devolution** - Working with the Council and Districts to review the Devolution Framework, assessing implications and preferred geography for a deal and levels of governance we would consider

**Strategic Investment Plan** - Develop a Strategic Investment Plan for the North of the City setting out our ambitions and the strategic case for investment aligned to the levelling up missions and underpinned by a robust evidence base

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

Feedback from customers and Consultation of barriers into work or training. By supporting to Identify childcare barriers and into work support packages. Hardship offers, Digital poverty agenda and resources gap we are able to plan effectively through tailored support and personal development plans.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Nottingham NORTH has 2 dedicated IT suites allowing residents to increase their skills by completing low level education within the Community. This supports disadvantaged customers with training locally, building self-esteem, confidence, and motivation. Enabling customers to be in control of their decision making.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'referred into an employment programme and not the overall result, e.g., 'engaged with CV writing;

By attending meetings, evaluating State of the District Report (SotD) DWP data and working in Partnership with Nottingham Jobs and the wider City Agenda to tackle Unemployment we will be able to improve life skills, low level mental health, engage within career mapping, cv writing, applications and Interview techniques.

## 4.5 Delivery Planner E&S – Activities delivered by posts funded by ABG inc Local Match funded Full time Community Employment Advisors available Mon – Friday 8.30 – 4.00 pm

,	MORNING	AFTERNOON	EVENING
MONDAY	Central JCP Outreach 10.00-1.00 pm		
TUESDAY	Bulwell community Hub 10.00-1.00 pm		
WEDNESDAY	Southglade Library Job club 10.30-12.00		
THURSDAY	Bulwell JCP Outreach 10.00-1.00pm  Tesco Community rooms Bulwell 9.00 -2.00	Snapewood Community centre Job Club 2.00-3.30 pm	
FRIDAY			
SATURDAY			
SUNDAY			

## 4.6 Delivery Planner E&S – Local Job Clubs

	MORNING	AFTERNOON	EVENING
MONDAY	Empleo Outreach Bulwell DWP 10.00 – 1.00		
TUESDAY	Microsoft Office/ Digital skills Southglade Access Centre 10.00-12.15	Microsoft Office Southglade Access Centre 1.00-3.00 Empleo Bulwell Riverside Job club 1.00-4.00	
WEDNESDAY	Work Club Southglade Access Centre 10.00-12.15	Empleo Bulwell Riverside Job club 1.00 -4.00	
THURSDAY	Microsoft Office for beginners Snapewood Community Centre 10.00-12.15	Work Club Snapewood Community Centre 1.00-3.15	
Thursday	Bestwood Advice Centre One-to-one Advice sessions 9.30 - 1pm	Bestwood Advice Centre One-to-one Advice sessions 1.30 – 3.30pm	
FRIDAY	Reducing Digital Poverty IT Southglade Access Centre 10.00-12.00		
Any Time:	NEW – Empleo Online CV request / New CV / edits 10.00-4.00 on demand		

## 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	NCVS
Annual no. unique groups supported:	NCVS charge an hourly rate. The amount requested would relate to 100 hours of support.
	50 groups = 2 hours each or,
	25 groups = 4 hours each or,
	12 groups = approx. 8 hours each or,
	6 groups = approx. 16 hours each
Total annual no. of sessions delivered:	No. of sessions would depend on length of the
	support sessions as NCVS charge an hourly rate
	rather than a session fee. Number of groups and

	sessions are reviewed at each quarterly monitoring to ensure as much as possible that the hours are spread across the year to meet demand.
Delivery location(s):	Flexible: Area based, Zoom and other locations
Ward(s) of delivery:	Area 1: Bestwood, Bulwell and Bulwell Forest
Grant amount requested:	£3,000
Match funding amount(s):	N/A
Match funding source(s):	N/A

## Service/provision you will offer: Be specific, what delivery will include or look like and who will be delivering it.

NCVS supports Nottingham's community and voluntary groups in all sorts of different ways - from helping to set up a new group, to bidding for large grants or contracts. Whether a group is big or small, established, or new, we can help strengthen and develop their work.

NCVS aims to be as flexible as possible to be responsive to need. The funding offered can either pay for 121 supports to individual groups/organisations or can be used to pay for vital training (some often required by funders) e.g.: Safeguarding. (NB: Training is charged at £10 per participant per hour)

NCVS provide information and advice concerning:

- Setting up and running a group
- Identifying suitable funding opportunities
- Helping committee members, trustees and directors understand their roles and responsibilities
- Developing policies and procedures
- Free or low-cost training opportunities
- Helping to promote voluntary sector jobs and community events
- Reviewing governing documents
- Registering as a charity or social enterprise
- Recruiting and supporting volunteers

NB: This list is not exhaustive, and we can advise on most things that go on in the Voluntary, Community and Social Enterprise (VCSE) sector.

#### NCVS provide training in:

- Setting up and running an organisation
- Safeguarding
- Skills for Leaders of Volunteers
- Social Enterprise information, advice, and guidance

NCVS also coordinates practitioner networks for skills-building and other partnership opportunities.

Rationale for this provision: Identify why this particular activity or method of delivery has been requested. Consider locally, what support is evidenced as being needed by local VCS groups and organisations.

Nottingham has a rich and diverse voluntary sector. This voluntary sector contributes to the local economy and fills in the gaps that are not provided for by the public or private sector.

Nottingham's voluntary organisations, community groups and social enterprises can make a real difference to local neighbourhoods. They can instil a sense of local pride, improve local environments, and build a feeling of community. Volunteering is a great way for people to increase their employability by learning new skills, can help improve health and help build confidence (which sometimes helps them face other challenges in their lives).

Grassroots community organisations often provide much needed support in their community. They are run by local people for local people. This means that they often achieve engagement and trust that public sector providers struggle to gain, thereby encouraging the local people have a say in local decisions that affect them and tackle local issues such as ASB and poor health outcomes.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

Voluntary organisations and community groups often don't have the capacity and resources enjoyed by the public and private sector. This can be a barrier to them growing and thriving.

The support NCVS offers provides these groups with information and practical help to develop in areas that are unknown to them or can be daunting to address. This increases their viability and success which then benefits the wider community.

NCVS coordinates the following networks:

- Children and Young People Providers
- Vulnerable Adult Providers
- Leaders of Volunteers
- Designated Safeguarding Leads

We also run a Practice and Development Unit which It aims to promote and facilitate collaborative learning and the sharing of good practice among professionals in Nottingham and neighbouring areas, who work with people experiencing multiple disadvantages.

These networks are often cross sector and provide opportunities for local providers to learn about national or local research and updates, best practice guidance. Meetings are held quarterly and help members develop skills and contribute to strategic planning and delivery of services.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

NCVS monitors all group support work and outcomes on our CRM system. This system provides reports on:

- Number of support sessions delivered in total
- Number of support sessions delivered to any particular group
- Number of financial/funding support sessions delivered to area groups
- Number of Policy and procedures support delivered to area groups
- Number of Governance support/structure advice delivered to area groups
- Number of Charity or CiC registrations achieved
- Number of local volunteer opportunities advertised
- Number of expressions of interest we received for any one volunteer opportunity.

## 5. Service Delivery - Local Community Development and Engagement

Name of Partner:	Bestwood Advice Centre
Annual no. unique groups supported:	60
Total annual no. of sessions delivered:	100
Delivery location(s):	Bestwood – Bulwell - Bulwell Forest
Ward(s) of delivery:	Bestwood – Bulwell - Bulwell Forest wards
Grant amount requested:	£4000
Match funding amount(s):	
Match funding source(s):	

## Service/provision you will offer: Be specific, what delivery will include or look like and who will be delivering it.

Targeting people who are at a disadvantage is our focus, many have mental health problems or literacy issues and do not have any support in place. Our holistic support means we don't just deal with the presenting issue; our advisers are trained to look for hidden issues. We work with partners across the city and have good referral links in place. Our qualified advisers will:

Our goal is to help people escape the social and financial impact of deprivation by ensuring they have access to specialist support at the earliest opportunity, and not only dealing with the presenting issue but consider other areas of concern.

Our skilled advisers have many years of experience supporting clients. We will support clients to gain confidence and improve their financial literacy in dealing with financial affairs issues through:

- education and raising awareness
- · giving confidence to those able and just need some extra support through online tools
- · Challenging decisions, completing mandatory reconsiderations and appeals
- · setting up affordable payment arrangements
- · Financial education and budgeting techniques to prepare for future financial planning
- · Income maintenance and debt management

Explaining obligations and responsibilities using simple terminology

Almost everyone who has accessed the service, benefits financially thus improving their well-being

. Rationale for this provision: *Identify why this particular activity or method of delivery has been requested.* Consider locally, what support is evidenced as being needed by local VCS groups and organisations.

BAC's client base is amongst the most deprived within the communities we serve, and with these communities being amongst the most deprived in England, it provides a much-needed service. With changing Welfare Reforms and job uncertainty, it's confusing and people are missing out through not understanding the system and their entitlements. Food and fuel poverty are on the increase; many are not aware there is support locally available.

Due to Covid regulations BAC have had to change the way we deliver the service and look at new ways of working. We have incorporated phone advice and offer a triage appointment; this reduces waiting time for the client thus reducing anxiety.

For those clients that struggle with phone advice are still offered a face-to-face appointment.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

Bestwood Advice Centre can support more people, the triage identifies those that need more urgent support, for example a food voucher/fuel top up, dealing with bailiffs. The triage prepares the clients for their appointment, organising financial statements and medical evidence to support benefit applications. Resulting in getting desired outcomes sooner.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

Bestwood Advice Centre use a recognised case recording system to collect data and statistics our funders require and feedback with everyone they help, this helps with forward planning and service delivery

Their goal is to empower the service users to give them the financial confidence and skills to lead a more fulfilling life, when there is a change in their life, they are better equipped to deal with this.

To improve Partnership working and make the Bestwood Advice Centre better and more sustainable for another 36 years

## 5. Service Delivery – Local Community Development and Engagement

## Submissions must be received by email to <a href="mailto:louise.graham@nottinghamcity.gov.uk">louise.graham@nottinghamcity.gov.uk</a>

Submissions must include.

- Delivery plan for all partners
- Governing Document of Lead Organisation (Constitution / Memorandum and Articles of Association / Rules / Trust Deeds etc)
- Most recent annual accounts of Lead Organisation (e.g., April 1<sup>st</sup>, 2021 - March 31<sup>st</sup>, 2022)
- Equality and Diversity policy that all partners are agreed / signed up to.
- Safeguarding policy (Vulnerable adults and Children) that all partners are agreed / signed up to.



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

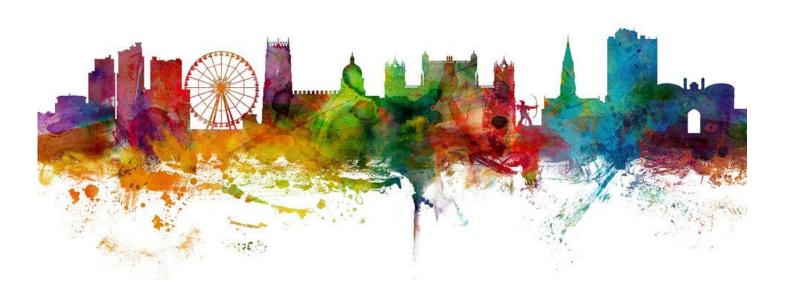
# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

**Castle Cavendish** 

AREA COVERED WITHIN APPLICATION

AREA 2: BASFORD, BERRIDGE & SHERWOOD



1. LEAD ORGANISATION	
Main contact	Van Henry
Position/role	Area Partnerships Manager
Telephone number 1	0115 964 8354
Telephone number 2	07894 319 103
Email	van@castlecavendish.org.uk
Organisation / Office address	Castle Cavendish Works Dorking Rd Nottingham NG7 5PN

## 2. Grant Allocation

TOTAL FUNDING SPEND

Name of Organisation	Children & Young people £	Employment and Skills £	Small Group Support £
The Toy Library	£37,130		
Helping Kids Achieve	£5,343		
AKA	£14,360		
Community Based Fitness	£4,624		
Nottingham Health & Education Support	£3,500		
Hoop Dreams	£2,000		
Sherwood Playgroup	£5,700		
The Bestwood Partnership		£18,000	
BELONG Nottingham		£6,000	
Castle Cavendish			

£72,657

£24,000

£11,690

Name of Partner:	The Toy Library
Age group supported:	5-11 year olds
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	200+
Total annual no. YP's attending:	4,680 +
Total annual no. of sessions delivered:	156
Frequency of sessions:	4 x sessions p/wk x 39 wks
Delivery location(s):	Sherwood Scout Hut, Vernon Park, Brooklyn Rd Park, Mellish Sports Centre and Gawthorne St Park
Ward(s) of delivery:	Basford, Berridge & Sherwood
Cost to YP participating:	Free
Grant amount:	£37,130

**Service/provision offered: (VH)** The Toy Library will continue the provision of their successful community-based play opportunities for children, running at various locations throughout all three Area 2 wards. These weekly play sessions are consistently our best-attended P&Y sessions, producing a significant amount of positive outcomes for local C&YP and their families. Demand for the sessions is very high and for this funding period we have increased the number of weekly sessions to 4 sessions: 1 in Sherwood, 1 in Berridge and 2 in Basford. All sessions run weekly, 3.30 – 5.30pm during term time, in a mix of both indoor and outdoor settings.

(TTL): All sessions are staffed by experienced Playworkers, with a Lead worker and supported by volunteers and parent helpers recruited from the local community. We know that good effective Playwork can only be delivered in partnership with communities and other local agencies, so we ensure that this offer is integrated and complementary to existing provision for C&YP. We also know from experience that community-based Playwork contributes to local community development and provides volunteering opportunities. All staff are familiar with the Playwork Principles and work to these as a matter of course. In keeping with good Playwork practice, which by its nature is child centred, C&YP are involved in decision making about activities as well as the overall development of the project. A wide variety of activities are provided that offer opportunities for them to be creative, physical, work in a team, explore, experience new things, socialise, make friends, test their abilities, get support and advice, improve life skills, learn about the world around them, contribute to their community, and much more. All our staff and volunteers receive training and support in Child Protection & Safeguarding, good practice and Playwork and are DBS checked.

Rationale for this provision: (TTL) We believe that all children and young people have the right to play (as enshrined in Article 31 of the UN Declaration of the Rights of the Child) and as they get older to have the right to opportunities for socialising and engaging in activities of their choice. A high proportion of the population of these wards suffer from severe multiple deprivation, (on the English Indices of Multiple Deprivation) which has many negative consequences for the experiences and long-term life chances of the children living in this area.

We advocate for the right of children to be involved in making decisions about how they spend their time and for the community to be involved in delivering those choices with support from experienced Playworkers. The provision being offered will not only increase the number of opportunities and choices for local children and young people but increase opportunities for whole families and supports community cohesion and development.

Difference/change this provision will create: (TTL) The benefits that Play provides for children are illustrated in recognised theories of Playwork practice, such as the SPICE spectrum of opportunities, the Taxonomy of Play types and Compound Flexibility. Good Playwork practice, and engaging children in Play activity has well documented and proven outcomes in all areas of children's wellbeing and development as children are able to explore the world and their place in it. The differences this makes to children are numerous and unique to each child. Examples of natural outcomes to engaging in Play include improved self-awareness, increased self-confidence, experience of wider opportunities, increased confidence in peer social interaction, learning new skills, increased physical experiences etc In these recent difficult times, it has been particularly important to create opportunities for social interaction and expression of feelings, again, which happen naturally in a Play environment.

How this difference/change will be measured/evidenced: (TTL) There is extensive research and evidence that shows that Play enhances all aspects of children and young people's lives. By providing opportunities for quality Play, and raising awareness on the importance of Play, more children will have access to opportunities and spaces to experience the impact and enhancement to emotional and physical wellbeing that Play provides. We will measure the effectiveness of our interventions by monitoring attendance figures and observing levels of engagement in the different opportunities provided. We also record observations of significant events and informal and formal feedback from children and their families, to inform our monitoring and evaluations, and future planning.

Name of Partner:	Helping Kids Achieve (HKA)
Age group supported:	11-16 (two groups, 11-13 yr olds & 14-16 yr olds)
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	75-90
Total annual no. YP's attending:	1,170
Total annual no. of sessions delivered:	39 x 2hr sessions
Frequency of sessions:	Weekly
Delivery location(s):	Mellish Sports Centre
Ward(s) of delivery:	Basford
Cost to YP participating:	Free
Grant amount:	£5,343

**Service/provision offered: (HKA)** We will continue to deliver Youth Basketball project sessions to C&YP aged 11–16 years on Thursday evenings. As before, there will be 2 two separate cohorts, the u14s activities being delivered during the 1st half of the session between 5-6pm and the u16s from 6-7pm. By splitting the C&YP into two groups based on their age it allows us to deliver these physical activities safely and appropriately. The sessions have really taken off and demand has grown a lot in the past year. We have increased our staffing capacity from 2 to 3 coaches, allowing us to increase the group sizes. All sessions are delivered by experienced and qualified coaches with several volunteers also supporting the delivery.

We also actively support C&YP from these sessions in Basford to access other Youth provision being delivered, including other provision at Mellish on Tuesday and Wednesday evenings and our Youth sessions delivered from Bulwell Riverside on Monday evenings. This gives them opportunities to engage in a wider range of activities outside of Basketball, such as music workshops, Health & Wellbeing programmes, drama and dancing workshops, bushcraft and forestry skills etc.

Rationale for this provision: (HKA) The vision remains the same as in previous years: To promote the welfare and well-being of C&YP. To raise their aspirations and levels of active participation in positive activities, ensuring that each individual as the ability to reach or identify their full potential and become an active citizen. By use of positive role models, and providing inclusive and accessible activities & resources, C&YP are enabled to overcome barriers, address personal issues and make better, more considered decisions and lifestyle choices.

These sessions to offer that much-needed source of additional support to local C&YP. The number of reported cases of DV, ASB, CSE, Youth Violence, Self- Harming and YP in unhealthy or abusive relationships remain high. HKA is ideally placed to help local C&YP address and tackle these issues. We are now well-established in the local area and have been a proven ability to reduce local offending and risk-taking amongst C&YP, whilst also making a significant contribution towards local Child Protection priorities.

Difference/change this provision will create: (HKA) The support provided by ABG allows us to identify "at risk" local young people. Once engaged, they can be a part of our wider programme of activities. For those that want to, accredited outcomes can be provided. There are Basketball Coach training on offer that allows young people to gain coaching skills and qualifications. We have successfully upskilled 6 local young people to become Level 2 Sports Coaches, which has enabled us to develop our Basketball Team who now compete at National level at four different age groups. This work has enabled us to engage with approx. 200 local young people in the last year, keeping them safe and engaged in positive activities, successfully building self- esteem, confidence, improved relationships and decision making, raising aspirations and learning life skills. The sport has enabled us to instill and reintroduce boundaries, channelling negative energy and has played a huge part in our delivery of positive outcomes for our young people, their families and the wider community.

**How this difference/change will be measured/evidenced: (HKA)** We will monitor and evaluate the effectiveness of our work by various methods:

- We monitor participants levels of engagement by using a sessional register
- We use information gathered from service user questionnaires and testimonies to plan and deliver our sessions
- We maintain accurate and up-to-date membership forms for all participants to keep them safe but also to capture data around ethnicity, age range, gender, SEN and other additional support needs.
- We have established referral pathways into our provision and out towards other specialist support agencies and partner organisations, dependant on the specific needs of the young person
- We use scaling to measure progress of skills, knowledge, confidence and other outcomes and record this on a quarterly basis.
- We will use questionnaires and service user feedback to gather data of entry into employment, college or training and the uptake of formal basketball and coaching sessions.
- We will carry out reflective practice for each session and record this on a weekly basis.
- We will obtain testimonies from referrers, agencies, parents/Carers regarding the YP's achievements.

Name of Partner:	AKA Health, Wealth and Oneness CIC (AKA)
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	180-200
Total annual no. YP's attending:	1,950+
Total annual no. of sessions delivered:	78
Frequency of sessions:	2 x 2hr sessions p/wk x 39 wks
Delivery location(s):	Nottingham Community Cricket Club
Ward(s) of delivery:	Berridge
Cost to YP participating:	Free
Grant amount:	£14,360

**Service/provision offered: (VH)** AKA have been delivering a very successful and well-attended (ABG-supported) Youth session in Area 4 (Hyson Green Youth Centre) for some time now and have solidified their position by building a trusting relationship with local C&YP, particularly those in the Roma community. A large cohort of C&YP engaging with this project actually live in Basford and Berridge wards and travel to attend AKA's sessions.

Those young people have been consistently lobbying for Youth provision closer to home. This is now possible thanks to a new partnership with Djanogly City Academy & Nottingham Community Cricket Club which has provided us with a fantastic new Youth delivery venue within the Berridge Ward, allowing delivery Youth provision directly within the Berridge Ward.

We will utilise AKA's well-established links within the local community to engage C&YP with a range of activities at weekly Youth sessions. On offer will be typical "youth club" activities such as multi-sports, music production, table tennis, pool, arts & crafts cooking projects and a number of issue-based workshops on various topics and issues.

**(AKA):** These sessions will continue provide a much-needed opportunities for young people to meet and socialise outside of the home or school environment. Many young people have missed out on key development milestones through having to endure two years of social restrictions so it's important to provide opportunities for them to meet and socialise again.

Rationale for this provision: (AKA) The Berridge ward has high levels of unemployment and deprivation. It's also extremely diverse in its demographics and is home to many communities. Young people in the area are vulnerable and at risk of ASB, Youth Violence, CSE, Substance Misuse, DV and many other negative influences on their daily lives. A large proportion are from new and emerging communities and require additional support with their social integration as well as their emotional and physical development. Many of these young people would have previously engaged with the NCC youth provision that used to be delivered which stopped last year. These sessions aim to provide continuation of that offer as much as possible, given the limited funding and resources available.

**Difference/change this provision will create: (AKA)** All young people have a right to socialise with their peers and a local centre-based universal youth session gives local young people somewhere to go and things to do, to make lifelong friendships and create happy, positive memories. We want young people to have the opportunity to get out of the house and engage in, doing things they don't ordinarily get the opportunity to do.

AKA are committed to helping young people lead safe and happy lives. We recognise that we that we cannot provide all the specialist support that is sometimes needed by individuals and families. Therefore, we use these sessions to refer and signpost young people and families that require additional and/or specialist support on to other organisations and relevant services.

**How this difference/change will be measured/evidenced: (AKA)** We will monitor progress and provide evidence of change in the following ways:

- Enhanced capacity for positive engagement & development C&YP involved in session planning and choosing sessional activities
- Enhanced health and wellbeing of C&YP Good level of active participation in the activities on offer
- Improved technical skills C&YP acquire new skills and understanding of session's activities
- Increased self-esteem and sense of achievement
- C&YP attend regularly and introduce new friends to the project
- Improved peer/familial relationships and decision-making abilities C&YP begin to make positive choices in other aspects of their day to day lives

The quantitative outputs will be recorded as numerical data. The qualitative aspects will be captured in narrative based recordings. Both will form quarterly monitoring and evaluation reports.

Name of Partner:	Community-Based Fitness/Mellish Sports Centre
Age group supported:	Multiple: 8-13 yrs, 14-16 yrs, 17+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	65-70
Total annual no. YP's attending:	1,110
Total annual no. of sessions delivered:	90 sessions
Frequency of sessions:	3 x 1.5hr sessions x 30 wks
Delivery location(s):	Kemmel Rd, Basford, Nottingham, NG6 9FH
Ward(s) of delivery:	Basford (Area 2) & Bulwell Forest (Area 1)
Cost to YP participating:	Free
Grant amount:	£4,000*
Match funding amount(s):	£4,960
Match funding source(s):	Mellish Sports Centre

(VH) This provision is delivered directly on the border between Basford (Area 2) and Bulwell Forest (Area 1) and engages C&YP from both ABG Areas. For these outputs, we have agreed with The Bestwood Partnership to jointly award funding split between our respective ABG budgets for Area 1 and Area 2. This means that similar or the same narrative that is written here may also be included in the Area 1 plan submitted by Bestwood Partnership. This is intentional. However, the outputs, outcomes and amount of funding shown in this document relate to the Area 2 award of funding and Quarterly Monitoring from Castle Cavendish will only reflect outputs and outcomes for Area 2 C&YP.

**Service/provision offered: (VH)** Continuation of the previous C&YP's provision, delivered by a combination of sessional Youth Workers and Mellish Sports Centre staff with the support of local volunteers. Increased the number of sessions from 2 to 3 p/wk for 2023-24, split into 3 separate projects with different offers for different ages groups and interests.

Mellish Outdoor Learning Project: Forestry school, bushcraft and survival skills and outdoor pursuits project for C&YP aged 8 +. Tuesdays, 3:30-5pm

Mellish Social. Mondays, 4:30-6pm. Traditional "Youth Club" activities to enable local C&YP to meet up and socialise in a safe environment staffed by positive role models where they can and engage in activities such as multi-sports, the chill out zone, arts & crafts, table tennis, guizzes, board & video games, music, drama, food. Ages 11-16.

Mellish Youth Gym & Fitness Project: 4:30-6pm; Health & Wellbeing focused bootcamp sessions for older young people aged 14+ interested in physical fitness, nutrition and living a positive, healthy and active lifestyle.

Rationale for this provision: (CBF) Both the Bullwell and Basford area are ranked highly in the city for levels of deprivation and many young people are at risk of drifting into or have already began making risky and negative lifestyle choices. Both wards have a high number of C&YP living in low-income households and in receipt of benefits, experiencing overcrowding in their homes and a higher prevalence of life-limiting illnesses. We believe that early intervention, positive role modelling and making good choices for their health and wellbeing is what Mellish Sports Centre offers and facilitates and is key to having a positive impact on the physical and emotional health and wellbeing of our community.

**Difference/change this provision will create: (VH)** Local C&YP people place great value in being able to regularly access the centre's facilities and the team at Mellish have worked hard to accommodate them and broaden their offer to meet their needs. Although they are a primarily a sports-focused provider, CBF have recognised the need to provide a wider, more inclusive range of activities to ensure they engage all C&YP and not just those who are sports-focused. C&YP now have regular opportunities to get involved in a some really creative and unique activities through the youth club and outdoor learning projects that have been developed in response to their consultation and feedback.

(CBF)The older young people who come along to the fitness project have particularly enjoyed learning about healthy eating – utilising additional support information via the NHS healthy eating project delivered in partnership with the Mellish team - making good food choices and understanding how important it is to 'fuel' the body appropriately when they exercise. They've also really enjoyed the training on how to exercise correctly – checking exercise technique and form and control when exercising and understanding how the body works and connects etc has been very popular.

The sessions so far have created not only a positive mind-set, but a legacy for Mellish as these young people are our future members. Young people have also made friends outside of their own social circles whilst attending Mellish, learning how to create and develop new companionships, support each other at the gym and have a 'base' to meet up socially – spending their time doing positive things.

**How this difference/change will be measured/evidenced: (CBF)** Firstly, will we record individual attendance, active participation and number of repeat visits with us, a positive demonstration that what we are delivering is meeting their needs as they are returning on a frequent basis.

We will carefully monitor the development of the Mellish Social Youth session – regularly consulting with the young people to ensure that what we offer is meeting their needs and the infrastructure, the signposting and support is appropriate We would also like to do a very brief lifestyle questionnaire asking the young people basic questions regarding how they feel about their progress, in themselves – eg confidence, the sessions and its development.

Name of Partner:	Nottingham Health & Education Support (NHES)
Age group supported:	8-11 and 12-18 years old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	100 -110
Total annual no. YP's attending:	75-80
Total annual no. of sessions delivered:	39 x Term-time sessions
Frequency of sessions:	Weekly, Saturdays 10:30am -1pm
Delivery location(s):	DJanogly School, Gregory Blvd Site
Ward(s) of delivery:	Area 2: Berridge, Sherwood, Basford
Cost to YP participating:	Free
Grant amount:	*£3,500 (Area 2 budget contribution only)

**Service/provision offered: (VH)** this provision is delivered directly on the border between Area and Area 4 and engages C7YP from both ABG Areas. The project's funding is split evenly between the two ABG budgets. The same narrative written here will also be included in the Area 4 delivery plan. This is intentional. However, the outputs, outcomes and amount of funding shown in this document relate only to the Area 2 award of funding.

**(VH):** As before this this project will continue to focus on promoting social integration, personal development and improving physical fitness levels of C&YP living in some of the most disadvantaged communities living in the city. Primarily working with the migrant, asylum seeker and refugee communities, NHES's objectives are to increase the educational attainment and integration of C&YP (and their families) from these communities by using fun physical activity sessions alongside classroom-based sessions developed to support their engagement and active participation with the education system.

#### (NHES): Our project will:

- Improve C&YP's general fitness levels and also increase their knowledge and understanding of why it is important to keep physically fit, how to maintain a healthy lifestyle and how it benefits them in many other ways.
- Improve C&YP's awareness and understanding of many different sports, games and physical activities.
- Improve interactions and integration between different communities, both new and established.
- Improve C&YP motivation, concentration, and academic learning including improving confidence in English language skills.

Our delivery team is made up of experienced Sports Coaches, Trainers and Qualified Tutors backed by a large team of volunteers from that are provided via our partnership with the local university. Overall, we anticipate that this project will continue to consistently engage approx. 100 C&YP each year, with approx. 50-60% of those coming from Area 2 wards due to the delivery venue.

Rationale for this provision: (NHES): Our consultation with local families shows that C&YP really missed out badly when schools were closed for extended periods over the previous two years, their normal routines were disrupted, and many are still dealing with the impact and legacy of that time. For many younger children who were not able to meet their friends and play together on the park, or meet at the local leisure centre, or sports club they missed important development milestones. And when forced to stay indoors, many C&YP living in cramped and crowded homes did not always have the privacy or space to access online content that was being offered by local providers.

Parents have also reported that they still struggle to motivate their children to be more active and spend less time looking at their phone. Even though the lockdowns and restrictions have ended a long time ago now, there is still a reluctance to get out and be more active and social.

**Difference/change this provision will create: (NHES)** The project will benefit the C&YP who attend but will also give help their parents too who will be reassured that their children are now getting out and making new friends again but in a positive and safe way, They will all feel more contented and motivated. Research by Mind (national mental health charity) and the government shows that engaging in physical activities:

- Helps children to feel motivated and perform better in school
- Promotes the release of endorphins, 'feel good' hormones that can lift mood, so relieving stress and Anxiety health helps to boost self- esteem and instils a sense of positivity.
- Provides an opportunity to meet others, make friends, create strong bonds and a sense of belonging and companionship
- Can help to establish positive behaviour patterns early on so that CYP are more likely to maintain healthy lifestyles as they get older

Also, these activities will help CYP to improve their education attainment at school and communication skills as well as self-confidence.

How this difference/change will be measured/evidenced: (NHES) We will monitor our progress through:

- Maintaining attendance records for the participants
- Listening to the participants, asking them about whether we can make improvements, changes, or additions to our programme of activities.
- Obtain feedback from CYP, focus groups and questionnaires
- Obtaining feedback from tutors/ trainers/volunteers
- Monitoring no. of participants applying to become volunteer community champions

Name of Partner:	Sherwood Playgroup
Annual no. unique people supported:	60
Total annual no. YP's attending:	2,888
Total annual no. of sessions delivered:	76
Delivery location(s):	Sherwood Community Centre
Ward(s) of delivery:	Sherwood
Grant amount:	£5,700

**Service/provision offered: (SPG):** A continuation and extension of previous work supported by the local ABG grant. The project has become more wide ranging in its skills and in developing the children's resilience and confidence the more we have run it the more proficient we have got at maximising its potential. The offer ideally would be to run two sessions on one week. The session will still be led by Lauren Kinnersley who is an approved Forest School Level 3 practitioner who carries specialist insurance and training for leading the activity. Out Staff will continue to support the activity and group bringing children out from the setting ensuring they are dressed in appropriate clothing depending on the weather and temperatures etc

The session lasts for 2 hours, exploring the Forest school site within the boundary and depending on interests . weather seasons and changes in the environment a walk in the meadow observing seasonal changes is part of the session. At the end is an evaluation discussing / summarising and often a nature-based activity such as a puppet or story relating to the seasons eg the daffodil fairy in spring, the snowdrop fairy in winter and song, the frog puppets and butterflies and bees when appropriate.

Rationale for this provision: Some of our children do not have access to a garden at home and some with additional needs are anxious in parks, scared of dogs and strangers. This provides a safe space to explore the outside. Covid and multiple lock downs have had a noticeable effect on our children, they have missed out on opportunities to freely explore outside and engage in activities which involve cooperation and negotiation with other children, developing life skills which will be of long term benefit.

Many of our parents have reported nerves around mini beasts and living things and that they are anxious not to pass this on to their children. Forest school has given the children skills to share with their parents and we have heard anecdotes of parents being amazed at how their children remain calm and confident with spiders, wasps etc and teach their parents haw to respond. This is a good legacy for our local environment and creating environmentally aware and compassionate future citizens.

Staff have learned new skills and ways of working which has had an impact on the children's learning and development beyond the Forest School session.

**Difference/change this provision will create:** Language and vocabulary extends significantly over time (We have a university student recording the progress made each week)

Awareness of risk and confidence alongside physical skills benefits so much early development

Significant change for some children who need extensive social and emotional support and access the hammock therapeutically which sometimes encourages them to open up verbally as more relaxed .

Lauren is trained in the Therapeutic Forest school approach and we have seen this approach work significantly with some children giving lots of intuitive adult support and care alongside the wok of our staff team but allowing for higher ratios of adult support.

Results have been exceptional often outdoors children more are more relaxed

The number of adults is higher than indoor activities and this means there is much more potential for children to express needs / worries / anxieties to staff and have some therapeutic play opportunities such as spending time in the hammock whilst talking.

Parental engagement is high for this activity and there has been replication of some activities that families can do in nature with some returning to the site in leisure time .Parents report outside of setting a greater interest in nature and care for creatures ,thinking skills ,independence. Staff well being has also been enhanced by the sessions and it has been safer for external visitors including SEND provision during COVID times

Many have seen the difference the sessions have made including Students and their assessors, Speech and language therapists and the hearing impairment team ., local councillors and other visitors.

We have children with a range of needs including Down Syndrome, hearing impairment ,autistic spectrum condition, medical needs, Social and emotional regulation needs and English as an Additional Language.

We promote the Forest school work regularly on Facebook and Instagram in accordance with safeguarding policy of only using hand /feet shots no recognisable faces

How this difference/change will be measured/evidenced: Environmental awareness

Health benefits

Improving physical co ordination and confidence

Improving language and vocabulary through repetition

Improving stamina, resilience and physical strength and gross and fine motor skills

Working in small groups to develop communication

Improving well being by being outdoors but also linking with family activities and potential for outdoor learning

encrypted photo upload service where children's individual photos are shared safely with their Parent / Carer

increasing resilience by being outdoors more Awareness of nature and the environment

Reducing time indoors at a time when covid cases are still reported

Our observation format focus on the above and show through videos, photos and written observations the progress made. These are shared with parents and external agencies involved with children and families. WE have a secure

Name of Partner:	Hoop Dreams
Age group supported:	13 -18 yrs old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	50-60
Total annual no. YP's attending:	1,560
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly, Tuesdays 6:30 – 8:30pm
Delivery location(s):	Hyson Green Youth Club
Ward(s) of delivery:	Berridge, Hyson Green, Arboretum
Cost to YP participating:	Free
Grant amount:	£2,00

\* \* \*This provision is delivered directly on the border between Berridge (Area 2) and Hyson Green (Area 4) and engages YP from both ABG Areas. The project's funding is split evenly between the two ABG budgets. The same narrative written here will also be included in the Area 4 plan, but the amount of funding shown in this table is the Area 2 contribution only\*

**Service/provision offered:** These popular basketball-themed activity sessions were originally delivered as part of a wider universal youth session at HGYC but have now developed into a separate 2hr weekly session. They are delivered by former NBA player Tom Sewell, his team of qualified youth coaches and volunteers. Participants are grouped based on age and experience and are offered a range of training activities and matches but the emphasis is on supervised free play where the young people choose what activities they want. This session is less focused on formal coaching and more about fun and socialising with friends. Those that want to engage with more serious basketball training are supported to access other more structured training provision also on offer locally.

Rationale for this provision: This session is a direct response to a local need. The basketball sessions have developed organically from the youth sessions also taking place at the centre, more and more young people would turn up purely for the basketball but could only be offered 40 mins as part of that session. The young people who attend this session enjoy basketball but cannot afford to join a sports club and do not always feel safe playing on local unsupervised outdoor courts. Not feeling safe within their own neighbourhoods will have a negative impact on these young people's development and inclusion within their communities.

**Difference/change this provision will create:** This project gives a large number of local young people an opportunity to safely participate in a positive physical activity session without the worry of paying membership fees or charges. The majority of these young people live locally and come from low-income households. Some are vulnerable and at risk of being involved in ciminality. Having access to this free diversionary provision is essential as it gives them something to do and keeps them off the streets, if only for a few hours every week. This limited time presents opportunities for Coach Tom to positively influence and encourage these young people to make appropriate lifestyle choices and for some this session is the only source of such guidance in their lives.

#### How this difference/change will be measured/evidenced: We look for outcome indicators such as

- regular active participation in the session activities
- introduction of new friends to the project
- how well young people socialise within the group
- new skills acquisitions and technical knowledge gained
- sessional delivery plans
- Increased health and wellbeing/physical fitness
- Improved peer relationships

\* \* \* End of P&Y Partners\* \* \*

# 3.3 Delivery Planner CYP - Play and Youth Term Time Provision

	AFTERNOON				EVENING	3
MON		The Toy Library Play session Brooklyn Rd Park 3:30-5:30pm			Community Based Fitness Mellish Youth Club Mellish Sports Centre Kemmel Rd, NG6 9FH 4:30-6pm	AKA Berridge Youth Club Nottingham Community Cricket Club, Rowley Drive, NG5 1GD 7-9pm
TUES	The Toy Library Play session Gawthorn St Parl 3:30-5:30pm	Forestry School	Outdoor pro Mellish Ce Kemmel 9	BF Learning oject n Sports ntre, Rd, NG6 FH I-5pm		Hoop Dreams Youth Basketball project Hyson Green Youth Club 6:30-8:30pm
WED		The Toy Library Play session Vernon Park 3:30-5:30pm			CBF Youth fitness Activities Mellish Sports Centre, Kemmel Rd, NG6 9FH 4:30-6pm	
THURS		The Toy Library Play session Edwards Lane Scout Hut 3:30-5:30pm			Helping Kids Achieve Youth Basketball Project Mellish Sports Centre, Kemmel Rd, NG6 9FH 6-8pm	AKA Berridge Youth Club Nottingham Community Cricket Club, Rowley Drive, NG5 1GD 7-9pm
FRI		Sherwood Playgroup Forestry School Sherwood CC 3:30-5:30pm				
SAT	NHES Pro-Active Learning! Djanogly Gregory Blvd 10am-1pm	/				
SUN						

#### 1 E&S - Use of ABG as contribution to salary costs

Name of Partner:	The Bestwood Partnership (TBP)	
Title of post(s):	Community Employment Worker(s)	
ABG used as Local Match for ESF funded post: (Yes No)	Yes	
W	Nottingham Works 4You	$\boxtimes$
If yes, ESF Funded project linked to post:	Pathways to Health and Social Care	$\boxtimes$
Tick all that apply	Back2Work	
	Way2Work	
Annual no. unique people supported by these posts:	: 60-65	
Delivery location(s):	Various locations (Basford Library, Basford Road Baptist Church & St Leo's Church)	
Ward(s) of delivery:	Basford (inc. Whitemoor & Stockhill)	
Grant amount from ABG required as salary costs / local match :	£6,000	

**Service/provision offered: (TBP):**To ensure that there is continuation of activity under ESF funding for the Basford ward. Area Based Grant funding ensures TBP can fulfil a collaboration agreement by the ESF funding being accessed, in order that full delivery for the benefit of local residents will continue to take place. The details shown here are calculated from April 1<sup>st</sup> but is a continuation of existing provision, meaning the project will benefit participating residents from the outset.

This includes the ESF Nottingham Works For You (NW4Y) & Pathways to Health & Social Care (PHSC) activity for people seeking and working towards employment with professional in-depth advice and guidance which comes to an end in November 2023.

#### Rationale for this provision:

Nottingham North is the 10<sup>th</sup> most deprived constituency in England. It is the most deprived in the East Midlands and 4<sup>th</sup> highest in the Midlands overall. In terms of other English core cities, only Birmingham and Liverpool contain constituencies more deprived than Nottingham North. This means Nottingham North has greater levels of deprivation than <u>any</u> constituency in London! Further, when we look at deprivation specifically to employment, income, and education/skills levels, Nottingham North is 10<sup>th</sup> worst for employment, 6<sup>th</sup> worst for income, and 4<sup>th</sup> worst for education and skills. Nottingham may contain two world class universities and several thriving sectors, but that is not reflected in the educational attainment of RESIDENTS living within the North of the City who (if they work at all) are employed in very low paid insecure jobs! By contrast, in terms of indices of deprivation associated with health, access to housing, crime and living environment, Nottingham North fares better, so it is economic deprivation that is at the heart of our challenges.

The Support offered to Basford through Area Based Grant funding will support major strides to address these challenges: increasing the employment rate, improving income and the quality of jobs, and ensuring better educational outcomes with sustainable career prospects. By working in Partnership with Nottingham Jobs the landscape of employment and skills provision will provide positive change.

Difference/change this provision will create: The Support offered to Basford through Area Based Grant funding will support major strides to address these challenges: increasing the employment rate, improving income and the quality of jobs, and ensuring better educational outcomes with sustainable career prospects. By working in Partnership with Nottingham Jobs the landscape of employment and skills provision will provide positive change. The most significant differences this project will make is people gaining sustainable work. Improving low Level Mental health through structure and routine. Even before that goal is achieved, self-esteem is improved, with a long-term positive impact on the ability to gain, sustain and re-apply for new, better jobs, such that individuals end up in the mainstream of employability and employment.

How this difference/change will be measured/evidenced: By attending review meetings to track results, monitoring, attendance at ESAPs and other identified Employment meetings. The progress of individual participants will be retained and such information supplied to demonstrate the real impact of the project.

#### 4.2 E&S - Local Job Clubs

Name of Partner:	The Bestwood Partnership (TBP)
Age group supported:	Open to city residents of all ages
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	60-65
Total annual no. citizens attending:	675-700
Total annual no. of sessions delivered:	Min 80 sessions per year dependent on venues
Frequency of sessions:	Twice weekly, 1 x Basford Library and 1 x church
Delivery location(s):	Various locations (Basford Library, Basford Road Baptist Church & St Leo's Church)
Ward(s) of delivery:	Basford (inc. Whitemoor & Stockhill)
Grant amount:	£12,000
Match funding amount(s) (non ESF):	N/A
Match funding source(s) (non ESF):	N/A

**Service/provision offered:** We will deliver group support sessions to people seeking employment, either from a position of being currently unemployed or in some cases already in jobs with few prospects who wish to improve their work situation.

This will engage at least 60 local people who will be supported towards work. Eligible jobseekers who attend will be offered the additional, more intensive support available through our ESF-funded projects, but this activity will primarily focus on meeting the needs of people not eligible for ESF-funded projects, who would otherwise miss out.

The sessions are delivered at Basford Library, whilst it remains open. Supplementary weekly sessions are delivered from one of two local churches: Basford Baptist Church in Whitemoor and St. Leo's in Old Basford. All sessions are 2hrs in duration and term-time only as we find the number of service users drops dramatically during the school holidays.

Through this provision we estimate that at least 15 jobseekers will be supported into sustainable employment and an additional 20 will access further training or adult education. TBP's community employment advisors all have extensive experience of working from community venues to help residents address their employment & training needs. The advisors themselves have been recruited from within the local area, meaning their knowledge and understanding of local barriers and challenges is second to none and they are ideally placed for this provision. All the elements of preparation for employability are included, helping people from initial assessments through to appropriate training, CVs, job applications and support into taking up appropriate job offers. In addition, we always offer follow-on support to service users who move into work, to ensure that they can stay in work and consolidate their position, which ensures sustainability, prevents people from dropping back into unemployment and breaks the cycle.

**Rationale for this provision:** There is a gap in the employment & skills offer available to citizens. Support via the ESF-funded employment projects is only available to young people, aged up to 24 years old, everyone else is ineligible for any support under this funding stream. There is an identified need to support both the 25-49 yr old and 50+cohorts locally and a need for more women-centric provision has also been highlighted by the local Employment & Skills Group.

There are a number of hard-to-reach clients in the area who currently need support, ex-offenders who are undersupported, people from BAME groups who often fall under the radar and there are disproportionately low levels of basic skills among people in the area.

**Difference/change this provision will create:** This activity provides local jobseekers with a consistent means of support to find and maintain long-term employment or training. This will have a positive impact on themselves, their families, the wider community and the local economy. Even before that goal is achieved, individual self-esteem is improved, with a long-term positive impact on the ability to gain, sustain and re-apply for new and better jobs

How this difference/change will be measured/evidenced: Meetings to track results, monitoring, attendance at Partnership EVENTS. The progress of individual participants will be retained, and such information supplied to demonstrate the real impact of the project. The number of sessions delivered and local jobseekers supported via the job clubs will be used as a metric for gauging output performance. A range of indicators, feedback & evaluation methods will be used to capture individual monitoring information such as:

- Service-user feedback forms
- Good News Stories
- Case Studies
- Records of participation
- Employment status changes
- They (or someone else) tells us

Name of Partner:	BELONG Nottingham (BNG)
Age group supported:	Open to city residents of all ages
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	Approx. 90 -100 jobseekers from Area 2
Total annual no. citizens attending:	180-200 in total
Total annual no. of sessions delivered:	48
Frequency of sessions:	Once weekly
Delivery location(s):	Hyson Green Library
Ward(s) of delivery:	Berridge
Grant amount:	£6,000

**Service/provision offered:** The Job Club will offer support to citizens who are looking for opportunities in employment, self-employment, learning, apprenticeship, and volunteering. The support will be delivered through open group sessions and one-to-one appointments with an Employment Advisor, where they will receive advice and develop a holistic plan focussed on making steps towards employment. Support offered will include:

- Advice on appropriate employment opportunities
- Addressing challenges or barriers to employment
- Support preparing a CV
- Support completing application forms
- Help with online job search
- Information about education and training opportunities for those who need more skills in order to be able to find work.

The sessions will be led by an Employment Advisor who has been working with Belong for since 2011 and has over 25 years' experience in supporting people into employment. Alongside advice appointments, we will also provide advice on a drop-in basis which will be supported by trained and supervised volunteers. These volunteers will help with basic and general advice and then book appointments for the client with the Employment Advisor for more complex issues. Signposting service will also be available as each request will be of a different nature that may require specialist support. Belong has experience of referring participants to appropriate providers.

The programme will be widely advertised including via the library network and with local providers such as DWP and learning providers. We will also promote it through our social media pages and within Refugee Community Organisations via WhatsApp groups.

Data provided by the East Midlands Chamber has revealed that unemployment has decreased by 1.6 percent from 2020 to 2021 across the whole county - while the number of jobs has risen slightly by 0.7 percent. In the city of Nottingham, however, unemployment has actually gone up. Unemployment particularly affects the refugee and migrant community as they face additional barriers to obtaining employment. Cultural differences and discrimination can impact success with the recruitment process. We have ran a Job club from this location for 3years now and we have found it to be a useful, complimentary and necessary service for residents for the following reasons:

- It provides immediate access to emergency support our customers have voiced that the barriers they have faced by local providers due to the booking system for help, often means not getting the help immediately
- Local citizens have stated that the Hyson Green Library is an appropriate venue as it is easy to access and well known.
- The service is within their locality so they do not need to travel far to access support and operating a drop-inservice means they can easily access support from qualified and experienced advisers
- It provides a calm space with access to internet and various job opportunities so that they can take the time to complete applications with support on hand if need be.

Difference/change this provision will create: This provision will make the following differences to participants lives:

- They will gain a better understanding of the UK labour market and feel more prepared and therefore more confident when making job applications and attending interviews.
- Those who wish to enter further education or start apprenticeships will have a better understanding of the options available to them and be able to make informed choices about their future career.
- People will access specialist advice and emergency assistance on issues not related to employment through effective signposting.
- Employment rates amongst the refugee and migrant community will increase as participants are supported and guided through the process of looking for work.

Support with employment will be located close to where they live increasing the likelihood of engagement with the services as travel costs will not be a barrier to attendance at appointments.

How this difference/change will be measured/evidenced: We keep written records of every person who engages with the service and the outcome of each appointment with the careers advisor. This could be a range of different outcomes including: supported to complete CV, completed application, referred into external specialist service, referred to training course, provided with advice on employment opportunities etc. We will then monitor the outcomes so that we can evaluate the different types of support and advice provided.

## 4.5 Delivery Planner E&S – Activities delivered by posts funded by ABG inc Local Match funded

	MORNING	AFTERNOON	EVENING
MONDAY	The Bedstwood Partnership Offices Bestwood Estate Community Centre Gainsford Crescent NG5 5HT One to one support sessions to clients by appointment signed up to ESF funded projects (until Nov 2023)	BELONG Berridge Work Club Hyson Green Library 1-3pm Drop-in (group) employment support sessions for local residents	
TUESDAY			
WEDNESDAY	TBP 11am-1pm: Basford Rd Baptist Church Basford Work Club Basford Rd Baptist Church, NG6 0JL Drop-in Group employment support sessions for local residents		
THURSDAY		The Bestwood Partnership Basford Work Club Basford Library, Vernon Rd NG6 0AR Drop-in (group) employment support sessions for local residents	
FRIDAY	The Bedstwood Partnership Offices Bestwood Estate Community Centre Gainsford Crescent NG5 5HT One to one support sessions to clients by appointment signed up to ESF funded projects (until Nov 2023)		
SATURDAY			

#### 5. Service Delivery - Small Group Support

Name of Partner:	Castle Cavendish
Annual no. unique groups supported:	50-60 local VCS groups & Organisations
Total annual no. of sessions delivered:	N/A service is Mon-Fri 9-5pm
Delivery location(s):	N/A
Ward(s) of delivery:	Covering Basford, Berridge & Sherwood
Grant amount:	£11,690

**Service/provision offered:** Castle Cavendish will continue to provide one-to-one advice and support for local VCS bodies, groups and organisations:

- To help individuals to develop an idea for a community project or activity, supporting them with the best way to take that forward, either setting up a community group, CIO, CIC or entering a partnership with an existing organisation
- To support individuals or groups with the process of setting up the right legal structure.
- Helping VCS groups to research funding applications, drafting applications, proofreading applications.
- Helping VCS groups to develop sound and succinct monitoring reporting for funders and stakeholders.
- Helping VCS groups with drafting or updating their policies and procedures
- Helping VCS groups with drafting role descriptions and supporting them with recruiting issues
- Supporting Management Committee Members, Directors or Trustees with issues around staffing, conflicts etc

#### Castle Cavendish will also provide:

- Networking meetings to increase cross-fertilisation of ideas and improve integrated working.
- Regular topic based workshops where a common interest has been identified or to share best practice.
- Regular e-bulletins to all our delivery partners and the wider VCS.
- Attendance at community events, AGM's or important VCS group meetings.
- Signposting to other relevant organisations, such as training or business support.
- Connecting people through our links with the Universities, Tenants Associations, Nottingham City Homes, etc.

**Rationale for this provision:** Supporting groups in this way will assist in developing a more resilient and robust VCS, able to cope with the challenges that we face in a post-covid landscape.

Importantly, individuals who have a passion for a community activity need direction and advice as how to make this a reality, thereby releasing local energy and enthusiasm, and increasing the area's social capital. As we are very familiar with the existing community-based activities, we can guide them through the process of setting up a community group or other legal structure or we can suggest collaborating with another similar organisation.

From a funding perspective, existing organisations who are concentrating on delivering their activities often do not have the expertise or the time to devote to seeking out other funding or means of generating an income. By providing the direct support customised to their requirements, the VCS can reshape itself to deliver provision into the future. In addition, most funders or sponsors will require VCS groups to have up-to-date policies, in line with legislation and good practice. Without this support, local VCS groups will struggle to receive external funds.

With our knowledge of venues and organisations in the area, we can encourage organisations to work together better, make best use of our local community centres and resources.

#### Difference/change this provision will create:

Organisations will:

- be set up with good foundations on which to build their community activities and services
- appreciate what time they will need to commit and what resources they will need to ensure their success
- learn how to put together a good funding application
- understand the importance of continual monitoring their activities
- understand what else is being provided in the area so that they can avoid duplication/competition rely on a cohesive and supportive network

#### How this difference/change will be measured/evidenced:

- Number of groups supported, including new and emerging groups
- Number of groups supported with funding applications
- Number of existing VCS groups 'in crisis' supported and assisted
- Local VCS events attended (AGM's, community workshops, topic based forums, provider networks)
- Number of e-newsletters produced and circulated.



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

**Groundwork Five Counties** 

AREA COVERED WITHIN APPLICATION

Area 3 - Aspley, Bilborough & Leen Valley



1. LEAD ORGANISATION		
Main contact	Penny Halewood	
Position/role	Head of Communities and Impact	
Telephone number 1	0115 978 8212	
Telephone number 2	07850 503125	
Email	Penny.halewood@groundworknottingham.org.uk	
Organisation / Office address	Groundwork Greater Nottingham, 16 Commerce Square, Lace Market, Nottingham, NG1 1HS	

### 2. Grant Allocation

Name of Organisation	Term time Children and Young people £	Match Funding (if any) £	Employment and Skills £	Match Funding (if any) £	Small Group Support £	Match Funding (if any) £
AKA Health, Wealth and Oneness CIC	£17,175.00					
Aspley Partnership	£28,988.00	£12,500.00				
EMPLEO CIC		•	£13872.00			
Evolve CIC	£20,520.00		£6,500			
Evolve Vision					£4000	
Groundwork Greater Nottingham			£14,639.00			
NCVS					£3,600	
Notts County Foundation	£6,083.50	£1443.50				
The Toy Library	£13,065.00					
Woven	£7,700.20	£13,635.64				
TOTAL FUNDING SPEND	£93,531.70	£27,579.14	£35,011.00	£0	£7,600.00	<u> </u>

Name of Partner:	AKA Health Wealth and Oneness CIC
Age group supported:	11-17
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	160
Total annual no. YP's attending:	1560
Total annual no. of sessions delivered:	78
Frequency of sessions:	2 per week, 2 hour session
Delivery location(s):	Birchover Community Centre, Minver Crescent Sports Centre
Ward(s) of delivery:	Aspley and Bilborough
Cost to YP participating:	Free
Grant amount:	£17,175.00
Match funding amount(s):	£0
Match funding source(s):	Additional Financial support will be sought to compliment activities

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

AKA will deliver a centre-based youth provision in Aspley and Bilborough for young people between the ages of 11-17, for 2 2-hour session per week during term time. They will provide 3 staff + volunteers per session working to a ratio of 1:10, and so being able to accommodate a maximum of 30 young people per session. The activities will attempt to engage young people of all interests and backgrounds in diversionary activities such as: the physical activities of football, basketball, arts and crafts, board games, games consoles, pool, table tennis, tennis, cricket, music, and cooking. The inclusion of food into the session is an important aspect as many young people go without afterschool meals and makes the session more attractive. They will prepare healthy and nutritious food at each session and will involve the young people in the meal selection weekly as well as the food preparation and cooking.

AKA will also offer young people and their families the opportunity to engage in our broader programme. Which includes monthly hikes in the Peak District, fitness camp sessions, access to first aid training, local bike rides and Bronze Duke of Edinburgh. They have also contacted the local fire service to deliver a fire safety session following some incidents in the area in which young people have been setting fires. In this vein they will seek to address incidents which occur locally involving young people in interventions.

All staff attending will be experienced, diverse, DBS'd and trained in safeguarding, first aid, and food hygiene.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Aspley has high levels of youth ASB, crime, teen pregnancy, unemployment and disengagement. This location has historically been an area of concern and ASB due to its proximity to local estates, schools, colleges, shops, pubs, takeaways, and leisure centre. For all these reasons young people are typically found socialising and hanging out in this area. Many of the young people in this area are from low-income families and are on FSM.

The Birchover Session was been identified by the Partnerships and Programmes Manager as essential as there was a lack of adequate provision for the young people of Bilborough. Particularly around the Bracebridge area where there has been a rise in youth ASB. This location has historically been an area of concern and ASB due to its proximity to local estates, schools, colleges, shops, pubs, takeaways, and leisure centre. For all these reasons young people are typically found socialising and hanging out in this area. Many of the young people in this area are from low-income families and are on FSM.

By providing a centre-based youth provision, this will allow young people to have a safe and supervised space in which to socialise with positive adult role models.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

The youth clubs give young people access to support and signposting to additional services and projects that they may not be aware of. The staff will be able to engage young people that can be hard to reach and identify young people that are vulnerable and/or at risk of offending. Young people will also have access to nutritious food and taught life skills such as food preparation and cooking skills.

Physical activity and healthy eating are both important factors in positive mental health and wellbeing. The sessions will promote both of these and again be a potential place where any concerns can be vocalised by young people and also concerns identified by staff.

They will also be promoting and modelling prosocial behaviours.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;
A youth club would improve young people's community engagement and integration into positive diversionary activities. Identifying and discouraging potential offending behaviours. Improve self confidence through engagement in pro-social activities.

Name of Partner:	Aspley Partnership
Age group supported:	5-18 years old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	100
Total annual no. YP's attending:	2,475
Total annual no. of sessions delivered:	168 sessions grouped by age (5-7), (8-10), (11-13), (14-18)
Frequency of sessions:	4 sessions per week (1 per each age group)
Delivery location(s):	Minver Sports Centre, Minver Crescent, Aspley, NG8 5PN
Ward(s) of delivery:	Aspley
Cost to YP participating:	Free
Grant amount:	£28,988.00
Match funding amount(s):	£12,500 (Admin support costs, volunteer costs, room hire, sports coach).
Match funding source(s):	In kind

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

In consultation with young people, Aspley Partnership will deliver a broad range of activities aimed at meeting the needs of young people. Sessions will provide creative opportunities for young people to develop life skills such as positive relationship, respect for their peers. They will aim to enable young people to develop healthy lifestyles through healthy eating & cooking. Aspley Partnership will be encouraging positive life choices and for children and young people to have positive memories.

Sessions will be delivered by youth workers and supported by a pool of volunteers. They will deliver four youth sessions each week during term time. Sessions will consist of arts, crafts, baking, creative drama, dance and 1:1 and group discussions on subjects that matter most to young people/young adults. Aspley Partnership will fund a sport or game activity as part of each session. For the younger children play activities will be provided such as puppet making & staging a play, dressing-up and roll play, clay work & mask making. All activities will be child/young person led.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Aspley is the most deprived ward in Nottingham. Aspley has 59.3% of children 0 to 15 living in income deprived households, which effects their access to facilities, equipment and materials. This leads to the children having limited vision and creativity, which in turn results in the children having few positive memories, low self-esteem and lacking in confidence.

Aspley has an above average nationally children who are obese. Aspley has above average nationally children and young people with hospital admissions with injury. Aspley has above average nationally hospital stays for self-harm.

The sessions will be delivered from the heart of the Aspley Estate from an organisation that has a positive track record and trust of the local community and families.

# Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.*

Aspley partnerships programme of activities will provide a welcoming and safe place for children and young people to meet, meet new people, belong to a group and develop personal friendships. Through the provision of a structured programme of activities children and young people will be able to develop positive relationships, enjoy creative recreation and live healthy lifestyles. This will enable children and young people to have memories which will challenge their current lack of positive memories, self-esteem and confidence in themselves. The project has the capacity to accommodate around 70 children each session.

Funding will provide the facilities and materials to enable children to have a wider vision, develop their knowledge and skills, build their self-esteem and confidence and ensure that they have positive memories. This will include opportunities to eat healthily and improve their creative skills.

Children and young adults will be physically and mentally healthy. Will enjoy creative play and leisure activities within a safe environment. Aspley partnership work with young people and their families to improve things together if a child or young person is facing a challenge.

Adventurous trips/outings will be arranged including educational visits to widen their learning opportunities and will provide opportunities for children and young people to live in a society in which equality and opportunity and good relations are promoted.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;
Aspley Partnership will be monitoring the progress being made by children and young people and their families and put in place activities to overcome any challenges that may develop.
Opportunities are provided to families and young people to provide feedback on how sessions are running, the content of sessions, if there have been any changes in behaviour, what works well and if we can improve on session delivery. Through face-to-face discussions families have opportunity to discuss any difficulties they are having and if we can provide support.

Name of Partner:	Evolve CIC
Age group supported:	5-17 Years Old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	100
Total annual no. YP's attending:	3800
Total annual no. of sessions delivered:	76
Frequency of sessions:	Twice weekly sessions
Delivery location(s):	Woodfield Park during spring and summer. Phoenix/Strelley Social club in the winter
Ward(s) of delivery:	Aspley & Bilborough
Cost to YP participating:	Free
Grant amount:	£20520.00
Match funding amount(s):	£3000
Match funding source(s):	Creative Arts

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Wednesday From Woodfield Park 5-10 year olds 3.30 – 5pm, 10 plus 5- 6.30pm, during the summer months and Strelley Community Club during the winter. Evolve have chosen this delivery model due to the numbers in which they know they will get from the Broxtowe/Strelley estates. The numbers will be this high due to delivery from youth and play stopping. They are currently oversubscribed at each session. This new style of delivery will allow them to reach as many young people as possible. Evolve then hope to apply to Children in Need, Sport England and other grant providers to identify suitable funding to be able to increase offer to become less reliant on funding from NCC.

Activities provided,

Arts Craft, outdoor cooking, music, sports, life skills sessions. Team building games, self-awareness and confidence sessions.

Music dance Drama – delivered from Strelley Social Club initially on a Wednesday then move to a Monday after the summer holidays

Thursday – NUSA – include arts crafts sports

Food will be provided at each session

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

With the closure of local youth and play provision, and feedback from Evolve's existing projects involving young people in the area they have first-hand evidence of the gap this will leave in provision, leaving young people even more at risk of CSE and CCE.

This area has been historically difficult to engage and one of the most deprived in the country, the young people have a huge lack of opportunities due to the poverty they are faced with. This results in a lack of aspirations, poor school outcomes, food poverty, risks of CSE and CCE,

Its location and infrastructure make it an isolated area with very little provision for young people. This activity is needed to ensure there is minimal impact on the young people in the area and a steady transition. Evolve worked closely with youth and play and many of their young people have also accessed their projects.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

This style of provision will provide a regular and vital engagement with local young people. Its location and structure will ensure it is accessible to maximise its impact.

This regular engagement will act as a way of developing young people physical and mental wellbeing.

Building a sense of achievement, providing opportunities for positive social action, volunteering, but more importantly maintaining an insight into emerging fears and concerns. Both from the young people themselves but also the wider community. This provision will allow a continued link into other statutory agencies, helping to shape local decision making.

This provision will help to identify risks and concerns of CSE and CCE at an early stage. Giving that young person the support the best possible chance of staying safe and go on to lead a productive life.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;

This provision will work on individual responsibility, communication, resilience, and a sense of community.

Team activities and behaviours will be structured to build a self -esteem.

Evolve already work with local Schools and link with parents ensuring behaviours are evidenced outside the provision engagement. This allows us to evidence how our interactions are helping to develop relationships at home, also with appropriate peer groups.

Evolve have regular contact with local police and social care, helping to provide diversionary activities with young people involved or at risk of CCE and CSE.

By working with these statutory agencies, they can evidence the effect of intervention.

Evolve will be able to measure attendance and participation in activities at each session. GDPR compliance is factored into all monitoring for every session.

Feedback forms will report on session activity and development, enabling the ability to evidence improvements in confidence, teamwork, behaviour etc.

Name of Partner:	Notts County Foundation
Age group supported:	8-15 years
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	80
Total annual no. YP's attending:	1125
Total annual no. of sessions delivered:	25
Frequency of sessions:	Weekly
Delivery location(s):	Nottingham University Samworth Academy
Ward(s) of delivery:	Bilborough
Cost to YP participating:	Free
Grant amount:	£6083.50
Match funding amount(s):	£1.443.50
Match funding source(s):	Premier League Charitable Fund

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Notts County Foundation will be delivering a multi-sport session to 8 – 15 year olds in the Bilborough area, taking place on Monday nights 6-7pm at Nottingham University Samworth Academy.

The session will be led by the children and young people who attend, as they select the activities they would like to participate in. The mix of expertise of the coaches from the two organisations will ensure that the session is as fun as possible, whilst maintaining a safe and inclusive environment for all groups.

Alongside the session, Notts County Foundation will deliver termly workshops to participants. These will be led by the young people or through insight of any local challenges / themes that have arisen. Example workshops could include topics around mental health, anti-discrimination, national campaign weeks and reporting crime.

There will also be opportunities for the children and young people to participate in local, regional and national-wide competitions, giving them access to opportunities they may not experience otherwise.

The children and young people will also be given the option of undertaking some social action. Social action training will be provided by Notts County Foundation. Any activities that arise from this opportunity will be youth led, whilst following the #IWill principles of youth social action.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

#### Many parents within Bilborough are unable to pay for physical activity and sport provision.

In May 2021, unemployment rates were higher in Bilborough (8.7%) compared to the Nottingham City average (7.5%) of the working age population. Bilborough is in the worst 10% of deprivation in England and is the 3<sup>rd</sup> most deprived ward in Nottingham City. Compared to the City average (29.8%), Bilborough has a

higher proportion (35.2%) of children aged 0 - 15 yrs living in poverty. (Nottingham Insight)

This provision will give children and young people from low income families the opportunity to participate in high quality sport and physical activity, as well as to access other opportunities such as competitions, events, workshops and social action projects. They may not be able to access these opportunities otherwise.

#### There are a greater number of school pupils with social, emotional, and mental health needs.

When compared to national statistics (2.79%), in 2021 Nottingham had a higher percentage (3.44%) of school pupils with social, emotional, and mental health needs. This percentage within Nottingham has increased by 1% in the last 5 years. (Fingertips PHE)

Mental, social and emotional health disorders can affect children in different ways, impacting the way they live their life. For example, these disorders can lead to poor concentration, inability to retain information and aggressive behaviour; in turn this could affect their academic achievement as they are withdrawn from their studies and difficult to engage.

#### Anti-social behaviour and crime rates are rising within the area.

Crime rates in Nottingham have increased from 2020 to 2021. Anti-social behaviour contributes to the most amount of crimes in Nottingham (30.3%) and has got increasingly worse since 2018. Bilborough North and Bilborough South is the 7<sup>th</sup> and 26<sup>th</sup> most dangerous neighbourhood in Nottingham, respectively. (Crimerate.co.uk)

Individuals who are exposed to violence and crime in childhood are at a higher risk of becoming involved in the justice system due to their often-learned violent behaviour. Exposure to violence and crime can also have a negative effect on academic attainment and mental wellbeing.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

It has been well documented in scientific literature that sport and physical activity has a positive impact on children and young people's physical and mental wellbeing. The session will give the participants an opportunity to exercise in a fun and inclusive environment, whilst they connect and build positive inter-personal relationships with individuals from the community from varying backgrounds.

Community impact reports of similar programmes have been published, with results showing that authorities have reported notable reductions in anti-social behaviour in project locations. Consequently, the programme will help towards building a stronger, safer and more inclusive community within Bilborough.

With the additional workshops, volunteering and social action opportunities available, participants will be able to develop their skills and knowledge, helping them to achieve their full potential, whether that be personal or professional.

Furthermore, the session will provide the chance for children and young people to access opportunities that they may not be able to participate in otherwise. This includes attending competitions, receiving free Notts County game tickets, and gaining access to experienced and qualified coaches.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;

Notts County Foundation will be monitoring the overall impact of our programme through participant questionnaires which will be administered at the end of the programme. They will also arrange for a group/individual discussion, with sample participants, to gain more information on the impact.

These methods will measure that participants are:

- Improving their physical wellbeing
- Improving their mental wellbeing
- Developing their skills and knowledge
- Feeling inspired and engaged
- Improving their confidence and self esteem
- Contributing to a stronger, safer and more inclusive community
- Enjoying engaging in physical activity and sport
- Progressing in other pathways (such as employment, education, volunteering)
- Improving their interpersonal relationships
- Participating in more community and sporting activities
- Demonstrating more positive behaviours

Alongside speaking to the local police, they will monitor the rates of crime in the area, measuring decreasing anti-social behaviour.

Name of Partner:	The Toy Library
Age group supported:	5-13 years old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	120
Total annual no. YP's attending:	1000
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	Birchover Community Centre
Ward(s) of delivery:	Bilborough
Cost to YP participating:	Free
Grant amount:	£13065.00
Match funding amount(s):	In Kind
Match funding source(s):	

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

The Toy Library will provide community-based play opportunity for children aged 5-13, running at Birchover Community Centre and grounds.

The sessions run weekly on Friday evenings, 3.30 – 5.30pm during the term time.

The sessions are staffed by experienced Playworkers, with a Lead worker and also supported by volunteers and parent helpers recruited from the local community.

The Toy Library will ensure that this offer is integrated and complementary to existing and other new provision for children and young people. They know that true Playwork can only be delivered in partnership with communities and local agencies. They also know from experience that community based Playwork contributes to local community development and volunteering.

The Toy Library are familiar with the Playwork Principles and work to these as a matter of course as they inform there practice and training. In keeping with good Playwork practice, children and young people are involved in decision making about activities as well as the overall development of the project.

All Toy Library staff and volunteers receive training and support in Child Protection & Safeguarding, good practice and Playwork and are DBS checked.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

The Toy Library believe that all children and young people have the right to play (as enshrined in Article 31 of the UN Declaration of the Rights of the Child) and as they get older to have the right to opportunities for socialising and engaging in activities of their choice. A high proportion of the population of this ward suffer from severe multiple deprivation, (the highest 10% on the English Indices of Multiple Deprivation) which has many negative consequences for the experiences and long-term life chances of the children living in this area.

They advocate for the right of children to be involved in making decisions about how they spend their time and for the community to be involved in delivering those choices with support from experienced Playworkers. The provision being offered will not only increase the number of opportunities and choices for local children and young people but increase opportunities for whole families and supports community cohesion and development.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

The benefits that Play provides for children are illustrated in recognised theories of Playwork practice, such as the SPICE spectrum of opportunities, the Taxonomy of Play types and Compound Flexibility. Good Playwork practice, and engaging children in Play activity has well documented and proven outcomes in all areas of children's wellbeing and development as children are able to explore the world and their place in it. The differences this makes to children are numerous and unique to each child. Examples of natural outcomes to engaging in Play include improved self-awareness, increased self-confidence, experience of wider opportunities, increased confidence in peer social interaction, learning new skills, increased physical experiences etc. In these recent difficult times, it has been particularly important to create opportunities for social interaction and expression of feelings, again, which happen naturally in a Play environment.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;  There is extensive research and evidence that shows that Play enhances all aspects of children and young peoples lives. By providing opportunities for quality Play, and raising awareness on the importance of Play, more children will have access to opportunities and spaces to experience the impact and enhancement to emotional and physical wellbeing that Play provides. The Toy Library will measure the effectiveness of our interventions by monitoring attendance figures and observing levels of engagement in the different opportunities provided.

Name of Partner:	Woven
Age group supported:	11-16 years
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	205
Total annual no. YP's attending:	7000
Total annual no. of sessions delivered:	102
Frequency of sessions:	Weekly
Delivery location(s):	Drama – St John's Church, NG8 3BA Football – Harvey Hadden, NG8 4PB Youth Drop in – St Margaret's Church, NG8 5GE
Ward(s) of delivery:	Aspley, Bilborough and Leen Valley
Cost to YP participating:	£1 suggested donation not compulsary
Grant amount:	£7,700.20
Match funding amount(s):	£13,635.64
Match funding source(s):	Woven Church and their volunteers

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Drama club

Woven will deliver weekly termtime Drama Clubs. They will deliver workshops looking at confidence/self-esteem and identity, annual performances and trips. From the summer term-christmas they will work towards a show (usually a pantomime) in December. During the first half of the year they will explore different acting techniques, workshops and improvisation. Each session starts by eating a meal together, which is provided by St John's Fairshare delivery, then they do warm up games/starter activities and then do the main activity for that session.

#### Football club

Woven will deliver weekly termtime football sessions. Each session starts with a warm up and then play football for the rest of the session with a termly social activity. Young people who need extra support are also mentored by the youth worker in charge outside of the session and encouraged to attend other youth provision in the area. The session will take place at Harvey Hadden.

#### Youth Drop In

Woven will continue to deliver their Youth Drop in which will provide opportunity for young to have a safe space to come with friends, play some games and have a light meal. They normally have around 200 young people through the doors, with between 50-80 young people staying for longer than 30 minutes. There will arts and crafts, food, board games, chill The session runs from 3-4:45pm at St Margarets Church, Aspley.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

The Aspley, Leen Valley and Bilborough wards all have many underlying social-economic issues. Aspley has a high unemployment rate, a higher than average younger population, lots of ASB issues, high domestic abuse and CSE (from department of statistics). Bilborough in 2019 was in the worst 10% for income, health and education and have big issues with substance misuse, domestic abuse and CSE (information from Multiple Deprivation 2019 report and a local councillor). All these issues have a major impact on the development of a child and their lived experience.

There is plenty of evidence suggesting children's mental health has deteriorated during the pandemic, as well as the experience of what we have seen in conversations and in schools. We have sat with many students who are sharing with us suicidal thoughts and the schools are reporting to us the amount of young people needing extra support for their mental health is almost uncontrollable. Youth activities provide safe places, a listening ear, food, safeguarding, new friends and opportunities.

Drama clubs are generally expensive and mean young people in our specific areas can rarely attend. This means they lose out on either developing existing skills or learning new ones

The football session has historically seen a vast amount of boys attend who struggle with school, or are in Alternative Provision Units. This session provides opportunity to talk to them in a safe place about their life whilst doing something they enjoy and with a focus. There is also physical and mental health benefits from taking part in sport.

Whilst in meetings with local agencies it has been shared that after-school time is a key time for grooming, ASB and county lines. At Woven's Drop In they want to provide a safe place for the young people to come and play games, try some craft, have the option to talk if needed and have some food. There is a lack of youth provision in the Leen valley ward and and this drop in session allows the creation of a more structured two hour youth session in the ward where venue space for youth sessions is extremely limited. Often boredom, lack of friendships and support, a want for a purpose, peer pressure or a difficult home situation can leave a young person being vulnerable to grooming and CSE and more likely to get involved in risk taking activities and this can spiral. Having a safe place to come is therefore of great importance.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

#### Drama club

Whilst speaking to BBA one of the main issues they have asked Woven to focus on with young people is about their self-esteem. Drama has known academic results in helping young people with their self esteem in all aspects of their life. Secondly, Woven have noted a large number of conversations with young people across all areas involves the topic of relationships: at home, friendships, teachers or romantic. The young people that attend drama club currently are all from different backgrounds, cultures, schools, the different wards and some come in groups and some come alone. This club encourages them to meet new people, work together in groups to achieve a common goal and work on communication along the way.

#### Football

Improving well-being and physical health (and therefore mental health) in young people in attendance at this session. Many of the young people come in all weathers and not just when its sunny which shows a commitment to this club. Woven will measure the well-being of the young people coming by their overall attitude when they are there.

#### Youth drop in

By young people engaging with others of different backgrounds, cultures, genders and schools they will improve their communication skills, relational skills and general well-being (as we know friendships, chatting and playing all improve general well-being). The measurement of this will come through greater inclusivity, students inviting other students and increasing their confidence by initiating games themselves.

Across all sessions Woven will continue to recruit young leaders, training them, increasing their well-being and confidence and upskilling them with transferrable skills to take into adulthood.

How would this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;

Woven will seek feedback from young people and parents to check that the aims of the sessions are being met, to identify areas of strength and to change sessions should new needs arise.

#### Drama club

Measuring this difference and change in drama club will be measured by seeing increased confidence in them standing on a stage more confidently and increased confidence in speaking out their creative ideas in the planning stages. Similarly Woven will monitor relationships developing over time which help and support each other through the difficulties of life.

#### Football

Improving well-being and physical health will be measured by monitoring increase in stamina, confidence in taking part and increased level of skill. Improved well-being will be monitored through conversations with young people attending and through mentoring sessions and social sessions.

#### Youth Drop In

The creation of new friendships will be monitored, young people's feedback on what they would like to see more of in the session. Session attendance will also be monitored.

# 3.3 Delivery Planner CYP - Play and Youth Term Time Provision

	MORNING	AFTERNOON	EVENING
MONDAY		Aspley Partnership 5- 7years, 4.30-6pm Minver Sports Centre	Aspley Partnership 11- 13 years, 6-7.30pm Minver Sports Centre
		Notts County Foundation, 5-6pm NUSA	Woven Football Club 5-6pm at Harvey Hadden
		Woven Drama Club, 4- 5.30pm at St John's Church Bilborough	
TUESDAY		Aspley Partnership 8-10 years, 4.30-6pm Minver Sports Centre	AKA Youth Session, Time TBC, Birchover Community Centre
WEDNESDAY		Evolve Play Session 3.30-5pm Woodfield park Woven Youth Drop in 3- 4.45pm at St Margaret's	Aspley Partnership 14- 18 years, 6.30 - 8.30pm Minver Sports Centre
		Church Leen Valley	Evolve Youth Session 5-6.30pm, Woodfield Park
THURSDAY			AKA, Time TBC, Minver Crescent Sports Centre
			Evolve Youth Session, 5-6.30pm NUSA
FRIDAY		Toy Library Play session 3.15-5.15 Birchover Community Centre	Evolve Session 3.15- 4.15 NUSA
SATURDAY			
SUNDAY			

## 4.2 E&S - Local Job Clubs

Name of Partner:	EMPLEO
Age group supported:	All
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	136
Total annual no. citizens attending:	187
Total annual no. of sessions delivered:	90
Frequency of sessions:	2 Weekly sessions
Delivery location(s):	Riverside Library/ Bulwell JCP
Ward(s) of delivery:	Aspley, Bilborough and Leen Valley
Grant amount:	£13872.00
Match funding amount(s) (non ESF):	N/A
Match funding source(s) (non ESF):	N/A

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

## Riverside Library drop in Work Club

EMPLEO will hold a twice weekly drop-in service delivered within Bulwell Library, run by experienced Empleo Community Mentors. Mentors will undertake an initial assessment of needs on a one-to-one basis resulting in but not limited to one of the following outcomes:

- One-to-one Empleo CV and or Cover Letter session
- EMPLEO employability skills follow-up intervention/s
- Referrals to:
  - Nottingham Works 4You Project
  - Nottingham jobs
  - Current ESF funded projects supporting employability, training or education prorammes
- Signposted to relevant service e.g. Housing, mental health, domestic violence, drug and alcohol support etc.
- One-hour immediate session for clients who are not eligible for current programmes / projects and those who decline the offer of further interventions

## Remote online CV support

This service has previously proved incredibly popular amongst DWP work coaches and clients and will remain part of the Empleo service in assisting those clients who feel they require assistance in developing or updating their CV. This service has been predominately used by clients who are actively applying for vacancies and often request help with a specific cover letter and assurance of CV style and content. The management of this service is a specific role for one of Empleos Community Mentors. Requests are monitored daily and response time is within 24 hours of receipt of incoming communication.

## **Empleo Outreach**

Empleo Community Mentors will continue to have a weekly prescent in Bulwell Jobcentre. DWP work coaches have the flexibility to pre-book client appointments or make an immediate referral for clients

within their caseload requiring in-depth employment and skills training. The outcomes from the initial assessment follow the same outcome principles listed under the heading 'Riverside Library drop in Work Club.

## Flexible Outreach

Following an initial assessment, repeat clients who wish to engage further in employment and skills training will be offered follow-up appointment, which can include a mutually agreed communal location.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

North Nottingham is one of the most disadvantaged areas in the entire country on many levels including crime, health, educational achievement and unemployment.

The area benefits from targeted mobile and flexible support like this – personal, confidential, fast, direct and bespoke, catering to explicit, distinctive needs and taking into account individual differences and those specific, unique barriers that Area 3 residents bring to the sessions.

Some of the barriers EMPLEO have previously helped confront include:

- Long term unemployment
- Victims of 'scarred economy' leading to a lack of understanding of the modern work environment
- Lack of confidence and low self-esteem
- Lack of computer and telephony skills restricting internet jobsearch
- Little experience of interview skills, competence-based applications and situational judgement tests

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Empleo Community Interest Mentors are independent of local and national governing bodies. This creates a relaxed and safe environment for our clients to disclose information without boundaries or consequence. For those clients who enrol on any Empleo projects, their service offers a dedicated and consistent Community Mentor throughout the client journey, providing independent and bespoke employment skills and support. Feedback and results from Empleo customer experience data confirms that the ability to tailor needs and offer a flexible service is key to clients achieving their goals.

For those clients with limited ICT skills, Empleo have the time and knowledge to assist in creating email accounts, job site registration and help with basic internet navigation. This is particularly beneficial for those clients who have been absent from the job market / redundant from a long-term occupation.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'referred into an employment programme and not the overall result, eg 'engaged with CV writing;

Empleo Community Mentors are well versed in assessing client needs, including but not limited to levels of client confidence, life skills and well-being. During all initial engagement with clients mentors will establish through questioning and listening clients immediate and long term needs and discuss what changes are required to support their goals and aspirations and the options available to them.

Using their expert knowledge of available programmes, projects, support groups and local authority services, they can quickly begin to make a difference by referring clients to appropriate partners that offer additional support with the progression into employment or the development of skills related to employment. In addition, they are able to signpost to appropriate services to meet any immediate needs for example: housing, mental health, domestic violence, drug and alcohol support etc.

The number of unique and repeat clients will be captured during each outreach session and will include details of referral source. A short summary of service provided will also be captured for the purposes of providing 'soft data'.

## 4.2 E&S - Local Job Clubs

Name of Partner:	Evolve CIC
Age group supported:	16 Plus
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	120
Total annual no. citizens attending:	120
Total annual no. of sessions delivered:	100
Frequency of sessions:	2 Weekly Sessions
Delivery location(s):	Strelley Social Club
Ward(s) of delivery:	Bilborough, Aspley
Grant amount:	£6500
Match funding amount(s) (non ESF):	N/A
Match funding source(s) (non ESF):	N/A

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Drop in job clubs/support twice per week, Monday Thursday 9-12pm From Strelley Social Club.

CV writing, job searches, UC claims, Confidence building, Interview skills, Delivered By Evolve staff trained in Information Advice and Guidance level 3 and above.

To be delivered until December when UKSPF starts

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

Bilborough and Aspley have a high proportion of residents that are not in employment or are in low paid, part time or zero-hour contracts. The community have lower than average access to the internet. We know that people in this area don't always access the services that they need. The community is a very closed off community that takes time to build up trust with. By offering a drop in twice per week and doing outreach to raise awareness and generally chat to the community it ensures everyone has an opportunity to have the help they deserve.

Evolve's interaction with residents through our project work has allowed us to consult with the community about this need. Conversations often develop around people's own needs, or support for family and friends. The statistics show that this area is one of the highest in the country in terms of unemployment, benefit, dependency, and attainment. Evolve's long standing and trusted position in this community allows them to see first-hand the affect this has on the community.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

This is a community that historically lacks trust in services and statutory bodies. This provision provides a trusted link between support services and the community that they find so hard to engage. Evolve's drop-in services and outreach work will allow them to build on this trust from both sides to provide positive outcomes for all involved. It will ensure more people are receiving appropriate support and advice from an early stage. Preventing more people from reaching crisis point before accessing help. This early intervention and support, gives people the opportunity to become financially independent, building their chances of employment and breaking the cycle of benefit dependency.

Many in this community require support across multiple services, often these services are not communicating with each other. Evolve's provision will provide a link across services to remove barriers and help provide positive solutions.

This provision will support individuals to make positive changes and prevent people reach crisis. It will help families and filter out to the wider community. It will increase confidence in support agencies. Increasing self-esteem, making people more resilient.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'referred into an employment programme and not the overall result, eg 'engaged with CV writing;

This service will encourage and support people to make real change for themselves. Evolve have the capacity to link people into volunteering. Evolve will be able to record numbers of individuals accessing our support. Also, how many have increased their own social value by being able to evidence positive social action. This increased self esteem will lead to the need to improve other areas of their lives, both personally and financially.

This area is also quite isolated, many residents do not leave the area or are restricted from doing so due to mobility and travel costs, there provision will be delivered in the community helping to remove these barriers.

Evolve's support will work towards increasing individual resilience, helping people to help themselves at all stages and thus building a community that reduces its reliability on support and benefits.

Evolve will measure positive outcomes, engagement in further education, courses, training, employment programmes, and employment.

## 4.2 E&S - Local Job Clubs

Name of Partner:	Groundwork Greater Nottingham
Age group supported:	All ages
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	200
Total annual no. citizens attending:	240
Total annual no. of sessions delivered:	144
Frequency of sessions:	1 in each venue per week totalling 3 sessions a week
Delivery location(s):	Bilborough Library, Aspley Library and Strelley Library
Ward(s) of delivery:	Bilborough and Aspley
Grant amount:	£14,639.00
Match funding amount(s) (non ESF):	N/A
Match funding source(s) (non ESF):	N/A

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Groundwork Greater Nottingham will hold a 2 hour job club sessions weekly in each library in the Area. The job clubs will be staffed by the qualified and experienced work coaches who all hold a Level 3 in IAG or above. The clubs will be a drop in session and people can access these once or weekly. Staff will be able to refer individuals to more specific provision where they are eligible and where this will be of benefit to the individual. The clubs will support people with IT skills, CV writing, confidence building, job searching and job applications.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

We know that Area 3 has one of the highest unemployment levels in the city with individuals facing multiple barriers to accessing gainful employment. Likewise, the community due to a number of reasons prefers to access provision that is based within their local community. Likewise, our community is rightfully proud and people do not always like to ask for help, and therefore by being based in the library people are able to drop in without the associated perceived stigma of asking for employment support.

We know from experience that many people in the community approach the libraries for assistance with gaining employment. A large number of the local community also use their local libraries to access IT and internet as they either have no means to do this at home or this is severely restricted. We also know that the local library service has expressed how useful it is that throughout the week when approached for assistance they are able to tell people exactly where and when they can get dedicated employment advice.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

This provision will allow people to access an introductory level of Employment and Skills support. For some this will be all they need to be able to access entry into either employment or further education and skills development. The sessions will allow trust to be built with the individuals attending and for those that require more support the team will be effectively able to refer into existing employment provision.

The sessions will also enable people to become more confident in using Library facilities to look for employment and training opportunities and will allow some of those attending to be able to do this independently rather than being reliant on support to do this. Additionally people attending will feel better able to utilise IT and the internet not only to support their employment and skills journey but by feeling more confident in their IT skills they will be able to access a huge number of other beneficial resources that are now so often only available online such as banking and GP information which will increase their overall wellbeing.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'referred into an employment programme and not the overall result, eg 'engaged with CV writing;

Difference and change will be measured by recording outputs and outcomes such as:

No of individuals referred to an employment programme

No of individuals gaining employment

No of individuals update or writing their CV

No of individuals access training

No of individuals undertaking volunteering

No of individuals feeling more confident in job search skills

No of individuals feeling more confident using IT

No of individuals expressing improved well-being

Support offered will be bespoke to individual and will depend on the needs they present with at the drop in, to capture these less tangible but no less valuable outcomes we will conduct case studies where appropriate and in agreement with the individual.

## 4.6 Delivery Planner E&S – Local Job Clubs

	MORNING	AFTERNOON	EVENING
MONDAY	EMPLEO, 9-12, Bulwell JCP Evolve Just Ask Club 9-12am, Strelley Community Club		
TUESDAY	Groundwork, 10-12, Bilborough Library	EMPLEO, 1-4, Riverside Library  Groundwork 1-3pm, Aspley Library	
WEDNESDAY	Evolve Just Ask Club 9-12am, Strelley Community Club	EMPLEO, 1-4, Riverside Library  Groundwork, 1-3pm, Strelley Library	
THURSDAY			
FRIDAY	EMPLEO, 9-12, Bulwell JCP Evolve Just Ask Club 9-12am, Strelley Community Club		
SATURDAY			
SUNDAY			

## 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	Evolve Vision
Annual no. unique groups supported:	10
Total annual no. of sessions delivered:	20
Delivery location(s):	At groups places of delivery or their office space
Ward(s) of delivery:	Aspley, Bilborough, Leen Valley
Grant amount:	£4000
Match funding amount(s):	£2000
Match funding source(s):	In Kind

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Through their work in the community Evolve has encountered grass root groups who need support to set themselves up to access funding, or deal with the administrative side of putting policies and procedures in place. They also have come across residents that have wanted to create their own groups but have been put off because they have no idea where to begin.

Over the past 12 months Evolve vision have successfully been able to help several organisations within the Aspley Bilborough Leen valley ward. Their experience, knowledge, and reputation over the last 2 years have led to local councillors and partner agencies signposting new groups to them

Evolve vision will provide support and advice to help register new community groups. They will ensure they have the correct procedures in place, and ensure they have the appropriate banking to apply for funding.

They will also work with groups to connect them with other local providers ensuring any new group is properly supported and linked into other groups working in this location. Building relationships between organisations to build capacity and a collaborative approach.

# Rationale for this provision: *Identify why this particular activity or method of delivery has been included within this application.* Consider locally, what support is evidenced as being needed by local VCS groups and organisations.

Evolve Vision's experience working in this community has raised this issue numerous times. Talking to partner agencies and local councillors has revealed a need for this kind of support in the area. As a trusted partner Evolve Vision have been introduced to several groups who needed support and advice. Many well-meaning groups fail to stay the course, some don't even get off the ground

If the community is to flourish and grow the VCS sector needs to fill gaps left because of cuts. This cannot be left to chance, volunteers and community residents have passion and a want to improve their area by providing activities and services in the area. This provision will enable these people to have the support they need to hand hold them through the initial stage. Giving themselves the best possible chance of creating sustainable groups that are properly linked into a collaborative area-based approach.

All organisations have said they need help finding funding. Evolve Vision also know that people have ideas for community groups and those ideas need nurturing. Evolve Vision are in a unique position in being deliverers in the area and as such are already trusted by partners, support agencies, and work collaboratively.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

This service will provide more sustainable groups, better collaboration for the area. Having a greater impact for the area, more services and projects producing a better outcome for the area. Evolve Vision's provision will ensure that this locality will have meaningful support.

Helping to support VCS groups grow, become sustainable, that work collaboratively in the area is key.

It will enable access to funding to support projects and activities for this community to benefit from. Groups that are driven and run by the community they live in, for the people who live here.

It will help bring more funding into the area, creating groups that support local people. The community will benefit from improved opportunities to become active and take part. Building stronger more connected communities. Benefits in wellbeing, self-esteem, and confidence in community members will reduce demand on services. Helping to create a resilient community able to solve community problems.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

There will be an increased amount of fundraising for the area which can be measured by the number of funding bids that are submitted and the amount of money that is awarded. Encouraging collaboration and partnership working helps organisations become more sustainable. Management committee will feel supported helping the grow and achieve their objectives. Seeing new partnerships being formed and growing can be evidenced and measured.

There will be an increase in community groups which can be measured. There will also be an increase in demand for community space which will financially support community centres and venues.

Social prescribers in the area will have access to more groups to refer patients into.

## 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	NCVS
Annual no. unique groups supported:	NCVS charge an hourly rate. The amount requested would relate to 90 hours of support. This would mean: 45 groups = 2 hours each or, 22 groups = 4 hours approx each or, 12 groups = 7.5 hours each or, 6 groups = 15 hours each
Total annual no. of sessions delivered:	No. of sessions would depend on length of the support sessions as NCVS charge an hourly rate rather than a session fee. Number of groups and sessions are reviewed at each quarterly monitoring to ensure as much as possible that the hours are spread across the year in order to meet demand.
Delivery location(s):	Flexible: Area Based, Zoom and Other locations
Ward(s) of delivery:	Aspley, Bilborough and Leen Valley
Grant amount:	£3600
Match funding amount(s):	N/A
Match funding source(s):	N/A

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

NCVS supports Nottingham's community and voluntary groups in all sorts of different ways - from helping to set up a new group, to bidding for large grants or contracts. Whether a group is big or small, established or new, we can help strengthen and develop their work.

NCVS aims to be as flexible as possible in order to be responsive to need. The funding offered can either pay for 121 support to individual groups/organisations or can be used to pay for vital training (some often required by funders) eg: Safeguarding. (NB: Training is charged at £10 per participant per hour)

We can provide information and advice concerning:

- Setting up and running a group
- Identifying suitable funding opportunities
- Helping committee members, trustees and directors understand their roles and responsibilities
- Developing policies and procedures
- Free or low-cost training opportunities
- Helping to promote voluntary sector jobs and community events
- Reviewing governing documents
- Registering as a charity or social enterprise
- Recruiting and supporting volunteers

NB: This list is not exhaustive and we can advise on most things that go on in the Voluntary, Community and Social Enterprise (VCSE) sector.

## NCVS provide training in:

- Setting up and running an organisation
- Safeguarding
- Skills for Leaders of Volunteers
- Social Enterprise information, advice and guidance

NCVS also coordinates practitioner networks for skills-building and other partnership opportunities.
Rationale for this provision: Identify why this particular activity or method of delivery has been included within this application. Consider locally, what support is evidenced as being needed by local VCS groups and organisations.
Nottingham has a rich and diverse voluntary sector. This voluntary sector contributes to the local economy and fills in the gaps that are not provided for by the public or private sector.
Nottingham's voluntary organisations, community groups and social enterprises can make a real difference to local neighbourhoods. They can instil a sense of local pride, improve local environments and build a feeling of community. Volunteering is a great way for people to increase their employability by learning new skills, can help improve health and help build confidence (which sometimes helps them face other challenges in their lives).
Grassroots community organisations often provide much needed support in their community. They are run by local people for local people. This means that they often achieve engagement and trust that public sector providers struggle to gain, thereby encouraging the local people have a say in local decisions that affect them and tackle local issues such as ASB and poor health outcomes.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

Voluntary organisations and community groups often don't have the capacity and resources enjoyed by the public and private sector. This can be a barrier to them growing and thriving.

The support NCVS offers provides these groups with information and practical help to develop in areas that are unknown to them or can be daunting to address. This increases their viability and success which then benefits the wider community.

NCVS coordinates the following networks:

- Children and Young People Providers
- Vulnerable Adult Providers
- Leaders of Volunteers
- Designated Safeguarding Leads

NCVS also run a Practice and Development Unit which It aims to promote and facilitate collaborative learning and the sharing of good practice among professionals in Nottingham and neighbouring areas, who work with people experiencing multiple disadvantage.

These networks are often cross sector and provide opportunities for local providers to learn about national or local research and updates, best practice guidance. Meetings are held quarterly and help members develop skills and contribute to strategic planning and delivery of services.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

NCVS monitors all group support work and outcomes on their CRM system. This system provides reports on:

- Number of support sessions delivered in total
- Number of support sessions delivered to any particular group
- Number of financial/funding support sessions delivered to area groups
- Number of Policy and procedures support delivered to area groups
- Number of Governance support/structure advice delivered to area groups
- Number of Charity or CiC registrations achieved
- Number of local volunteer opportunities advertised
- Number of expressions of interest we received for any one volunteer opportunity.

The difference made by NCVS support is the sustainability and viability of Nottingham's VCS. Without its Voluntary Sector more people in Nottingham would have died during COVID. The VCS effort was an immediate local response to a local problem whereas national responses often took weeks to mobilise. Even before COVID Nottingham's VCS having been working with people who do not meet the high thresholds of our public and health services but who still need support or intervention in their lives. These groups and organisations deserve and need help and guidance to ensure that they can really make a difference.



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24 AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

**Castle Cavendish** 

AREA COVERED WITHIN APPLICATION

AREA 4: HYSON GREEN & ARBORETUM, RADFORD and CASTLE



1. LEAD ORGAN	1. LEAD ORGANISATION		
Main contact	Van Henry		
Position/role	Area Partnerships Manager		
Telephone number 1	0115 964 8354		
Telephone number 2	07306 351 108		
Email	van@castlecavendish.org.uk		
Organisation / Office address	Castle Cavendish Works Dorking Rd Nottingham NG7 5PN		

## 2. Grant Allocation

TOTAL FUNDING SPEND

Name of Organisation	Children & Young people £	Employment & Skills £	Small Group Support £
The Toy Library	£14,480		
Breaking Barriers Building Bridges	£7,180		
AKA	£7,180		
Take 1 Studios	£4,000		
East African Education Centre	£5,655		
Nottingham Health & Education Support	£3,500		
Hoop Dreams	£2,000		
Hyson Green Youth Club	£4,000		
Wild Things	£3,000		
Belong Nottingham		£20,000	
Signpost to Polish Success		£8,500	
Castle Cavendish			£9,626

£51,395

£28,500

£9,626

## 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	The Toy Library
Age group supported:	5–11-year-olds
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	90-100
Total annual no. YP's attending:	2,300+
Total annual no. of sessions delivered:	58-60 sessions
Frequency of sessions:	2 x sessions every week
Delivery location(s):	All Souls Community Centre and Forest Fields Playcentre
Ward(s) of delivery:	Hyson Green & Arboretum and Radford
Cost to YP participating:	Free
Grant amount:	£14,880

**Service/provision offered: (VH):** The Toy Library will continue the provision of their successful community-based play provision for families in Radford. For 23/24 an additional Area 4 weekly Play session will be delivered from the Forest Fields Playcentre once it is reopened. It is anticipated that FFPC will reopen during the summer school holidays and delivery will commence with the start of the autumn school term in September 2023.

**(TTL):** The sessions are staffed by experienced Playworkers, with a Lead worker and also supported by volunteers and parent helpers recruited from the local community. We ensure that this offer is integrated and complementary to existing and other new provision for children and young people. We know that true Playwork can only be delivered in partnership with communities and local agencies. We also know from experience that community based Playwork contributes to local community development and volunteering.

As an organisation we, and our staff, are extremely familiar with the Playwork Principles and work to these as a matter of course as they inform our practice and training. In keeping with good Playwork practice, which by its nature is child centred, children and young people are involved in decision making about activities as well as the overall development of the project. A wide variety of activities are offered, that offer opportunities for children and young people to be creative, physical, work in a team, explore, experience new things, socialise, make friends, test their abilities, get support and advice, improve life skills, learn about the world around them, contribute to their community, and much more. All our staff and volunteers receive training and support in Child Protection & Safeguarding, good practice and Playwork and are DBS checked.

Rationale for this provision: We believe that all children and young people have the right to play (as enshrined in Article 31 of the UN Declaration of the Rights of the Child) and as they get older to have the right to opportunities for socialising and engaging in activities of their choice. A high proportion of the population of these wards suffer from severe multiple deprivation, (on the English Indices of Multiple Deprivation) which has many negative consequences for the experiences and long-term life chances of the children living in this area.

We advocate for the right of children to be involved in making decisions about how they spend their time and for the community to be involved in delivering those choices with support from experienced Playworkers. The provision being offered will not only increase the number of opportunities and choices for local children and young people but increase opportunities for whole families and supports community cohesion and development.

## Difference/change this provision will create:

The benefits that Play provides for children are illustrated in recognised theories of Playwork practice, such as the SPICE spectrum of opportunities, the Taxonomy of Play types and Compound Flexibility. Good Playwork practice, and engaging children in Play activity has well documented and proven outcomes in all areas of children's wellbeing and development as children are able to explore the world and their place in it. The differences this makes to children are numerous and unique to each child. Examples of natural outcomes to engaging in Play include improved self-awareness, increased self-confidence, experience of wider opportunities, increased confidence in peer social interaction, learning new skills, increased physical experiences etc

In these recent difficult times, it has been particularly important to create opportunities for social interaction and expression of feelings, again, which happen naturally in a Play environment.

## How this difference/change will be measured/evidenced:

There is extensive research and evidence that shows that Play enhances all aspects of children and young people's lives. By providing opportunities for quality Play, and raising awareness on the importance of Play, more children will have access to opportunities and spaces to experience the impact and enhancement to emotional and physical wellbeing that Play provides. We will measure the effectiveness of our interventions by monitoring attendance figures and observing levels of engagement in the different opportunities provided. We also record observations of significant events and informal and formal feedback from children and their families, to inform our monitoring and evaluations, and future planning.

Name of Partner:	Breaking Barriers Building Bridges (BBBB)
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	50-60
Total annual no. YP's attending:	Approx 1,750
Total annual no. of sessions delivered:	39 x term-time sessions
Frequency of sessions:	Weekly
Delivery location(s):	Radford Methodist Church & Radford Primary School Field
Ward(s) of delivery:	Radford
Cost to YP participating:	Free
Grant amount:	£7,100

**Service/provision offered: (VH)** BBBB have been running weekly youth club and sports sessions for young people aged 11+ in Radford since 2014. Continued support of their activities is a funding priority as their impact and reach within the local community is second to none.

(BBBB): We will continue working from our base in Radford. Activities will include a core offer of typical youth club activities such as multi-sports, pool, table tennis, table football, arts & crafts, cook and eat sessions and other themed activities as requested by the young people Three paid workers will continue running the sessions, supported by volunteers including the Junior Leaders from the older YP themselves. Issue-based workshops on topics such as domestic violence, cultural attitudes, self-image, knife crime and more will be continue to be covered as needs are identified.

There are opportunities to make use of Radford Primary School's playing field, which is opposite our base. for the multisports & outdoor physical activity sessions. BBBB also carry out detached street-based engagement as and when local "Hot-Spots" arise within the area, as well as undertaking home visits and offering 1-2-1 support to individual C&YP and their families as deemed necessary. All activities are carried out by qualified and suitably experienced members of staff with appropriate knowledge of safeguarding and child protection issues.

**Rationale for this provision: (VH):** Over the past 9 years BBBB have embedded themselves within the area and by utilising a combination of tried-and-tested methods of engagement backed by a practical hands-on approach to support and mentor C&YP, they have steadily developed and increased their offer to young people, their families and the wider community.

Many of the children & young people they engage with experience a range of issues such as poor awareness of social norms; culturally inappropriate behaviours; misunderstanding of others; lack of identity; isolation and a lack of integration. BBBB's particular skill-set of being able to build meaningful relationships with hard-to-engage young people, those often most at risk of involvement in criminal or gang activity, enables them to play a key role in stemming the rise of youth violence in and around the Radford and Arboretum area.

**Difference/change this provision will create(VH):** Having accessible, good quality youth provision that is delivered locally by experienced staff who recognise and understand the complex challenges faced by young people provides them with access to a wider support network and development opportunities that may not be present in their lives. Having a consistent source of positive support and influence outside of the home or school environments makes a significant difference to young people, their decisions and the choices they make when considering their contribution to wider society.

**How this difference/change will be measured/evidenced:** Progress and milestones reached will be mainly be measured by the completion of star charts, observations, 1-2-1 conversations and completion of individual Case Studies, Good News Stories and Individual Evaluation & Feedback processes. Specific measurable differences will include:

- Improved inter-generational and familial relationships
- Improved peer relationships
- Better overall community cohesion
- Practical skills acquisition
- Improved decision making and understanding of consequences
- Reduction in gang and criminal activity

Name of Partner:	Take 1 Studios (TOS)
Age group supported:	5-17 yr olds
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	50+
Total annual no. YP's attending:	975
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	Take 1 Studios, The Old Library, Gregory Blvd
Ward(s) of delivery:	Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	£4,000

**Service/provision offered (T1S):** Our youth night provides a safe and friendly environment for local young people to socialise with others of their age. Those attending are encouraged to participate in the available structured activities as well as having the opportunity to just chill and engage with their peers.

Activities available will be dance, DJ-ing, Music and Video Production, Fitness and Gym activities, Drama, as well as Gaming, Table Tennis and Board games. The sessions are youth-lead and activities constantly evaluated, revised and updated following feedback from the young people who attend. Staff are supported by volunteers and young leaders and are all DBS checked with hold the required safeguarding training.

**Rationale for this provision (T1S):** Hyson Green is a very diverse area in terms of ethnic, cultural and religious backgrounds. This means that small groups of people can become isolated in their smaller communities. Knife crime, domestic violence, sexual exploitation and gang crime are prevalent issues that are faced by our local young people and there is often a mistrust of the police and other statutory agencies.

Hyson Green & Arboretum ward regularly has the most reported crimes of Anti-Social Behaviour and violent and/or sexual offences. More and more young people find themselves at risk of either committing or becoming victims of crimes. These statistics give provide a brief insight into what everyday life can be like for many of the young people who access Take 1 Studios provision.

**Difference/change this provision will create:** The Project increase confidences, self-esteem and motivation levels. It can change attitudes to life and learning and improve prospects. The project will enable young people to recognise that a safer, happier, healthier more aspirational and more rewarding life is possible. This project will focus on bringing the community together. It will provide a safe space for young people from all walks of life to share their experiences, learn and grow together. Our project will help to improve the confidence, aspirations and social skills of the young people involved. Helping to develop skills that they can use later in life.

How this difference/change will be measured/evidenced: Monitoring and evaluation of all our activities is intended to determine the extent to which the project has achieved the original objectives. Evaluation meetings will take place with staff after each session. We will also hold steering groups with the young people each term to take their views and feedback on how the project is going.

Name of Partner:	East African Education Centre (EAEC)
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	50-60
Total annual no. YP's attending:	Approx. 1,950+
Total annual no. of sessions delivered:	Approx. 70
Frequency of sessions:	Twice Weekly
Delivery location(s):	Hyson Green Youth Club
Ward(s) of delivery:	Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	£5,655

**Service/provision offered (VH):** EAEC primarily work with young people from the Somalian, Sudanese, Kenyan and Eritrean communities, although sessions are inclusive and young people from all backgrounds are welcome. Their work tends to focus on supporting young people to integrate into British society, looking at how traditional values and belief systems can align with British customs and way of life. Delivery is usually based on physical activities such as sports and games, nature walks, traditional arts & crafts and issue-based workshops.

Delivery will continue to take place at Hyson Green Youth Centre and on the Forest Rec with regular trips to local country parks and nature reserves. All activities are developed based on consultation with the young people and the wider community.

All activities are delivered by suitably experienced members of staff with appropriate knowledge of 1<sup>st</sup> aid, Health & safety, Food Hygiene, Safeguarding and Child Protection procedures.

**Rationale for this provision:** Many young people from new and emerging communities' benefit from the additional support provided by specialist groups like EAEC. It provides a gateway into a wider network of support and development opportunities. EAEC have been part of the Area 4 ABG programme since 2014 and during that time have delivered numerous positive outcomes and interventions.

Castle Cavendish has supported EAEC to redevelop their reach and impact by focusing on greater partnership working alongside other organisations within the Area 4 Partnership Network, in particular Breaking Barriers Building Bridges and Nottingham Health & Education Support, as both organisations also have strong links with the East African communities. This "joined up" approach to delivery has allowed EAEC to increase their organisational resilience and capacity to deliver essential services to a wider cohort of young people.

**Difference/change this provision will create:** Having accessible, good quality youth provision that is delivered locally by experienced staff who recognise and understand the complex challenges faced by young people provides them with access to a wider support network and development opportunities that may not be present in their lives. Having a consistent source of positive support and influence outside of the home or school environments makes a significant difference to young people and the decisions and choices they make when considering their contribution to wider society

**How this difference/change will be measured/evidenced:** Within the SLA between Castle Cavendish and each Play & Youth Delivery Partner the following monitoring requirements are specified:

- Capture and submission of numerical data related to the outputs & outcomes targets set for community-based provision.
- Undertaking other methods for capturing 'soft' indicators such as Case Studies, Good News Stories and Individual Evaluation & Feedback processes that will evidence development and progression such as 'distance travelled' and 'milestones reached'
- Complying with regular Monitoring & Quality Assurance visits from representatives of Castle Cavendish

Specific measurable differences will include:

- Improved inter-generational and familial relationships
- Improved peer relationships
- Better overall community cohesion
- Practical skills acquisition
- Improved decision making and understanding of consequences
- · Reduction in gang and criminal activity

Name of Partner:	Nottingham Health & Education Support (NHES)
Age group supported:	8-11 and 12-18 years old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	Between 60-70 from Area 4
Total annual no. YP's attending:	2,350+
Total annual no. of sessions delivered:	39 x Term-time sessions
Frequency of sessions:	Weekly, Saturdays 10:30am -1pm
Delivery location(s):	Djanogly School, Gregory Blvd Site
Ward(s) of delivery:	Berridge, Sherwood, Basford & Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	*£3,500 (Area 4 Contribution only)

**Service/provision offered (VH):** this provision is delivered directly on the border between Area and Area 4 and engages C&YP from both ABG Areas. The project's funding is split evenly between the two ABG budgets. The same narrative written here will also be included in the Area 2 delivery plan. This is intentional. However, the outputs, outcomes and amount of funding shown in this document relate only to the Area 4 award of funding.

**(VH):** As before this this project will continue to focus on promoting social integration, personal development and improving physical fitness levels of C&YP living in some of the most disadvantaged communities living in the city. Primarily working with the migrant, asylum seeker and refugee communities, NHES's objectives are to increase the educational attainment and integration of C&YP (and their families) from these communities by using fun physical activity sessions alongside classroom-based sessions developed to support their engagement and active participation with the education system.

## (NHES): Our project will:

- Improve C&YP's general fitness levels and also increase their knowledge and understanding of why it is important to keep physically fit, how to maintain a healthy lifestyle and how it benefits them in many other ways.
- Improve C&YP's awareness and understanding of many different sports, games and physical activities.
- Improve interactions and integration between different communities, both new and established.
- Improve C&YP motivation, concentration, and academic learning including improving confidence in English language skills.

Our delivery team is made up of experienced Sports Coaches, Trainers and Qualified Tutors backed by a large team of volunteers from that are provided via our partnership with the local university. Overall, we anticipate that this project will continue to consistently engage approx. 100 C&YP each year, with approx. 50-60% of those coming from Area 2 wards due to the delivery venue.

Rationale for this provision: (NHES): Our consultation with local families shows that C&YP really missed out badly when schools were closed for extended periods over the previous two years, their normal routines were disrupted, and many are still dealing with the impact and legacy of that time. For many younger children who were not able to meet their friends and play together on the park, or meet at the local leisure centre, or sports club they missed important development milestones. And when forced to stay indoors, many C&YP living in cramped and crowded homes did not always have the privacy or space to access online content that was being offered by local providers.

Parents have also reported that they still struggle to motivate their children to be more active and spend less time looking at their phone. Even though the lockdowns and restrictions have ended a long time ago now, there is still a reluctance to get out and be more active and social.

**Difference/change this provision will create: (NHES)** The project will benefit the C&YP who attend but will also give help their parents too who will be reassured that their children are now getting out and making new friends again but in a positive and safe way, They will all feel more contented and motivated. Research by Mind (national mental health charity) and the government shows that engaging in physical activities:

- Helps children to feel motivated and perform better in school
- Promotes the release of endorphins, 'feel good' hormones that can lift mood, so relieving stress and Anxiety health helps to boost self- esteem and instils a sense of positivity.
- Provides an opportunity to meet others, make friends, create strong bonds and a sense of belonging and companionship
- Can help to establish positive behaviour patterns early on so that CYP are more likely to maintain healthy lifestyles
  as they get older

Also, these activities will help CYP to improve their education attainment at school and communication skills as well as self-confidence.

## How this difference/change will be measured/evidenced: (NHES) We will monitor our progress through:

- Maintaining attendance records for the participants
- Listening to the participants, asking them about whether we can make improvements, changes, or additions to our programme of activities.
- Obtain feedback from CYP, focus groups and questionnaires
- Obtaining feedback from tutors/ trainers/volunteers

Monitoring no. of participants applying to become volunteer community champions

Name of Partner:	AKA Health, Wealth and Oneness CIC (AKA)
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	60-70
Total annual no. YP's attending:	2000+
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	Hyson Green Youth Club
Ward(s) of delivery:	Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	£7,180

**Service/provision offered: (VH)** AKA have been delivering a very successful and well-attended (ABG-supported) Youth session in Area 4 (Hyson Green Youth Centre) for some time now and have solidified their position by building a trusting relationship with local C&YP, particularly those in the Roma community. The provision is delivered as a universal openaccess youth session with a range of activities on offer such as multi-sports, music production, table tennis, pool, arts & crafts cooking projects and a number of issue-based workshops on various topics and issues. It provides a much-needed weekly opportunity for young people to meet and socialise outside of the home or school environment.

Rationale for this provision: Hyson Green & Arboretum have high levels of unemployment and deprivation amongst the families living there. The ward is extremely diverse in its demographics and is home to many communities. Young people in the area are vulnerable and at risk of ASB, youth violence, child CSE, substance misuse, Domestic Violence and many other negative influences on their daily lives. A large proportion are from new and emerging communities and require additional support with their social, emotional and physical development. Many of these young people would have previously engaged with the local authority ran youth provision delivered from the centre which has now stopped. This session aims to provide continuation of that offer where possible, given the limited funding and resources available.

**Difference/change this provision will create:** All young people have a right to socialise with their peers and a local centre-based universal youth session gives local young people somewhere to go and things to do, to make lifelong friendships and create happy, positive memories. We want young people to have the opportunity to get out of the house and engage in, doing things they don't ordinarily get the opportunity to do.

AKA are committed to helping young people lead safe and happy lives. We recognise that we that we cannot provide all the specialist support that is sometimes needed by individuals and families. Therefore, we use these sessions to refer and signpost young people and families that require additional and/or specialist support on to other organisations and relevant services.

**How this difference/change will be measured/evidenced:** We will monitor progress and provide evidence of change in the following ways:

- Enhanced capacity for positive engagement & development C&YP involved in session planning and choosing sessional activities
- Enhanced health and wellbeing of C&YP Good level of active participation in the activities on offer
- Improved technical skills C&YP acquire new skills and understanding of session's activities
- Increased self-esteem and sense of achievement
- C&YP attend regularly and introduce new friends to the project
- Improved peer/familial relationships and decision-making abilities C&YP begin to make positive choices in other aspects of their day to day lives

The quantitative outputs will be recorded as numerical data. The qualitative aspects will be captured in narrative based recordings. Both will form quarterly monitoring and evaluation reports.

Name of Partner:	Hoop Dreams (HD)
Age group supported:	13 -18 yrs old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	50-60
Total annual no. YP's attending:	1,560
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly, Tuesdays 6:30 – 8:30pm
Delivery location(s):	Hyson Green Youth Club
Ward(s) of delivery:	Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	£3,000

\* \*This provision is delivered directly on the border between Berridge (Area 2) and Hyson Green (Area 4) and engages YP from both ABG Areas. The project's funding is split evenly between the two ABG budgets. The same narrative written here will also be included in the Area 4 plan, but the amount of funding shown in this table is the Area 2 contribution only\*

\*\*

**Service/provision offered:** These popular basketball-themed activity sessions were originally delivered as part of a wider universal youth session at HGYC but have now developed into a separate 2hr weekly session. They are delivered by former NBA player Tom Sewell, his team of qualified youth coaches and volunteers. Participants are grouped based on age and experience and are offered a range of training activities and matches but the emphasis is on supervised free play where the young people choose what activities they want. This session is less focused on formal coaching and more about fun and socialising with friends. Those that want to engage with more serious basketball training are supported to access other more structured training provision also on offer locally.

Rationale for this provision: This session is a direct response to a local need. The basketball sessions have developed organically from the youth sessions also taking place at the centre, more and more young people would turn up purely for the basketball but could only be offered 40 mins as part of that session. The young people who attend this session enjoy basketball but cannot afford to join a sports club and do not always feel safe playing on local unsupervised outdoor courts. Not feeling safe within their own neighbourhoods will have a negative impact on these young people's development and inclusion within their communities.

**Difference/change this provision will create:** This project gives a large number of local young people an opportunity to safely participate in a positive physical activity session without the worry of paying membership fees or charges. The majority of these young people live locally and come from low-income households. Some are vulnerable and at risk of being involved in ciminality. Having access to this free diversionary provision is essential as it gives them something to do and keeps them off the streets, if only for a few hours every week. This limited time presents opportunities for Coach Tom to positively influence and encourage these young people to make appropriate lifestyle choices and for some this session is the only source of such guidance in their lives.

How this difference/change will be measured/evidenced: We look for outcome indicators such as

- regular active participation in the session activities
- introduction of new friends to the project
- how well young people socialise within the group
- new skills acquisitions and technical knowledge gained
- sessional delivery plans
- Increased health and wellbeing/physical fitness
- Improved peer relationships

Name of Partner:	Wild Things (WT)
Age group supported:	9-11 yrs old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	18
Total annual no. YP's attending:	108
Total annual no. of sessions delivered:	12
Frequency of sessions:	Weekly between Sep-Mar (Fridays)
Delivery location(s):	Bestwood Country Park
Ward(s) of delivery:	Hyson Green & Arboretum and Radford
Cost to YP participating:	Free
Grant amount:	£3,000

**Service/provision offered:** Wild Things provides environmental learning adventures, co-operative team building sessions, and Forest school programmes in the woodland environment for children and young people. All of our current team have worked as either youth or play workers with Nottingham City council, as well as run independent play sessions for children and young people.

This support would be provided by delivering 2 blocks of our high-impacting Forest School nurture programme at Bestwood Country Park. The children would be chosen to participate by their schools due to being particularly vulnerable due to poor mental health, social isolation and experiencing multiple disadvantages, including poverty, S.E.N, being newly arrived in the Country, having English as an additional language, and lack of access to positive life experiences. They would be children who are not currently accessing other out of school support and who have multiple barriers to doing so, and who are therefore "hard to reach" and support outside of school time.

Rationale for this provision: These areas have an over whelming number of children who have been disproportionately negatively affected by the Pandemic (due to pre-existing social and economic deprivation) and are also struggling (with finances and time) to provide all the extra emotional and social support that is outside the family's capacity but is totally necessary for the most in need children during these challenging times.

**Difference/change this provision will create:** The main impact will be directly on the emotional, social, and physical wellbeing and inclusion of the children who directly participate in the project.

However, we would expect any changes in children's well being, social and emotional skills, and behaviour to also have positive impacts on their interactions with their school community (teachers and peer group), their families at home, and on their wider local community. We would expect to see the following positive changes:

- Increased access to enriching alternative life experiences that wouldn't otherwise be accessible to them.
- Increased access to and interest in the natural environment.
- Increased knowledge of Bestwood Country Park as a resource that families can access in the future for mental and physical well being.
- · Increased emotional well being.
- Increased confidence and self-esteem.
- An increase in social skills, friendships, and inclusion.
- An increase in physical confidence and health:
- · An increase in educational inclusion;
- An increase in access to creative learning:
- Helping build positive focuses for communication between children and parents;
- Increased resilience to future challenges and safe guarding threats;

The children selected to attend will all be children who don't usually access extra support provision (i.e. play sessions or clubs) or alternative experiences out of school time and who wouldn't have visited Bestwood Country Park before or ever have been to a woods in this Country before.

How this difference/change will be measured/evidenced: We look for outcome indicators such as changes in emotional well being, social development and positive relationships, physical confidence, educational inclusion, creativity, and ability to access further alternative outdoor life experiences.

Before the start of each programme we will ask the children's support workers at school to complete and return a form to us which outlines each child's main developmental targets (if appropriate children will be consulted as part of this process), i.e. "we want child A to develop more social confidence to participate within a group setting. We would like to see child A working and playing with others (and not just alone) whilst at Forest School."

Using this information, we will plan and monitor each child's learning journey, colllating notes after each session regarding changes and observations. Teachers will be asked to fill in a reporting form (with case study) asking for feedback on each child's development. The pace and alternative safe setting of Forest School allows children, Wild Things workers and school support staff to talk together about feelings and emotional and social development.

Name of Partner:	Hyson Green Youth Club
Age group supported:	All ages
Mixed offer:	Yes
Annual no. unique people supported:	1,000-2,000
Total annual no. of people attending:	15,000
Total annual no. of sessions delivered:	Centre is used 7 days a week between 9am-10pm
Frequency of sessions:	Daily
Delivery location(s):	Terrace St, Hyson Green
Ward(s) of delivery:	Hyson Green & Arboretum
Cost to YP participating:	Free
Grant amount:	£4,000

**Service/provision offered:** The Hyson Green Youth Club has been offering local young people somewhere to go and something to do since 1939. Over the years as well as being a home for many youth groups and sports clubs, it has also provided a community restaurant, hairdressers and a nursery! The centre is open 7 days a week and currently provides office and activity space for 8 local VCS organisations to operate from, with over 40 affiliated local VCS groups using the centre, meaning a very broad range of community-based activities are currently being delivered. Approx. 45 weekends a year are booked by user groups to provide regular ongoing projects or one-off community events for residents of the Hyson Green, Arboretum and Berridge wards.

Rationale for this provision: The centre acts as an anchor-point for local grass-roots organisations and offers a platform for community-based activities in an area of historically high-deprivation. Our ABG programme is reliant on having good quality, accessible community venues from which our delivery partners can operate out of. If we do not support these key local venues to remain open and functioning it has a significant negative impact on our ability to deliver activities. Without the HGYC we would struggle to deliver both our Play & Youth and Employment & Skills Outputs in the area as community partners working under both strands operate out of the centre to deliver their outputs.

**Difference/change this provision will create:** We see continued support for the few remaining community buildings and assets in Area 4 as vital. Having a focal point for community activities in the area is essential for fostering a sense of belonging and ownership. Supporting the day-to-day operating of these premises through targeted improvements adds value to their offer and contributes towards improving the overall quality of services being delivered locally. This in turn leads to greater "buy-in" from local residents and, like the services being offered, also helps nurture that sense of inclusion that is important for building those harmonious, cohesive, and safe neighbourhoods that we previously mentioned.

How this difference/change will be measured/evidenced: Performance of VCS partners will be managed in-line with our P&Y and E&S delivery partners. They will be set project specific quantitative outputs and outcomes targets in the same way and performance against these agreed targets will be monitored on a quarterly basis. For example, our "Community Venue Partners" such as HGYC will need to evidence an agreed number of community sessions are delivered to a certain amount of residents each week and the centre will be open for an agreed minimum number of hours each week.

\* \* \* End of P&Y Partners\* \* \*

## 3.3 Delivery Planner CYP - Play and Youth Term Time Provision

	AFTE	RNOON	EVENING
MON		The Toy Library Play session Forest Fields Play centre 3:30-5:30pm Start date TBC	
TUE			Hoop Dreams Youth Basketball project Hyson Green Youth Club 6:30-8:30pm
WED		The Toy Library Play session Ronald st playground/Primary Studios 3:30-5:30pm	Breaking Barriers Building Bridges Youth Session Radford Methodist Church 7-9pm
THU			Take1 Studios Youth Club Session The Old Library 7-9pm
FRI		Wild Things Forestry School Bestwood Country Park 4-6pm	AKA Open-access youth session Hyson green Youth Club 7- 9pm
SAT	NHES Pro-Active! Djanogly Gregory Blvd 10am-1pm	East African Education Centre Youth Session Hyson Green Youth Club/Forest Rec 11am-1pm	
SUN		East African Education Centre Youth Session Hyson Green Youth Club/Forest Rec 11am-1pm	

# 4.1 E&S – Use of ABG as contribution to salary costs

Name of Partner:	N/A		
Title of post(s):			
ABG used as Local Match for ESF funded post: (Yes No)			
	Nottingham Works 4You		
If yes, ESF Funded project linked to post:	Pathways to Health and Social Care		
Tick all that apply	Back2Work		
Tront air arat appriy	Way2Work		
Annual no. unique people supported by these posts:			
Delivery location(s):			
Ward(s) of delivery:			
Grant amount from ABG required as salary costs /			
local match :			
<b>Service/provision offered:</b> None of the ABG Partners previously delivering against the above ESF-funded contracts that required ABG as match funding are taking them forward, so no grants are being awarded under this priority during this funding period.			
Rationale for this provision: N/A			
Difference/change this provision will create N/A			
How this difference/change will be measured/evidence	ed: N/A		

## 4.2 E&S - Local Job Clubs

Name of Partner:	BELONG Nottingham (BNG)
Age group supported:	Open to city residents of all ages
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	Approx. 90 -100 jobseekers from Area 4
Total annual no. citizens attending:	720-790
Total annual no. of sessions delivered:	40+
Frequency of sessions:	Twice weekly
Delivery location(s):	Radford & Lenton Library & Hyson Green Library
Ward(s) of delivery:	Radford, Hyson Green & Arboretum
Grant amount:	£12,000

**Service/provision offered:** The Job Club will offer support to citizens who are looking for opportunities in employment, self-employment, learning, apprenticeship, and volunteering. The support will be delivered through open group sessions and one-to-one appointments with an Employment Advisor, where they will receive advice and develop a holistic plan focussed on making steps towards employment. Support offered will include:

- Advice on appropriate employment opportunities
- Addressing challenges or barriers to employment
- Support preparing a CV
- Support completing application forms
- Help with online job search
- Information about education and training opportunities for those who need more skills in order to be able to find work.

The sessions will be led by an Employment Advisor who has been working with Belong for since 2011 and has over 25 years' experience in supporting people into employment. Alongside advice appointments, we will also provide advice on a drop-in basis which will be supported by trained and supervised volunteers. These volunteers will help with basic and general advice and then book appointments for the client with the Employment Advisor for more complex issues. Signposting service will also be available as each request will be of a different nature that may require specialist support. Belong has experience of referring participants to appropriate providers.

The programme will be widely advertised including via the library network and with local providers such as DWP and learning providers. We will also promote it through our social media pages and within Refugee Community Organisations via WhatsApp groups.

Data provided by the East Midlands Chamber has revealed that unemployment has decreased by 1.6 percent from 2020 to 2021 across the whole county - while the number of jobs has risen slightly by 0.7 percent. In the city of Nottingham, however, unemployment has actually gone up. Unemployment particularly affects the refugee and migrant community as they face additional barriers to obtaining employment. Cultural differences and discrimination can impact success with the recruitment process. We have ran a Job club from this location for 3 years now and we have found it to be a useful, complimentary and necessary service for residents for the following reasons:

- It provides immediate access to emergency support our customers have voiced that the barriers they have faced by local providers due to the booking system for help, often means not getting the help immediately
- Local citizens have stated that the Hyson Green Library is an appropriate venue as it is easy to access and well known.
- The service is within their locality so they do not need to travel far to access support and operating a drop-inservice means they can easily access support from qualified and experienced advisers
- It provides a calm space with access to internet and various job opportunities so that they can take the time to complete applications with support on hand if need be.

Difference/change this provision will create: This provision will make the following differences to participants lives:

- They will gain a better understanding of the UK labour market and feel more prepared and therefore more confident when making job applications and attending interviews.
- Those who wish to enter further education or start apprenticeships will have a better understanding of the options available to them and be able to make informed choices about their future career.
- People will access specialist advice and emergency assistance on issues not related to employment through effective signposting.
- Employment rates amongst the refugee and migrant community will increase as participants are supported and guided through the process of looking for work.

Support with employment will be located close to where they live increasing the likelihood of engagement with the services as travel costs will not be a barrier to attendance at appointments.

How this difference/change will be measured/evidenced: We keep written records of every person who engages with the service and the outcome of each appointment with the careers advisor. This could be a range of different outcomes including: supported to complete CV, completed application, referred into external specialist service, referred to training course, provided with advice on employment opportunities etc. We will then monitor the outcomes so that we can evaluate the different types of support and advice provided.

Name of Partner:	Signpost To Polish Success
Age group supported:	18+
Mixed offer:	Yes
Annual no. unique people supported:	40-50
Total annual no. of people attending:	1,920
Total annual no. of sessions delivered:	80
Frequency of sessions:	Weekly 10:30am – 12:30pm (beginners) and 1-2pm (internmediate)
Delivery location(s):	Tennyson Hall, Forest Rd
Ward(s) of delivery:	Radford
Cost to YP participating:	Free
Grant amount:	£8,500

**Service/provision offered:** SPS will deliver weekly informal (unaccredited) ESOL conversation group from their base at Tennyson Hall in Radford. The sessions are open to all local residents with English as a 2<sup>nd</sup> language, but the target cohort are Eastern European communities living within Area 4 including Polish, Czeck, Hungarian, Bulgarian and Ukrainian.

Alongside the weekly group ESOL sessions there are a series of online webinars and workshops for learners to engage with throughout the year and a one-off community event for children & families in the spring.

Rationale for this provision: The need for Informal, community-based ESOL provision that offers local people a more accessible means of improving their English comprehension has long been established. Waiting lists for formal and accredited ESOL provision are always very long and the academic entry requirements and a lack of flexibility around timings/locations are often a barrier for many people.

For many years this type of ESOL provision has been supported by ABG funding under the "local Priorities" strand and has provided many positive outcomes for members of the local community. Although it can be demonstrated that this support has often helped residents to overcome one of their main barriers to the labour market, it does not fit squarely under the E&S priorities of Job Clubs or Jobs Fairs. We feel these activities are an integral element of a well-rounded support package for many residents of Area 4 that have English as a 2<sup>nd</sup> language.

**Difference/change this provision will create:** As well as contributing towards improving people's economic prospects, this provision also strengthens their social ties and sense of belonging, which is vital for migrant communities to feel integrated. Being able to converse with other residents and neighbours is important for building harmonious, cohesive, and safe neighbourhoods that people want to live, work, play and learn in.

This project also acts as a gateway and referral pathway to accessing a wider network of specialist help and support around issues such as welfare rights, housing, food insecurity and loneliness & isolation.

How this difference/change will be measured/evidenced: Performance of VCS partners will be managed in-line with our P&Y and E&S delivery partners. They will be set project specific quantitative outputs and outcomes targets in the same way and performance against these agreed targets will be monitored on a quarterly basis. For example, our weekly informal ESOL providers will need to ensure an agreed number of sessions are delivered to a certain amount of learners but will not be measured on reaching a certain standard of English, that will be measured in a more qualitative approach i.e. such as case studies and good news stories.

Name of Partner:	BELONG Nottingham
Age group supported:	18+
Mixed offer:	Yes
Annual no. unique people supported:	100-120
Total annual no. of people attending:	4,800
Total annual no. of sessions delivered:	48
Frequency of sessions:	Weekly
Delivery location(s):	Tennyson Hall, Forest Rd
Ward(s) of delivery:	Radford
Cost to YP participating:	Free
Grant amount:	£8,000

**Service/provision offered:** Belong will continue delivery of their weekly informal (unaccredited) ESOL classes from their base at Tennyson Hall in Radford. The sessions are open to all local residents with English as a 2<sup>nd</sup> language, but the target cohort are African & Middle-Eastern and Asian communities living within Area 4. Although the classes are informal, they will follow the ESOL curriculum and will be delivered by a Level 5 ESOL Tutor.

**Rationale for this provision:** Belong currently have a waiting list of over **60 local people** waiting to access formal accredited ESOL provision and who want to engage with some informal provision whilst they are waiting. A further 80-90 local people do not qualify for the ESFA funded activities, so this project is their only access to ESOL provision.

For many years this type of ESOL provision has been supported by ABG funding under the "local Priorities" strand and has provided many positive outcomes for members of the local community. Although it can be demonstrated that this support has often helped residents to overcome one of their main barriers to the labour market, it does not fit squarely under the E&S priorities of Job Clubs or Jobs Fairs. We feel these activities are an integral element of a well-rounded support package for many residents of Area 4 that have English as a 2<sup>nd</sup> language.

**Difference/change this provision will create:** As well as contributing towards improving people's economic prospects, this provision also strengthens their social ties and sense of belonging, which is vital for migrant communities to feel integrated. Being able to converse with other residents and neighbours is important for building harmonious, cohesive, and safe neighbourhoods that people want to live, work, play and learn in.

This project also links into Belong's other areas of support such as employability and welfare support. In addition, many learners who attend their classes report that it is the first time they have made new friends since arriving in the UK. The classes support people with social integration and help bridge differences and break down barriers between communities.

How this difference/change will be measured/evidenced: Performance of VCS partners will be managed in-line with our P&Y and E&S delivery partners. They will be set project specific quantitative outputs and outcomes targets in the same way and performance against these agreed targets will be monitored on a quarterly basis. For example, our weekly informal ESOL providers will need to ensure an agreed number of sessions are delivered to a certain amount of learners but will not be measured on reaching a certain standard of English, that will be measured in a more qualitative approach i.e. such as case studies and good news stories.

4.3 Delivery Planner E&S – Local Job Clubs					
•	MORNING	AFTERNOON	EVENING		
MONDAY	BELONG Radford & Lenton Work Club Radford & Lenton Library 10am – 12pm Drop-in (group) employment support sessions for local residents	BELONG Hyson Green Work Club Hyson Green Library 1-3pm Drop-in (group) employment support sessions for local residents			
TUESDAY	BELONG Informal ESOL Class Tennyson Hall, Forest Rd West 9-11am	BELONG Informal ESOL Class Tennyson Hall, Forest Rd West 2-4pm			
WEDNESDAY	Signpost to Polish Success Informal ESOL Class Tennyson Hall, Forest Rd West 10:30am – 12:30pm	Signpost to Polish Success Informal ESOL Class Tennyson Hall, Forest Rd West 1-3pm			
THURSDAY	BELONG Informal ESOL Class Tennyson Hall, Forest Rd West 9-11am	BELONG Informal ESOL Class Tennyson Hall, Forest Rd West 2-4pm			
FRIDAY					
SATURDAY					
SUNDAY					

## 5. Service Delivery - Small Group Support

Name of Partner:	Castle Cavendish
Annual no. unique groups supported:	60+ local VCS groups & Organisations
Total annual no. of sessions delivered:	N/A service is Mon-Fri 9-5pm
Delivery location(s):	N/A
Ward(s) of delivery:	Covering Hyson Green & Arboretum, Radford and Castle
Grant amount:	£9,626

**Service/provision offered:** Castle Cavendish will continue to provide one-to-one advice and support for local VCS bodies, groups and organisations:

- To help individuals to develop an idea for a community project or activity, supporting them with the best way to take that forward, either setting up a community group, CIO, CIC or entering a partnership with an existing organisation
- To support individuals or groups with the process of setting up the right legal structure.
- Helping VCS groups to research funding applications, drafting applications, proofreading applications.
- Helping VCS groups to develop sound and succinct monitoring reporting for funders and stakeholders.
- Helping VCS groups with drafting or updating their policies and procedures
- Helping VCS groups with drafting role descriptions and supporting them with recruiting issues
- Supporting Management Committee Members, Directors or Trustees with issues around staffing, conflicts etc

#### Castle Cavendish will also provide:

- Networking meetings to increase cross-fertilisation of ideas and improve integrated working.
- Regular topic based workshops where a common interest has been identified or to share best practice.
- Regular e-bulletins to all our delivery partners and the wider VCS.
- Attendance at community events, AGM's or important VCS group meetings.
- Signposting to other relevant organisations, such as training or business support.
- Connecting people through our links with the Universities, Tenants Associations, Nottingham City Homes, etc.

**Rationale for this provision:** Supporting groups in this way will assist in developing a more resilient and robust VCS, able to cope with the challenges that we face in a post-covid landscape.

Importantly, individuals who have a passion for a community activity need direction and advice as how to make this a reality, thereby releasing local energy and enthusiasm, and increasing the area's social capital. As we are very familiar with the existing community-based activities, we can guide them through the process of setting up a community group or other legal structure or we can suggest collaborating with another similar organisation.

From a funding perspective, existing organisations who are concentrating on delivering their activities often do not have the expertise or the time to devote to seeking out other funding or means of generating an income. By providing the direct support customised to their requirements, the VCS can reshape itself to deliver provision into the future. In addition, most funders or sponsors will require VCS groups to have up-to-date policies, in line with legislation and good practice. Without this support, local VCS groups will struggle to receive external funds.

With our knowledge of venues and organisations in the area, we can encourage organisations to work together better, make best use of our local community centres and resources.

#### Difference/change this provision will create:

Organisations will:

- be set up with good foundations on which to build their community activities and services
- · appreciate what time they will need to commit and what resources they will need to ensure their success
- learn how to put together a good funding application
- understand the importance of continual monitoring their activities
- understand what else is being provided in the area so that they can avoid duplication/competition rely on a cohesive and supportive network

## How this difference/change will be measured/evidenced:

- Number of groups supported, including new and emerging groups
- Number of groups supported with funding applications
- Number of existing VCS groups 'in crisis' supported and assisted
- Local VCS events attended (AGM's, community workshops, topic based forums, provider networks)
- Number of e-newsletters produced and circulated.

\* \* \* End of SGS Partners\* \* \*



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

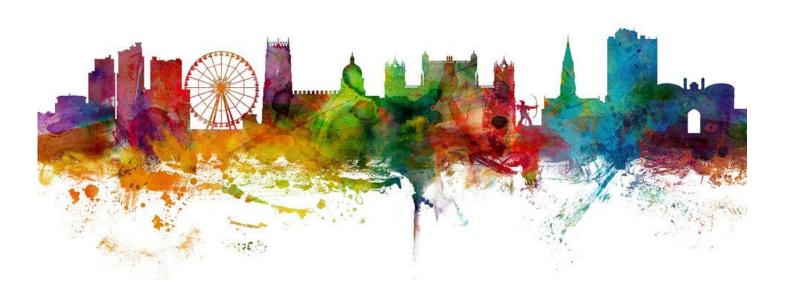
# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

Castle Cavendish

AREA COVERED WITHIN APPLICATION

AREA 5: MEADOWS, LENTON & WOLLATON EAST and WOLLATON WEST



1. LEAD ORGANISATION		
Main contact	Van Henry	
Position/role	Area Partnerships Manager	
Telephone number 1	0115 964 8354	
Telephone number 2	07894319103	
Email	van@castlecavendish.org.uk	
Organisation / Office address	Castle Cavendish Works Dorking Rd Nottingham NG7 5PN	

## 2. Grant Allocation

Name of Organisation	Term time Children and Young people £	Employment and Skills £	Small Group Support £
The Toy Library	£20,709		
AJ Sports Academy	£7,180		
Switch Up	£5,400		
Notts County Foundation	£7,180		
The Lenton Centre	£3,400	£2,550	
AKA Health, Wealth & Oneness	£7,180		
Wild Things	£1,450		
BELONG Nottingham		£8,000	
The Bridges Community Trust		£7,159	
Castle Cavendish			£8,458
TOTAL FUNDING SPEND	£52,499	£17,709	£8,458

#### 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	The Toy Library (TTL)
Age group supported:	5-11 year olds
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	80-100
Total annual no. YP's attending:	Approx 6,000
Total annual no. of sessions delivered:	78
Frequency of sessions:	2 x sessions every (term-time) week
Delivery location(s):	Sheila Roper Centre & Meadows Embankment Pavilion
Ward(s) of delivery:	Wollaton East (Lenton Abbey) & Meadows
Cost to YP participating:	Free
Grant amount:	£20,709

**Service/provision offered: (VH):** The Toy Library will continue the provision of their successful community-based play provision for families living in the Meadows and Lenton Abbey. As before, all sessions will run weekly, 3.30 – 5.30pm at key community locations in both wards.

(TTL): The sessions are staffed by experienced Playworkers, with a Lead worker and also supported by volunteers and parent helpers recruited from the local community. We ensure that this offer is integrated and complementary to existing and other new provision for children and young people. We know that true Playwork can only be delivered in partnership with communities and local agencies. We also know from experience that community based Playwork contributes to local community development and volunteering.

As an organisation we, and our staff, are extremely familiar with the Playwork Principles and work to these as a matter of course as they inform our practice and training. In keeping with good Playwork practice, which by its nature is child centred, children and young people are involved in decision making about activities as well as the overall development of the project. A wide variety of activities are offered, that offer opportunities for children and young people to be creative, physical, work in a team, explore, experience new things, socialise, make friends, test their abilities, get support and advice, improve life skills, learn about the world around them, contribute to their community, and much more.

All our staff and volunteers receive training and support in Child Protection & Safeguarding, good practice and Playwork and are DBS checked.

Rationale for this provision: We believe that all children and young people have the right to play (as enshrined in Article 31 of the UN Declaration of the Rights of the Child) and as they get older to have the right to opportunities for socialising and engaging in activities of their choice. A high proportion of the population of these wards suffer from severe multiple deprivation, (on the English Indices of Multiple Deprivation) which has many negative consequences for the experiences and long-term life chances of the children living in this area.

We advocate for the right of children to be involved in making decisions about how they spend their time and for the community to be involved in delivering those choices with support from experienced Playworkers. The provision being offered will not only increase the number of opportunities and choices for local children and young people but increase opportunities for whole families and supports community cohesion and development.

#### Difference/change this provision will create:

The benefits that Play provides for children are illustrated in recognised theories of Playwork practice, such as the SPICE spectrum of opportunities, the Taxonomy of Play types and Compound Flexibility. Good Playwork practice, and engaging children in Play activity has well documented and proven outcomes in all areas of children's wellbeing and development as children are able to explore the world and their place in it. The differences this makes to children are numerous and unique to each child. Examples of natural outcomes to engaging in Play include improved self-awareness, increased self-confidence, experience of wider opportunities, increased confidence in peer social interaction, learning new skills, increased physical experiences etc

In these recent difficult times, it has been particularly important to create opportunities for social interaction and expression of feelings, again, which happen naturally in a Play environment.

#### How this difference/change will be measured/evidenced:

There is extensive research and evidence that shows that Play enhances all aspects of children and young people's lives. By providing opportunities for quality Play, and raising awareness on the importance of Play, more children will have access to opportunities and spaces to experience the impact and enhancement to emotional and physical wellbeing that Play provides. We will measure the effectiveness of our interventions by monitoring attendance figures and observing levels of engagement in the different opportunities provided. We also record observations of significant events and informal and formal feedback from children and their families, to inform our monitoring and evaluations, and future planning.

Name of Partner:	AJ Sports Academy CIC (AJS)
Age group supported:	5-10 and 11+
Girls / Boys / Mixed offer:	Mixed Offer
Annual no. unique YP's supported:	120-130
Total annual no. YP's attending:	Approx 4,000+
Total annual no. of sessions delivered:	39 term-time sessions
Frequency of sessions:	Weekly
Delivery location(s):	Sheila Roper Centre w
Ward(s) of delivery:	Lenton & Wollaton East
Cost to YP participating:	Free
Grant amount:	£7,180

**Service/provision offered (VH):** AJ Sports deliver physical activity sessions and youth clubs for young people aged between 5-16 years old from their base at The Sheila Roper Centre and nearby Lenton Abbey Park. The youth club sessions offer a range of indoor activities including music and media production in the recording studio, arts & crafts, cooking, video and board games. Their outdoor physical activity sessions activities are delivered with an emphasis on fun and fitness rather than producing competitive football players and athletes.

Although sports are used to attract children & young people to the sessions the scope of the work goes beyond the physical activities and technical skills acquisition. All sessions contain group work around control, composure and confidence when off the pitch, helping the boys and girls to develop emotionally and socially at the same time. There are also plenty of fun elements to the sessions so they are inclusive of younger children.

**Rationale for this provision:** Lenton Abbey is an area of extremely high deprivation but with very limited facilities for play & youth provision. AJ Sports have been consistently delivering good quality provision in the area since 2016. Over time their provision has grown and developed through a process of constant evaluation and consultation with local families. Their sessions attract participation from children living in neighbouring Lenton, Dunkirk and Wollaton wards and are so popular they often have to work on a first-come basis due to them regularly exceeding their capacity. Without this provision there would be little else on offer to the children and young people in Lenton Abbey.

Difference/change this provision will create: These activities will achieve the following differences/changes:

- Increased skills, confidence and composure
- Improved health & fitness levels
- Increased peer relationships
- Reduced levels of antisocial behaviour

**How this difference/change will be measured/evidenced:** Within the SLA between Castle Cavendish and each Play & Youth Delivery Partner the following monitoring requirements are specified:

- Capture and submission of numerical data related to the outputs & outcomes targets set for community-based provision.
- Undertaking other methods for capturing 'soft' indicators such as Case Studies, Good News Stories and Individual Evaluation & Feedback processes that will evidence development and progression such as 'distance travelled' and 'milestones reached'
- Complying with regular Monitoring & Quality Assurance visits from representatives of Castle Cavendish

Specific measurable differences will include:

- Improved inter-generational and familial relationships
- Improved peer relationships
- Better overall community cohesion
- Practical skills acquisition
- Improved decision making and understanding of consequences
- · Reduction in gang and criminal activity

Name of Partner:	Notts County Foundation
Age group supported:	10-17 years old
Girls / Boys / Mixed offer:	mixed
Annual no. unique YP's supported:	50
Total annual no. YP's attending:	Approx 1,950
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly on Thursdays, 4-6pm
Delivery location(s):	The Portland Centre
Ward(s) of delivery:	Meadows
Cost to YP participating:	Free
Grant amount:	£7,180

**Service/provision offered (VH):** Notts County Foundation will continue to deliver a youth multi-sports session for 10 – 17-year-olds in the Meadows area on Thursday nights 4 - 6pm. The session will be led by the C&YP who attend, as they select the activities they would like to participate in. Football, badminton and table tennis are available at all times. There are opportunities for the young people to participate in activities outside of sports/ physical activity, such as card and board games, arts and crafts and music.

(NCF): The expertise of the staff ensures that the session are as fun as possible, whilst maintaining a safe and inclusive environment. Alongside the session, we deliver termly workshops to participants. These are led by the young people or through our own awareness of any local challenges / themes that have arisen. Previous workshops include topics around mental health, anti-discrimination, national campaign weeks and reporting crime.

There are also opportunities for the children and young people to participate in local, regional and national-wide competitions, giving them access to opportunities they may not experience otherwise. The children and young people will also again be given the option of undertaking some social action. Social action training is provided by Notts County Foundation. Any activities that arise from this opportunity will be youth led, whilst following the #IWill principles of youth social action.

**Rationale for this provision:** Many parents within The Meadows are unable to pay for physical activity and sport provision for their children.

Unemployment rates are higher in The Meadows (9.1%) compared to the Nottingham City average (7.5%) of the working age population. The Meadows is in the worst 10% of deprivation in England, with one LSOA in the Meadows ranked as the 25th most deprived out of 182 in the City and 1743rd out of 32,844 nationally. (Nottingham Insight)

There are a greater number of school pupils with social, emotional, and mental health needs. When compared to national statistics (2.79%), in 2021 Nottingham had a higher percentage (3.44%) of school pupils with social, emotional, and mental health needs. This percentage within Nottingham has increased by 1% in the last 5 years. Mental, social and emotional health disorders can affect children in different ways, impacting the way they live their life.

**Anti-social behaviour and crime rates are rising within the area.** Crime rates in Nottingham have increased from 2020 to 2021. Anti-social behaviour contributes to the most amount of crimes in Nottingham (30.3%) and has got increasingly worse since 2018. The Meadows is the 6<sup>th</sup> most dangerous neighbourhood in Nottingham, respectively. (Crimerate.co.uk)

Difference/change this provision will create: It has been well documented in scientific literature that sport and physical activity has a positive impact on children and young people's physical and mental wellbeing. The session will give the participants an opportunity to exercise and socialise in a fun and inclusive environment, whilst they connect and build positive inter-personal relationships with individuals from the community from varying backgrounds. Community impact reports of similar programmes have been published, with results showing that authorities have reported notable reductions in anti-social behaviour in project locations. Consequently, the programme will help towards building a stronger, safer and more inclusive community within The Meadows.

With the additional workshops, volunteering and social action opportunities available, participants will be able to **develop their skills and knowledge**, helping them to achieve their full potential, whether that be personal or professional. Furthermore, the session will provide the chance for children and young people to **access opportunities** that they may not be able to participate in otherwise. This includes attending competitions, receiving free Notts County game tickets, and gaining access to experienced and qualified coaches.

**How this difference/change will be measured/evidenced:** We will be monitoring the overall impact of our programme through participant questionnaires which will be administered at the end of the programme. We will also arrange for a group/individual discussion, with sample participants, to gain more information on the impact.

These methods will measure that participants are:

- Improving their physical wellbeing
- Improving their mental wellbeing
- Developing their skills and knowledge
- Feeling inspired and engaged
- Improving their confidence and self esteem
- Contributing to a stronger, safer and more inclusive community
- Enjoying engaging in physical activity and sport
- Progressing in other pathways (such as employment, education, volunteering)

Name of Partner:	The Lenton Centre
Age group supported:	5-10 & 11-17
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	60+
Total annual no. YP's attending:	Approx. 2,340
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly, Thursdays 5-6pm
Delivery location(s):	The Lenton Centre
Ward(s) of delivery:	Lenton & Wollaton East
Cost to YP participating:	Free
Grant amount:	£3,400

**Service/provision offered:** Term time Street dance classes Thursdays between 5-6pm 39 weeks 1 hour session aimed at children aged 5+ Qualified instructor/s to run and expand 'free to attend' sessions at an established class (currently achieving 12-15 attendees on a weekly basis. A focus on achieving goals and teamworking with regular opportunities to perform to either each other, their parents and/or the wider community.

Rationale for this provision: There is very little P&Y provision in Lenton as historically the number of children has been low due to the influx of students to the area. However, the demolition and redevelopment of the high-rise flats and Sandfield school site has led to the building of new social housing, so the number of families with children has risen again. The Lenton Centre provides affordable access to physical activity within walking distance and having activities for children in term time and in school holidays at the Centre facilitates a sense of community and brings people together.

Difference/change this provision will create: Obesity: Dance classes - Physical movement regular weekly activity Well Being: Childhood reports of loneliness and low-lever mental health issues are a nationwide problem; this extra- curricular activity will help children to build friendships and have fun with others. Social Skills: Meeting new people and mixing and learning how to interact with a wider age group. Confidence building: Learning in a supportive environment with qualified professionals and performing in front of others. Lifelong Memories: Working towards goals, gaining new skills and achieving tangible results.

**How this difference/change will be measured/evidenced:** Within the SLA between Castle Cavendish and each Play & Youth Delivery Partner the following monitoring requirements are specified:

- Capture and submission of numerical data related to the outputs & outcomes targets set for community-based provision.
- Undertaking other methods for capturing 'soft' indicators such as Case Studies, Good News Stories and Individual Evaluation & Feedback processes that will evidence development and progression such as 'distance travelled' and 'milestones reached'
- Complying with regular Monitoring & Quality Assurance visits from representatives of Castle Cavendish

Specific measurable differences will include:

- Improved inter-generational and familial relationships
- Improved peer relationships
- Better overall community cohesion
- Practical skills acquisition
- Improved decision making and understanding of consequences
- Reduction in gang and criminal activity

Name of Partner:	AKA Health, Wealth and oneness CIC
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	30-45
Total annual no. YP's attending:	Approx. 1,170+
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly, Wednesdays 7-9pm
Delivery location(s):	Wollaton Vale Community Centre
Ward(s) of delivery:	Wollaton West
Cost to YP participating:	Free
Grant amount:	£7,180

**Service/provision offered (VH):** AKA have been delivering a very successful and well-attended (ABG-supported) Youth session in Wollaton Vale for some time now and have solidified their position by building a trusting relationship with local C&YP and their families. The provision is delivered as a universal open-access youth session with a range of activities on offer such as multi-sports, music production, table tennis, pool, arts & crafts cooking projects and a number of issue-based workshops on various topics and issues. It provides a much-needed weekly opportunity for young people to meet and socialise outside of the home or school environment.

Rationale for this provision: (AKA): Wollaton West ward has some of the most startling health disparities for C&YP, with some of the city's most affluent and most deprived communities living in the area. The ward is becoming more and more diverse in its demographics and C&YP are vulnerable and at risk of ASB, youth violence, child CSE, substance misuse, Domestic Violence and many other negative influences on their daily lives. A large proportion are from new and emerging communities and require additional support with their social, emotional and physical development. Many of these young people would have previously engaged with the local authority ran youth provision delivered from the centre which has now stopped. This session aims to provide continuation of that offer where possible, given the limited funding and resources available.

**Difference/change this provision will create (AKA):** All young people have a right to socialise with their peers and a local centre-based universal youth session gives local young people somewhere to go and things to do, to make lifelong friendships and create happy, positive memories. We want young people to have the opportunity to get out of the house and engage in, doing things they don't ordinarily get the opportunity to do.

AKA are committed to helping young people lead safe and happy lives. We recognise that we that we cannot provide all the specialist support that is sometimes needed by individuals and families. Therefore, we use these sessions to refer and signpost young people and families that require additional and/or specialist support on to other organisations and relevant services.

**How this difference/change will be measured/evidenced:** We will monitor progress and provide evidence of change in the following ways:

- Enhanced capacity for positive engagement & development C&YP involved in session planning and choosing sessional activities
- Enhanced health and wellbeing of C&YP Good level of active participation in the activities on offer
- Improved technical skills C&YP acquire new skills and understanding of session's activities
- Increased self-esteem and sense of achievement
- C&YP attend regularly and introduce new friends to the project
- Improved peer/familial relationships and decision-making abilities C&YP begin to make positive choices in other aspects of their day to day lives

The quantitative outputs will be recorded as numerical data. The qualitative aspects will be captured in narrative based recordings. Both will form quarterly monitoring and evaluation reports.

Name of Partner:	Switch Up
Age group supported:	11+
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	25-30
Total annual no. YP's attending:	Approx. 1,170
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	The Portland Centre
Ward(s) of delivery:	Meadows
Cost to YP participating:	Free
Grant amount:	£5,400

**Service/provision offered:** Switch Up will continue deliver of their sessions for young people aged 10-18 years old at The Portland Centre. There will be an emphasis on non-contact boxing training and other combat sports but every session will also offer additional activities such as games, arts & crafts and chill-out areas for those young people who want to attend but don't always want to train.

The sessions are interactive and focus on specific teaching techniques on how to how to identify, react and avoid conflict, the consequences of becoming involved in violent activity, alternatives to weapons, drugs and gangs and much more as dictated by the young people attending.

Each session will include practical demonstrations and physical activities combined with question and answer sessions and group discussions. All provision is delivered by expert sport coaches and will occasionally feature input and advice from older young people with a direct personal experience of being victims and/or perpetrators of crime.

**Rationale for this provision:** Switch Up has been successfully delivering this type of activity for a number of years in the Meadows area. During that time, it has managed to deliver multiple sustainable outcomes for young people involved in the project. There is a clear shortage of viable activities for young people in the area and appropriate local facilities are severely limited or badly under-resourced.

Local children living in the area are at high risk of getting involved in crime and/or being excluded from mainstream education. In recent years, the prevalence of social media is having a major impact on the lives of young people, particularly teenage girls who become overly concerned about body image and their appearance. Our open and inclusive provision acts as a good platform for addressing these issues through building improved self-esteem using sports, fitness and self-defence activities.

Our experience of working with young people across the entire city enables us to easily identify potential issues of ASB, risk of involvement in gangs, drugs and knife crime and these activities enable us to engage, discuss and tackle these issues then provide appropriate advice, support and guidance.

Difference/change this provision will create: Our activities will achieve the following differences/changes:

- Increased coping skills, self-esteem and resilience around identified negative influences (such as exploitation, gang-grooming, radicalisation, substance misuse, ASB and crime)
- Increased awareness amongst boys and young men regarding the impact their behaviours/attitudes have upon their female peers.
- Health improvement (tackling obesity, smoking cessation, positive emotional health etc.).
- Increased levels of positive engagement with schools
- Reduced levels of youth offending and incidents of antisocial behaviour

**How this difference/change will be measured/evidenced:** Within the SLA the following monitoring requirements are specified:

- Capture and submission of numerical data related to the outputs & outcomes targets set for community-based provision.
- Undertaking other methods for capturing 'soft' indicators such as Case Studies, Good News Stories and Individual Evaluation & Feedback processes that will evidence development and progression such as 'distance travelled' and 'milestones reached'
- Complying with regular Monitoring & Quality Assurance visits from representatives of Castle Cavendish

Specific measurable differences will include:

- Improved inter-generational and familial relationships
- Improved peer relationships
- Practical skills acquisition
- Improved decision making and understanding of consequences
- Reduction in gang and criminal activity

Name of Partner:	Wild Things (WT)
Age group supported:	9-11 yrs old
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	9
Total annual no. YP's attending:	54
Total annual no. of sessions delivered:	6
Frequency of sessions:	Weekly between Sep-Mar
Delivery location(s):	Bestwood Country Park
Ward(s) of delivery:	Lenton & Wollaton East
Cost to YP participating:	Free
Grant amount:	£1,450

**Service/provision offered:** Wild Things provides environmental learning adventures, co-operative team building sessions, and Forest school programmes in the woodland environment for children and young people. All of our current team have worked as either youth or play workers with Nottingham City council, as well as run independent play sessions for children and young people.

This support would be provided by delivering 1 x block of our high-impacting Forest School nurture programme at Bestwood Country Park. The children would be chosen to participate by their schools due to being particularly vulnerable due to poor mental health, social isolation and experiencing multiple disadvantages, including poverty, S.E.N, being newly arrived in the Country, having English as an additional language, and lack of access to positive life experiences. They would be children who are not currently accessing other out of school support and who have multiple barriers to doing so, and who are therefore "hard to reach" and support outside of school time.

Rationale for this provision: These areas have an over whelming number of children who have been disproportionately negatively affected by the Pandemic (due to pre-existing social and economic deprivation) and are also struggling (with finances and time) to provide all the extra emotional and social support that is outside the family's capacity but is totally necessary for the most in need children during these challenging times.

**Difference/change this provision will create:** The main impact will be directly on the emotional, social, and physical wellbeing and inclusion of the children who directly participate in the project.

However, we would expect any changes in children's well being, social and emotional skills, and behaviour to also have positive impacts on their interactions with their school community (teachers and peer group), their families at home, and on their wider local community. We would expect to see the following positive changes:

- Increased access to enriching alternative life experiences that wouldn't otherwise be accessible to them.
- Increased access to and interest in the natural environment.
- Increased knowledge of Bestwood Country Park as a resource that families can access in the future for mental and physical well being.
- · Increased emotional well being.
- Increased confidence and self-esteem.
- An increase in social skills, friendships, and inclusion.
- An increase in physical confidence and health:
- An increase in educational inclusion;
- An increase in access to creative learning:
- Helping build positive focuses for communication between children and parents;
- Increased resilience to future challenges and safe guarding threats;

The children selected to attend will all be children who don't usually access extra support provision (i.e. play sessions or clubs) or alternative experiences out of school time and who wouldn't have visited Bestwood Country Park before or ever have been to a woods in this Country before.

How this difference/change will be measured/evidenced: We look for outcome indicators such as changes in emotional well being, social development and positive relationships, physical confidence, educational inclusion, creativity, and ability to access further alternative outdoor life experiences.

Before the start of each programme we will ask the children's support workers at school to complete and return a form to us which outlines each child's main developmental targets (if appropriate children will be consulted as part of this process), i.e. "we want child A to develop more social confidence to participate within a group setting. We would like to see child A working and playing with others (and not just alone) whilst at Forest School."

Using this information, we will plan and monitor each child's learning journey, colllating notes after each session regarding changes and observations. Teachers will be asked to fill in a reporting form (with case study) asking for feedback on each child's development. The pace and alternative safe setting of Forest School allows children, Wild Things workers and school support staff to talk together about feelings and emotional and social development.

## 3.3 Delivery Planner CYP - Play and Youth Term Time Provision

	AFTERNOON		EVENING	
MON		Switch Up Junior Boxing sessions (6-13 yrs old) The Portland Centre 4-5pm	Switch Up Youth boxing sessions (14-17 yrs old) The Portland Centre 5-6pm	AKA Open-access youth session Wollaton Vale Com Cen 7-9pm
TUES	The Toy Library Play session Queen's Walk Com Cen 3:30-5:30pm			
WEDS		Wild Things Forestry School Bestwood Country Park 4-6pm	AJ Sports Youth Club Sessions Sheila Roper Centre 5-7pm	
THURS	The Toy Library Play session Sheila Roper Centre 3:30-5:30pm	Notts County Foundation Youth Sessions Portland Leisure Centre 4-6pm	The Lenton Centre Street Dance sessions (5-10 yr olds) The Lenton Centre 5-6pm	The Lenton Centre Street Dance sessions 11+ The Lenton Centre 6-7pm
FRI				
SATURDAY				
SUNDAY				

#### 4.1 E&S - Use of ABG as contribution to salary costs

Name of Partner:	The Bridges Community Trust	
Title of post(s):	Employment Adviser	
ABG used as Local Match for ESF funded post: (YesNo)	YES	
	Nottingham Works 4You	$\boxtimes$
If yes, ESF Funded project linked to post:	Pathways to Health and Social Care	
Tick all that apply	Back2Work	$\boxtimes$
Thore all that apply	Way2Work	
Annual no. unique people supported by these posts: 200+		
Delivery location(s):	TBCT Office and various key community venues	
Ward(s) of delivery:	Meadows	
Grant amount from ABG required as salary costs / local match :	£7,159	

Service/provision offered: We (BCT) are proposing 2 delivery elements for Employment under the Area Based Grant extension

Between April 2023 and November 2023, BCT will continue to deliver universal employability support provision for local jobseekers aged 16+under the Nottingham Works For You and the Back2ork contracts utilising the current ESF match funding opportunity.

This support will be delivered from the BCT Office in The Bridgeway Centre until we move to Queen's Walk Community Centre in June, and from Meadows Library Work Club on Thursday afternoon. This will be employment support for anyone who is aged 16+. The delivery will include advice and support on job searching, cv writing, interview techniques, covering letters and volunteering opportunities and will include support in referring clients to partner organisations to get specialist support where necessary, such as benefit and debt advice and identify possible training/education opportunities.

Rationale for this provision: (VH): Despite severe organisational challenges over the past 12 months BCT have down-sized the workforce, secured new premises and adopted a "back-to-basics" approach to their work. Despite all the challenges faced they continue to have a largely positive presence within the Meadows area and retain the ability to deliver much-needed employability support to the local community.

Although the level of funding and support being offered to BCT has been reduced significantly in line with the outputs and expectations attached to the funding the offer will be conditional and subject to regular performance reviews.

**Difference/change this provision will create: (BCT)** Employment, education or training is an ideal platform to break down barriers, an opportunity for change, for career advancement and (hopefully), to become financially stable. We do this through 121 face-to-face or remote interventions, workshops, group sessions etc.

Using standards such as the Gatsby benchmarks, SWOT analysis and various theories and mythologies, we first identify any barriers participants may be experiencing with an aim to support them into sustainable employment. into education (vocational, academic etc) or training (accredited or an apprenticeship for example).

How this difference/change will be measured/evidenced: This support will give support to and provide opportunities for local residents to secure sustainable employment and allow them to move away from reliance on benefits. Training or education opportunities will increase the skills base. Sustainable employment will improve their overall health and wellbeing; it will likely increase their disposable income and will increase their confidence both in the workplace and within the local community, giving them opportunities to actively engage socially within the local community. For those with families, it will contribute to increased health and wellbeing and an overall better standard of living for the whole family. Clients will have access to computers, photocopying/printing and Free WIFI at One Stop Shop at any time during normal opening hours.

Our Nottingham City Council contracts specify outcomes such as getting a job, attending a training course, obtaining a Kickstart or work experience, joining an apprenticeship scheme, gaining basic skills etc, however, we also measure outcomes from many sources of information gained from clients and/or visitors, business partners, local support organisations, workshops, Work Club engagement or through qualitative assessment such as personal and professional reflections, feedback, diaries and interviews etc.

#### 4.2 E&S - Local Job Clubs

Name of Partner:	BELONG Nottingham
Age group supported:	Open to city residents of all ages
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	50-60 jobseekers from Area 5
Total annual no. citizens attending:	2,400
Total annual no. of sessions delivered:	48
Frequency of sessions:	Once weekly, Thursdays 1-3pm
Delivery location(s):	Meadows Library
Ward(s) of delivery:	Meadows
Grant amount:	£8,000

**Service/provision offered:** The Meadows Job Club will offer support to citizens who are looking for opportunities in employment, self-employment, learning, apprenticeship, and volunteering. The support will be delivered through open group sessions and one-to-one appointments with an Employment Advisor, where they will receive advice and develop a holistic plan focussed on making steps towards employment.

For 2023-24 the sessions will be co-delivered by Bridges Community Trust and Belong Nottingham. Both organisations have unique specialism and good engagement with the diverse communities now present in the local area.

The typical "jobclub" activities will be supplemented by additional ESOL provision delivered by BELONG as a need has emerged over the previous funding cycle. The sessions will be led by experienced Employment Advisors from both delivery partners. The programme will be widely advertised including via the library network and with local providers such as DWP and learning providers. We will also promote it through our social media pages and within Refugee Community Organisations via WhatsApp groups.

Rationale for this provision: The Meadows has been designated as part of Nottingham's Lower Super Output Areas for many years and with almost 50% of its residents coming from BAME backgrounds, it has been disproportionately affected by unemployment, investment and the Covid-19 pandemic. Data provided by the East Midlands Chamber has revealed that unemployment has decreased by 1.6 percent from 2020 to 2021 across the whole county - while the number of jobs has risen slightly by 0.7 percent. In the city of Nottingham, however, unemployment has actually gone up. Unemployment particularly affects the refugee and migrant community as they face additional barriers to obtaining employment. Cultural differences and discrimination can impact success with the recruitment process. We have ran a Job club from this location for 3 years now and we have found it to be a useful, complimentary and necessary service for residents for the following reasons:

- It provides immediate access to emergency support our customers have voiced that the barriers they have faced by local providers due to the booking system for help, often means not getting the help immediately
- Local citizens have stated that the Hyson Green Library is an appropriate venue as it is easy to access and well known.
- The service is within their locality so they do not need to travel far to access support and operating a drop-inservice means they can easily access support from qualified and experienced advisers
- It provides a calm space with access to internet and various job opportunities so that they can take the time to complete applications with support on hand if need be.

Difference/change this provision will create: This provision will make the following differences to participants lives:

- They will gain a better understanding of the UK labour market and feel more prepared and therefore more confident when making job applications and attending interviews.
- Those who wish to enter further education or start apprenticeships will have a better understanding of the options available to them and be able to make informed choices about their future career.
- People will access specialist advice and emergency assistance on issues not related to employment through effective signposting.
- Employment rates amongst the refugee and migrant community will increase as participants are supported and guided through the process of looking for work.

Support with employment will be located close to where they live increasing the likelihood of engagement with the services as travel costs will not be a barrier to attendance at appointments.

How this difference/change will be measured/evidenced: We keep written records of every person who engages with the service and the outcome of each appointment with the careers advisor. This could be a range of different outcomes including: supported to complete CV, completed application, referred into external specialist service, referred to training course, provided with advice on employment opportunities etc. We will then monitor the outcomes so that we can evaluate the different types of support and advice provided.

Name of Partner:	The Lenton Centre
Age group supported:	16+
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	40-45
Total annual no. citizens attending:	520
Total annual no. of sessions delivered:	26
Frequency of sessions:	Weekly, Saturdays 10am-12pm
Delivery location(s):	The Lenton Centre
Ward(s) of delivery:	Lenton & Wollaton East
Grant amount:	£2,550

**Service/provision offered:** We've been running ESOL classes successfully since coming out of lockdown, with regular attendees and a talented tutor able to relate, communicate and support the students. TLC would like to continue to offer it's free, community ESOL classes for adults, in the local community. Led by a contracted, qualified ESOL tutor, (Anna Jacinska) the class runs on Saturday mornings for 2hours. The class is now established with regular attendance, clear evidence of impact and is supported by two neighbouring schools, the African institute for social development, university of Nottingham, and Nottingham Arimathea trust who refer new members regularly.

Rationale for this provision: The Lenton ward lacks (free, community) ESOL opportunities and the sessions at at TLC meet this need. TLC would like the opportunity to continue to offer projects that benefit the local community and develop TLC's reputation as a 'community centre' rather than just a swimming pool or gym. TLC provides a comfortable, friendly community space for people to learn within. Our ESOL classes promote community interaction, be it between TLC and local families, TLC and local schools, local families (the clients). Having members of the community improving their English at a TLC ESOL class greatly improves their employability, encourages better social communication in the local community, therefore further enhancing cohesion between community groups. Not only this but the current waiting time for (accredited, paid for) ESOL in local colleges is approximately 6 months thus having free community opportunities to practise English would break down a barrier for (some) NG7 residents accessing education. Holding ESOL classes at TLC brings new people into The Lenton Centre, opening up supplementary local opportunities for them, and additional potential customers for TLC. As it would be community, non-accredited (at this time) ESOL, classes are 'open to all'.

Difference/change this provision will create: TLC ESOL classes provides conversation English support to new and emerging communities locally, specifically African and Eastern European. TLC ESOL classes would reduce isolation by encouraging participants to take part in a group activity. TLC ESOL classes would encourage community cohesion, particularly between families whose first language is not English and other local residents. TLC ESOL classes would support people to improve their communication skills and become part of a 'community centre'. This in turn encourages the improvement of overall general health and wellbeing. Improving an individual's feeling of 'belonging' is particularly beneficial for one's emotional and mental health. TLC ESOL classes would provide a training/re-skilling/education opportunity for local residents. TLC ESOL classes would provide local volunteering experiences and encourage the improvement of communication skills, thus maximising opportunities (be it volunteering or employment) of clients in the future.

How this difference/change will be measured/evidenced: Performance of VCS partners will be managed in-line with our P&Y and E&S delivery partners. They will be set project specific quantitative outputs and outcomes targets in the same way and performance against these agreed targets will be monitored on a quarterly basis. For example, our weekly informal ESOL providers will need to ensure an agreed number of sessions are delivered to a certain amount of learners but will not be measured on reaching a certain standard of English, that will be measured in a more qualitative approach i.e. such as case studies and good news stories.

### 4.5 Delivery Planner E&S – Activities delivered by posts funded by ABG inc Local Match funded

	MORNING	AFTERNOON	EVENING
MONDAY	TBCT (One-Stop-Shop) 9:30am-1pm:	TBCT (One-Stop-Shop) 1:30-4:30pm:	
mond, ti	One to one support sessions to clients by	One to one support sessions to clients by	
	appointment signed up to NW4Y Project,	appointment signed up to NW4Y Project,	
	including CV's, job searching, interview	including CV's, job searching, interview	
	techniques, confidence building, signposting	techniques, confidence building, signposting	
	where necessary to partner organisations for	where necessary to partner organisations for	
	specialised support such as benefits and debt	specialised support such as benefits and debt	
TUESDAY	TBCT (One-Stop-Shop) 9:30am-1pm:	TBCT (One-Stop-Shop) 1:30-4:30pm:	
102027(1	One to one support sessions to clients by	One to one support sessions to clients by	
	appointment signed up to NW4Y Project,	appointment signed up to NW4Y Project,	
	including CV's, job searching, interview	including CV's, job searching, interview	
	techniques, confidence building, signposting	techniques, confidence building, signposting	
	where necessary to partner organisations for	where necessary to partner organisations for	
	specialised support such as benefits and debt	specialised support such as benefits and debt	
WEDNESDAY	TBCT (One-Stop-Shop) 9:30am-1pm:	TBCT (One-Stop-Shop) 1:30-4:30pm:	
112311232711	One to one support sessions to clients by	One to one support sessions to clients by	
	appointment signed up to NW4Y Project,	appointment signed up to NW4Y Project,	
	including CV's, job searching, interview	including CV's, job searching, interview	
	techniques, confidence building, signposting	techniques, confidence building, signposting	
	where necessary to partner organisations for	where necessary to partner organisations for	
	specialised support such as benefits and debt	specialised support such as benefits and debt	
THURSDAY	TBCT (One-Stop-Shop) 9:30am-1pm:	TBCT (One-Stop-Shop) 1:30-4:30pm:	
	One to one support sessions to clients by	One to one support sessions to clients by	
	appointment signed up to NW4Y Project,	appointment signed up to NW4Y Project,	
	including CV's, job searching, interview	including CV's, job searching, interview	
	techniques, confidence building, signposting	techniques, confidence building, signposting	
	where necessary to partner organisations for	where necessary to partner organisations for	
	specialised support such as benefits and debt	specialised support such as benefits and debt	
FRIDAY	TBCT (One-Stop-Shop) 9:30am-1pm:	TBCT (One-Stop-Shop) 1:30-4:30pm:	
	One to one support sessions to clients by	One to one support sessions to clients by	
	appointment signed up to NW4Y Project,	appointment signed up to NW4Y Project,	
	including CV's, job searching, interview	including CV's, job searching, interview	
	techniques, confidence building, signposting	techniques, confidence building, signposting	
	where necessary to partner organisations for	where necessary to partner organisations for	
	specialised support such as benefits and debt	specialised support such as benefits and debt	

## 4.6 Delivery Planner E&S – Local Job Clubs

	MORNING	AFTERNOON	EVENING
MONDAY	BELONG Lenton Job Club Radford & Lenton Library 10am-1pm *session is funded from Area 4 Budget so details do not appear in this plan but is open to Lenton Residents*		
TUESDAY			
WEDNESDAY	BELONG Informal ESOL Class Venue TBC 9-11am		
THURSDAY		BELONG & Bridges Community Trust Meadows Job Club Meadows Library 1-3pm	
FRIDAY	BELONG Informal ESOL Class Venue TBC 9-11am		
SATURDAY			The Lenton Centre Community ESOL provision The Lenton Centre, Willoughby St 10am-12pm

#### 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	Castle Cavendish
Annual no. unique groups supported:	20-30 local VCS groups & Organisations
Total annual no. of sessions delivered:	N/A service is Mon-Fri 9-5pm
Delivery location(s):	N/A
Ward(s) of delivery:	Covering Meadows, Lenton & Wollaton East and Wollaton West
Grant amount:	£8,458

**Service/provision offered:** Castle Cavendish will continue to provide one-to-one advice and support for local VCS bodies, groups and organisations:

- To help individuals to develop an idea for a community project or activity, supporting them with the best way to take that forward, either setting up a community group, CIO, CIC or entering a partnership with an existing organisation
- To support individuals or groups with the process of setting up the right legal structure.
- Helping VCS groups to research funding applications, drafting applications, proofreading applications.
- Helping VCS groups to develop sound and succinct monitoring reporting for funders and stakeholders.
- Helping VCS groups with drafting or updating their policies and procedures
- Helping VCS groups with drafting role descriptions and supporting them with recruiting issues
- Supporting Management Committee Members, Directors or Trustees with issues around staffing, conflicts etc

#### Castle Cavendish will also provide:

- Networking meetings to increase cross-fertilisation of ideas and improve integrated working.
- Regular topic based workshops where a common interest has been identified or to share best practice.
- Regular e-bulletins to all our delivery partners and the wider VCS.
- Attendance at community events, AGM's or important VCS group meetings.
- Signposting to other relevant organisations, such as training or business support.
- Connecting people through our links with the Universities, Tenants Associations, Nottingham City Homes, etc.

**Rationale for this provision:** Supporting groups in this way will assist in developing a more resilient and robust VCS, able to cope with the challenges that we face in a post-covid landscape.

Importantly, individuals who have a passion for a community activity need direction and advice as how to make this a reality, thereby releasing local energy and enthusiasm, and increasing the area's social capital. As we are very familiar with the existing community-based activities, we can guide them through the process of setting up a community group or other legal structure or we can suggest collaborating with another similar organisation.

From a funding perspective, existing organisations who are concentrating on delivering their activities often do not have the expertise or the time to devote to seeking out other funding or means of generating an income. By providing the direct support customised to their requirements, the VCS can reshape itself to deliver provision into the future. In addition, most funders or sponsors will require VCS groups to have up-to-date policies, in line with legislation and good practice. Without this support, local VCS groups will struggle to receive external funds.

With our knowledge of venues and organisations in the area, we can encourage organisations to work together better, make best use of our local community centres and resources.

#### Difference/change this provision will create:

Organisations will:

- be set up with good foundations on which to build their community activities and services
- appreciate what time they will need to commit and what resources they will need to ensure their success
- learn how to put together a good funding application
- understand the importance of continual monitoring their activities
- understand what else is being provided in the area so that they can avoid duplication/competition rely on a cohesive and supportive network

#### How this difference/change will be measured/evidenced:

- Number of groups supported, including new and emerging groups
- Number of groups supported with funding applications
- Number of existing VCS groups 'in crisis' supported and assisted
- Local VCS events attended (AGM's, community workshops, topic based forums, provider networks)
- Number of e-newsletters produced and circulated.



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

The Renewal Trust

AREA COVERED WITHIN APPLICATION

Area 6



1. LEAD ORGANISATION		
Main contact	Cherry Underwood/Nic Williams	
Position/role	CEO	
Telephone number 1	0115 911 2226	
Telephone number 2	07765 242618	
Email	cherry@renewaltrust.org.uk nicw@renewaltrust.org.uk	
Organisation / Office address	27-31 Carlton Road St Ann's Nottingham NG3 2DG	

### 2. Grant Allocation

Name of Organisation	Term time Children and Young people £	Match Funding (if any) £	HAF Children and Young people £	Employment and Skills £	Match Funding (if any) £	Small Group Support £	Other fees
Management Fee							10050.95
Contingency							20723.52
STAA	5707.80						
Epic (Hillview and Oliver Hind) £5405.01.00 per venue	10810.02						
Ignite Science	5841.00						
Skate Nottingham	5103.40						
Greenway	10500.36						
SEND	10210.20						
Nottingham Forest Community Trust and Lord Taverns	10530.00						
Bestwood Partnership				32570.00			
The Renewal Trust						21537.75	
TOTAL FUNDING SPEND	58702.78			32570.00		215737.75	30774.47

#### 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	St Anns Community Orchard
Age group supported:	8-12 year olds
Annual no. unique YP's supported:	30
Total annual no. YP's attending:	15 CYP / session X 19 sessions
Total annual no. of sessions delivered:	27
Frequency of sessions:	Weekly during term time
Delivery location(s):	St Ann's Community Orchard
Ward(s) of delivery:	St Ann's
Cost to YP participating:	Suggested donation 50p
Total Grant requested:	27 sessions at £211.40/session Total £5707.80
Cost Per YP	Suggested donation 50p
Match funding amount(s):	To be decided
Match funding source(s):	To be decided (unrestricted funds)

## Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

27x 1.25 hr After school sessions on St Ann's Community Orchard, a wild green space with 14 plots on St Ann's Allotments with fire pit, woodland area, pond, stream, growing area, straw bale building even a mountain to climb!

Sessions will run between February half term and October half term.

With spaces for 15 children (in line with our risk assessment and nature of the space) between the ages of 8-12 years old, targeted from the local community.

Sessions will be led by 2 experienced Forest school trained staff who have an understanding of the needs of these children and young people.

Sessions will provide a safe inclusive green space with child led activities including den building, arts and crafts, fireside activities, bug hunting, planting, growing, and cooking on a fire or in our earth oven, maps and exploring.

At the end of each session there will be the opportunity for children to direct the activities that happen the following weeks.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

We would like to continue delivery of our after school sessions. Feedback from children and parents indicated sessions had a positive impact and they wanted them to continue. Our numbers are good despite at times the weather.

"this is the only after school session my daughter goes to, she has dropped out of all the others, she's been really anxious but is happy to come here"

St Ann's is a vibrant multi-ethnic inner-city community in the top 2% of deprivation nationally, whose population has increased 36% in the last ten years high numbers of children living in poverty and high levels of unemployment and health inequalities. Sadly, the cost of living crisis has brought additional challenges to lives that are already marginalised, intensifying family strain and mental & physical health difficulties.

The Community Orchard provides a safe, green therapeutic space for children to relax and run off steam. There is a growing body of evidence of the benefit of being outdoors for children. Studies agree that children who spend time in nature are happier, smarter, more attentive and less anxious than their counterparts.

Food poverty is chronic in St Ann's, with foodbank usage at all-time highs. Families have a much reduced range of food choices, which has knock-on impacts on obesity and mental and physical

health. We want to support a new generation to take a delight in growing, cooking, eating and sharing food from all their diverse cultures and cuisines

This is a community of low aspirations and high unemployment. Children will feel engaged in activities, building their aspirations and self-esteem. Sessions will provide opportunities to develop their new skills and interest as well as navigate friendships in a supportive environment a major part of social development.

What the children want will be key to the success of this project, their involvement in the decisions around what this project can offer them will be discussed at the end of each session to ensure their needs are being met. Our good numbers over the colder weeks reflect the positive impact the sessions are having, they enjoy being there!

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

Evidence of the therapeutic benefit for children and young people of being outdoors is well documented. Time spent in a natural environment can reduce stress and improve mental health and wellbeing. Ultimately this will have a positive impact on the social and emotional development of children.

Many of the children who have attended the afterschool sessions have additional needs, anxious finding friendships difficult, increasingly so post Covid. Over the weeks, as they keep coming back you can see their confidence building, friendships start to develop, they feel part of something.

Activities and the skills they learn are replicable in their homes and local parks, affordable. Taking children away from screens and allowing them to be children, being active, out in the fresh air, getting muddy!

As the children's confidence grows they discover they can do things. Building up self-esteem enables children to progress in other areas of their lives, their learning, aspirations and resilience.

Growing, picking, cooking and eating fresh organic produce will allow children make healthy choices and contribute to their own physical wellbeing and future practical life skills. Attendance on these sessions provides further opportunities for the whole family to attend Community Days, Holiday play sessions, Toddler group: with further volunteering opportunities on all of our STAA projects (Food growing, Heritage and Urban Nature ) and to join our steering group comprising of local people again directing how this space can be used. Providing positive, affordable experiences for the whole family.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

These sessions will allow children to become independent, following their own interests. Many parents share how their children are struggling and their concerns about transition to secondary school, we will measure this through feedback from both children and parents.

For a child to be able to relax in this environment, challenge themselves to try new things, increase their self-esteem, the building blocks for learning. Observe and measure the challenges they have overcome. We will measure this by monitoring child's moods acknowledging how they feel be aware and encourage their contribution they make as to what happens next time. We want them to leave with a smile on their face, though this is not always possible.

Child B often arrives at the session frustrated and angry, staff check in with him, he regularly chooses activities that enable him to get that energy out physically and is then able to move on.

Enables children to learn to manage risks; whether crossing a stream, using tools or cooking on a fire. Encourage the child to see what they have achieved.

They will improve mental and physical wellbeing. Children noticing themselves how being outside in a green space can take away some of that anxiety, to feel free from the stresses of life, they then can then find their own places in parks to find some inner calm. Observe how the children feel at the end of the session

By taking away some of the stress, conflict within a family will be reduced. Measured by talking with parents. Learn to manage friendships in a supportive environment. With plenty of space for everyone. Observe relationships.

Providing new healthy eating options, by learning about growing, cooking and eating, sharing food with others in a social environment, life skills for the future. Opportunity to try new things, to take away produce they have grown to cook at home.

Introduce family and friends to the Orchard and allotment site to further opportunities, volunteering, community days, play sessions, toddler groups so the whole community can benefit. Improve the wellbeing of the community. Inviting families to join our steering group so they can direct what this community space provides. Uptake on Steering group, measurable.

Name of Partner:	Epic Partners
Age group supported:	5-17
Annual no. unique YP's supported:	280
Total annual no. YP's attending:	2400+
Total annual no. of sessions delivered:	78
Frequency of sessions:	Weekly
Delivery location(s):	Oliver Hind Youth Club, Hillview Community Centre
Ward(s) of delivery:	Sneinton, St Ann's/Mapperley
Cost to YP participating:	FREE
Total Grant requested:	£10,810
Cost Per YP	£38
Match funding amount(s):	
Match funding source(s):	

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Epic Partners will continue with their ABG provision based at Hillview Community Centre in St Ann's /Mapperley and Oliver Hind Youth Club in Sneinton. We will continue to improve and adapt the sessions to accommodate what the children, young people and parents have expressed they would require throughout the delivery. These weekly projects will engage over 280 unique children and young people from a diverse range of backgrounds, Hillview Community Centre will have regular attendance of 20 – 30 per week and Oliver Hind Youth Club will have a regular attendance of 50-60 young people.

Due to the success of delivery in 2022, Epic Partners would like to continue the merge of both Play and Youth provision at Hillview into one 2-hour session where children and young people are both in attendance. We believe that this will build on positive communication amongst the participants at the sessions and within the community and provide a buddy system where children and young people will build lasting positive relationships with their peers, where mutual respect and trust is present. By

having the sessions merged, older siblings and peers may accompany their younger siblings to the sessions and join in instead of missing their youth session as they are responsible for their siblings to get to and from the session. During these sessions the children and young people will have the chance to engage together as a large group and also have age specific delivery that will complement the aims and objectives of the sessions.

For the Play provision we will provide: A range of different creative arts and sports and activities with a focus on skill development, raising activity levels, well-being and most importantly, having fun. The children will have the chance to experience a wide range of sporting activities where they can discover/rediscover a passion for a range of sport and build confidence within their ability. The young people will have the chance to support the children and become young leaders at these sessions. The young leaders will learn key life skills such as effective communication, dealing with dilemmas, regulating emotions, and leading by example. These are transferrable skills that will support their personal development throughout their young lives through to young adulthood.

For the Youth provision we will provide: A range of different sports and activities for them to support skill development, raising activity levels and increase enjoyment in sport and activity. The young people will have the opportunity to take part in a range of sports as well as games and activities chosen by them.

A major aspect for Epic Partners is that our staff are from and still live in the local community. Staff have the knowledge and experience that cannot be taught, this is only obtained by life experience living and growing up in the community. Our staff have the upper hand by having experienced, reconditioned, and now take pride in giving back to their community and help others overcome their struggles. All staff have completed mental health awareness and mental health first aid training provided by Mental Health UK. Additionally, all our staff have completed the Covid-19 Awareness course that helps support and keeps children and their families safe. Through our strong relationships and local knowledge Epic Partners target those that are out of reach to other organisations. We provide a wraparound package that supports the whole family both in schools and in the community, providing pathways for a positive future. Epic staff members are classed as role models who support, guide, and inspire the young people to be the best version of themselves, we draw out the positives within children and young people and encourage them to reach for the stars.

The delivery plan will be as follows:

Friday 5-7pm – Oliver Hind Youth Club

- Sports delivery
- Arts and Crafts
- Informal discussions and group sessions about their lives
- Young leadership teaching
- Life Skills (cooking, hygiene, taking care of themselves, money management etc)

#### Wednesday 5-7pm - Hillview Community Centre

- Sports delivery
- Arts and Crafts
- Informal discussions and group sessions about their lives
- Young leadership teaching
- Life Skills (cooking, hygiene, taking care of themselves, money management etc)

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Children from St Ann's and Sneinton are typically born into disadvantage, life chances and opportunities are significantly reduced - there are low levels of social development, attainment, confidence, self-esteem and aspiration. Domestic violence, substance abuse and debt are prevalent and there are high levels of need for behavioural and emotional support.

Many children experience multi-generational unemployment and apathy and underachievement. Drug and alcohol misuse are an accessible means of escape from negative and traumatic life experiences. It can be incredibly difficult to break the cycle of deprivation/social exclusion without skilled intervention and support. As a result, local schools report children are at risk of school exclusion, with unmanageable and negative behaviours, disengaging from school and with a lack of social and emotional skills.

The closures of play and youth provision within the local area continues with many providers having limited money or resources due to cuts, especially after the Covid-19 pandemic. This leaves children and young people with reduced opportunities to experience play and activity within their community. Epic Partners have been running community based diversionary play opportunities and activity sessions for over 15 years in the St Ann's and Sneinton area. Our staff have knowledge and experience working with children and young people through our work in schools and in the community.

We have gained a strong link and reputation with the community and our other play and activity sessions are well attended.

Epic Partners have delivered sessions for children and young people within the St Ann's and Sneinton community, we have had success within these sessions as well as across Epic Partners diversionary programmes.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

This project will continue to give the participants a safe place to be themselves, voice any concerns they have and enjoy fun and inclusive sports activities. We will build their activity levels and wellbeing by demonstrating that we 'EPIC' are always here to support, encourage and listen even when you have lost faith or belief within yourself or peers. We will help to redevelop the respect and trust that is lost between the community and local authorities and demonstrate that not all projects, mentors, or help as an expiry date. At Epic Partners we will always be that safe place for you to just be you.

The more time a child spends on positive play activities, the less time spent on negative behaviour. These activities will give positive opportunities to the children and young people that would not normally be able to attend or access provision due to lack of money or the ability to get there. Staff will ensure that all positive behaviour is praised and therefore children will raise their self-esteem, aspirations, and enjoyment where they had none before. Play activities such as these will give a child the opportunity to escape the potential negativity of home life and just have fun and play with other children. Positive engagement in these activities will support a child to re-engage in school - staff will empower them to recognise that they can transfer newly learned skills to the school and community environment.

Children and young people will have the opportunity to take part in a variety of play, sporting, creative activities, young-leadership teaching, mentorship, life skills and experiences that will inspire them and help keep them healthy. Through consistent participation children and young people will have the chance to develop socially, develop their attainment, confidence, and aspiration. Children and young people are encouraged to participate by staff that are known, trusted and are positive role models.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We will provide timely reports, case studies, photos, videos, and an annual report for the Renewal Trust and ABG. We welcome Renewal Trust and ABG staff and trustees to visit sessions and meet the children and our staff so you can feel and experience first-hand the amazing work and support being provided by the ABG funding for the children and young people who live in area 6. Our monitoring systems track attendance and what activities participants access through registers and registration forms. Staff monitor behaviour at sessions, both positive and negative and look at patterns and trends. This informs staff to work with those that have persistently negative behaviour and work with them on a one-to-one basis to address their issues or anxiety. We will gather feedback from other organisations, schools and parents to inform us of positive behaviour changes in children and young people. Staff will also use tools like restorative practice, reflection and report cards (including positive reports) which will give a visual representation of the behaviour of the child allowing them to see the progress they have made.

We will complete informal baseline questionnaires and surveys with the children to gather information on their aspiration levels, aims and ambitions. Through consistent attendance and increased opportunities we will see an increase in aspiration at the mid and end point surveys.

Name of Partner:	Greenway 616
Age group supported:	5 – 13 also 1 – 4 volunteers ages 14 - 19
Annual no. unique YP's supported:	125
Total annual no. YP's attending:	30 - 65
Total annual no. of sessions delivered:	39
Frequency of sessions:	Every Wednesday during term time
Delivery location(s):	Greenway Centre
Ward(s) of delivery:	Area 6 Dales ward
Cost to YP participating:	50p but many cannot afford to pay
Total Grant requested:	10500
Cost Per YP	£1.75 includes an evening meal
Match funding amount(s):	
Match funding source(s):	I have applied to Boots for £10k

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it. Greenway 616 are seeking funding to deliver 39 weekly sessions from 1<sup>st</sup> April 2023 – 31<sup>st</sup> March 2024. We are offering the following activities;

- Creative arts, gymnastic and dance and multi-sports are the core offers across the programme, we also offer baking classes and a forest school.
- A meal and refreshments during every session, tackling food poverty in the home.
- Access to targeted mental wellbeing sessions, offered by specialist 'forest school'.
- Pastoral care/support- within the youth club, we see an over representation of children in care, those on the 'edge of care' and those with Special Educational Needs and Disabilities.
- Provide a safe and stimulating environment in which young people can thrive.
- Engender positive feelings towards the Greenway Centre and the local community and encourage a sense of belonging and involvement.
- Many of our young people have limited experience or opportunity to try new sporting and creative activities. They have many ideas, but few resources to enable them to enact these ideas. We also find that having a schedule of special days/treat activities gives young people a chance to step out of the known space around them.

Around 98% of young people who attend the provision access free school meals and many families currently live in food and fuel poverty. We provide an evening meal and refreshments at each session and young people get the opportunity to take any surplus food anyway with them or we gift them to parents when they come to collect their children, this helps alleviate food poverty in the home.

Staff have over 80 years combined experience of working with young people and live in the local area and are well aware of the challenges that many families face, for many, Greenway is an extension of their family. Over the past few years, we have seen an increase in young people who have had a diagnosis of autism or ADHD and some of these young people can be challenging. We ensure we have enough staff on site to deal with any outbursts which may arise.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Greenway Centre sits within Super Output Area E01013921 which is ranked in the top 10% for child poverty in the UK. Extensive cheap housing by private landlords attracts many poor families to the area. A large proportion of these families are from various countries and do not hold English as their first language and may observe different religious and cultural customs. Successful integration therefore becomes important for everyone's happiness and welfare.

Sneinton has many single parent families, isolated families and parents who work long and unsociable hours in low paid employment. Local young people have desperate need of coming into contact with positive role models and mentoring opportunities. Due to the pandemic and a rise in the costs of living and fuel many families are now living in food and fuel poverty. Having a safe space for their children to play and having access to an evening meal helps alleviate this burden.

As an area of high unemployment, there is a considerable need to raise young people's aspirations and discourage a worrying trend towards truancy and antisocial behaviour. Every activity that runs in the centre enables young people to be positively rewarded for good behaviour from trusted adults in their community i.e. centre staff and volunteers.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

Greenway consistently works with young people experiencing chaotic home lives, little or no parental supervision and poor nutrition. These young people have little knowledge of close relationships with adults and typically experience difficulty establishing positive relationships with their peers. For this group any experience of the world beyond the confines of their immediate neighbourhood is extremely rare; this is an area in which there is a prevailing sense of hopelessness. There are few expectations of future employment and there is little to encourage a more aspiring outlook. As children reach teen year's they are increasingly drawn into gang culture and the racial tension that now dominates street-life. The neighbourhood police attribute much of the anti-social behaviour, including drug and alcohol abuse, to boredom and the lack of opportunity for meaningful social engagement.

We believe that by offering these activities/sessions at an **early age in their development** we can help steer young people away from a life of crime. By giving our young people opportunities to experience activities outside of area 6 (such as day trips, trips to the seaside and taking them to the pantomime) we are showing them that they can achieve and that positive things are open to them.

Greenway is happy to report that 6 of our young people who used to attend club as young children have gone on to university, of these 6 young people, four of them continue to work either on a Wednesday evening or during the holidays. We want this for all our young people and will continue to support them and their families for as long as we can. We hope to continue our successful volunteering programme for those who still want to attend after they reach the age of 13.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We feel that by offering these programmes the benefits to young people are as follows;

- **Sense of belonging**: Greenway has been successful at channelling boisterous/aggressive energy encountered in some young people into creative and sporting activities and encouraging withdrawn members to participate more actively. Greenway is intentionally friendly and informal; it offers a contrast to the school environment which children can find difficult or intimidating.
- Increased engagement in positive activities with experienced staff, mentors and positive role models. Social exclusion is a common experience of young people and their families in area 6. The right to engage in play and recreation is one that, according to the UN Convention on the Rights of the Child, most defines what childhood is. Most families in the area do not have funds to enable their children to take part in extra-curricular activities and this has only been heightened by the current pandemic. All our young people have a say in the activities we provide and this is why attendances are so high.
- Increased access to mental wellbeing support for children and young people. Forest school
  has been designed to encourage children to get out of the confines of their neighbourhood
  and weather permitting we like to spend as much time as we can outdoors.
- Encouraging **crime reduction** and **community safety** by reducing risk of offenses in deprived areas by engaging in positive activities.
- Promoting **lifelong learning** and supporting disadvantaged communities by giving them access to positive and enriching activities.
- Children having access to food and refreshments alleviating food poverty in the home.
- Improving family relationships by supporting not only the young person but the family as a whole, often signposting to other services. Often giving food parcels to help those families who tell us that they are struggling.
- Increasing self-esteem by seeking out those young people who are shy or less likely to want to take part in activities by working with them and if they feel up to it, taking a lead in an activity.
- Parents trust us to look after their children and as such confide in staff if they need help or support with things such as benefits, health or mental wellbeing. Which can often alleviate any tensions in the home.

These sessions also forge **positive friendships and relationships**, some of which can last a life time

Name of Partner:	Ignite Futures Limited
Age group supported:	Play (5-10)
Annual no. unique YP's supported:	Accommodate 15 children per session
Total annual no. YP's attending:	450
Total annual no. of sessions delivered:	30
Frequency of sessions:	Weekly
Delivery location(s):	St Ann's Valley Library
Ward(s) of delivery:	St Ann's
Cost to YP participating:	Free
Total Grant requested:	£5,841
Cost Per YP	£12.98
Match funding amount(s):	<ol> <li>Facility hire – library (two hours per week X 30 weeks @ £15 per hour = £900).</li> <li>Volunteer time (one volunteer per week X 30 weeks X 2 hours X £10 per session = £600).</li> <li>CREST Awards for participants (£3 per child X 15 children = £45). This is an awards scheme run by the British Science Association.</li> <li>Additional activities delivered by partners e.g., STEM practitioners, academics, experts, students, staff from Universities (10 sessions per academic year X 4 hours X £25 per hour = £1,000).</li> <li>Total Match Funding Per Academic Year = £2,545</li> </ol>
Match funding source(s):	St Ann's Valley Library - Value in Kind     Volunteers' time and expertise - Value in-kind     Nottingham Festival of Science and Curiosity     Partners' time and expertise - Value in Kind

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Ignite! Will deliver a weekly two-hour Creative Sparks after school club for children (5-10 years old). The sessions will be delivered by the Ignite! programme team, with the support of volunteers. The Creative Sparks sessions will encompass a wide range of activities designed to develop children's creativity and curiosity; engineering activities with recycled materials, storytelling, drama games and play, exploration of nature and environments, science experiments and invention challenges. Our work addresses children's developmental needs holistically through the activities we deliver (SPICE – social, physical, intellectual, creative and emotional). The sessions will be delivered at the St Ann's Valley Library from 3.30 till 5.30pm on Mondays.

We will work with external partners, such as researchers, staff and students at University of Nottingham and Nottingham Trent University, to deliver one-off sessions or several week-long projects to enhance the exploration of specific areas. We will work with our partners in the Nottingham Festival of Science and Curiosity to complete CREST projects with children, who will receive CREST award certificates from the British Science Association as a result.

Some previous examples of activities include:

Introductions and Science Busking - get to know each other and understand the children's interests to shape future sessions. This feeds into what we do throughout the project.

Drawing Animals and Exquisite Corpses – used drawing instruction sheets for children to follow and create their own characters. Development as we looked at books of animals and evolution using the 'story in a box' to introduce ideas of creating animals for the future. An 'exquisite corpse' activity to collaboratively generate ideas about how animals might develop and evolve in future. Created the character 'Big Feet' a creature with the head of a rabbit, the body of a suited human and 8 legs leading to giant feet.

Future Zoo and Imaginary Zoo - we showed children examples of creatures they may never have seen by taking in taxidermy animals for them to look at. We discussed the animals, where they lived and how they have evolved to live in each environment. Inspired by these we made drawings of ideas for an 'imaginary zoo' - showing fantastical ideas of how animals might evolve and a 'future zoo' - showing ideas of how animals might evolve in changing environments. Drawings were collected and presented in the library. Each creature had a name and story of its own.

Clay Creatures - Introduced new materials and built clay models.

Dioramas - We painted the clay models from the previous session and created cardboard dioramas as backgrounds, to show each creatures' environment. Children wrote descriptions of their creatures so we could display this with their work.

#### Child Centred approach

The activities are developed by Ignites! Programmes Team each week or over a series of sessions in response to the children's interests and skills development. Adapting the activities through this child centred approach gives the children ownership of their learning, raises self-belief and stimulates their own unique interests, touching on all areas of social, physical, intellectual, communication and emotional development. Working in this way develops their confidence and communication skills as they adapt to different tasks and take leadership in sharing their skills with the wider group.

#### Communication

During each session, we begin with simple catch up questions that circulate around the group e.g. 'what is your favourite fruit, place, holiday, toy, game?' These questions are to welcome new participants, introduce themes for that day's session, grow confidence in sharing with the wider group and start conversations between the children - reminding them this is a creative and social space as well as for learning.

Often we set tasks for the children to work in smaller groups, with different people each session and with mixed age groups. This develops their team working, negotiation, emotional regulation, communication and leadership skills. They have to resolve disagreements to create outcomes - learning how to work together and present their ideas to the wider group.

#### **Creative Learning**

Over the course of the year we have covered a variety of subjects and themes using different creative learning techniques e.g.: Thinking about evolution through animal model making, discussing environmental change through world building and storytelling, developing practical and engineering skills with tasks such as; bridge, raft, and nest building, exploring the solar system by making models, paintings, drawings and writing about different planets and how we might inhabit them. This year we have delivered a series of sessions focused on developing STEM skills through activities from the CREST Award scheme. We break up each session with a physical activity like; yoga, dancing, stretching and other exercise to allow the children to release some energy and refocus on tasks.

#### Celebrating achievements

At the end of each term we organise sessions to end with a celebration of the group's achievements and work produced. These have included; performances, singing, dancing, storytelling, costumes, exhibition displays in the public library and parents involvement. This gives the children an opportunity to communicate their learning to adults and for parents to understand creative ways of learning different subjects. It also gives them a chance to see their interests being platformed publicly to an audience.

Rationale for this provision: *Identify why this activity has been included within this application.*Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

This activity plan is based on work we have previously delivered with children in the area over several years including at The Brendon Lawrence Sports Centre holiday club and through the Curiosity Project we delivered in partnership with The Renewal Trust in 2018, as well as our work through the ABG more recently.

We explored the use of curiosity-based activities in the attainment of youth and play outcomes. Throughout these projects Ignite! has developed a wide range of activities to nurture, sustain and harness the creativity and curiosity of children experiencing multiple disadvantages. Our evaluation of the Curiosity Project found that 73% of participating children made significant or some progress towards the outcomes of improved confidence, communication and pride/self-belief; the most successful age range for this programme was 5–11-year-olds.

Children we have worked with in Area 6 over the years have responded well to creative activities which promote curiosity. These kinds of activities are not regularly available in their locality, due to a lack of cultural and creative opportunity. Our sessions are an outlet for children's inquisitive minds and innate curiosity. Being able to deliver these sessions regularly over a long period of time will enable Ignite! to further demonstrate clear links to improved intellectual, creative and social development in participating children, as well as to nurture the specific interests and talents of children.

Ignite!'s links to local staff/students at universities who want to engage with local communities provides opportunities for children in Area 6 to engage with topics, equipment and researchers that they do not normally have.

We offer a unique, attractive alternative to the many sports deliverers who work across Nottingham. This USP means that children gravitate to our work as it meets the needs of children who want to explore different kinds of activities.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

Increased Confidence - A key area for development will be in children's confidence across a range of areas; asking questions and being curious, expressing their own ideas, creativity and expertise, trying new activities, taking a lead and working with others.

Increased / Improved Communication Skills - These sessions will develop children's ability to communicate; listening to others and cooperating in groups, understanding instructions, putting their own ideas forward, discussing and explaining concepts to their peers, engaging with new adults they haven't met before and developing a wider vocabulary which will help language development and progress at school.

Increased Pride/Self Belief - Participating in these sessions will develop children's pride and self-belief; children will develop perseverance through problem solving activities, experience 'failure' and 'success' in a safe environment, develop their own outputs to champion their work in their community, receive certificates for completing projects and discover new skills/talents.

Children who are confident, can communicate well and who have self-belief are safer, happier and more empowered children. This development will have an impact on children's lives at home and in school as well as in the community.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We will collect a range of different information to evidence the outcomes. This will include using photographs and videos of sessions to highlight key moments in the programme e.g., certificate sessions, presentations.

Videos, photos and artworks produced by the children themselves will be collected as evidence of children's developing confidence, communication and pride/self-belief. These will be used as exhibitions in the library and for marketing purposes to showcase the children's work.

Session leaders will complete session diaries to monitor changes in individual children over the course of the programme. This will provide a record of observed developments in children.

We will conduct short interviews/feedback forms with children to understand their experiences of being involved in the sessions. We will conduct short interviews/feedback forms with parents/carers to understand the impacts of the sessions on the development of their child's creativity, curiosity, confidence, communication and pride/self-belief in their wider lives including at home and in school.

Name of Partner:	Skate Nottingham CIC
Age group supported:	7-10 and 10-17 (combined groups with differentiated 'play' and youth development elements)
Annual no. unique YP's supported:	100
Total annual no. YP's attending:	120
Total annual no. of sessions delivered:	Based on number of term weeks for: summer term 2023, starting Monday 17 April, ending Friday 28 July with x1 week half-term (delivery on Friday/Saturday) (13 weeks with no delivery on 28th/29th July); Autumn term 2023, starting Friday 1st September ending Wednesday 20th December with x2 weeks half-term (14 weeks with delivery starting on 1st/2nd of September and no delivery on 22nd/23rd December); and Spring term 2024, starting Thursday 4th January, ending Thursday 28th March with x1 week half-term (11 weeks with no delivery on 29th/30th March)  = 38 weekly sessions, April 2023-March 2024
Frequency of sessions:	Weekly (term time)
Delivery location(s):	Brendon Lawrence Sports Centre and King Edward Park skatepark
Ward(s) of delivery:	St Ann's
Cost to YP participating:	Free
Total Grant requested:	£5,103.40 Previous 2022-23 ABG £158 per session, with a 15% reduction, this is £134.30 per session, x38
Cost Per YP	£51
Match funding amount(s):	£9,710
Match funding source(s):	Sport England (2023 small grant) (also UK SPF Communities partnership will mean no Brendon Lawrence hire fee)

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Skate Nottingham CIC will deliver term-time weekly skateboarding sessions at Brendon Lawrence Sports Centre in the first half of the Summer term (up until half-term); a few weeks into autumn term (before half-term) and all of spring term - with delivery at King Edward Park during the period of warmer/drier weather in the summer and early autumn terms.

The total number of sessions will be: x13 in the summer term; x14 in the autumn term; and x11 in the spring term (x38), based on the duration of school holidays (including half-terms) and the starting and ending day of each term (with session delivery occurring at the end of the week).

For participants aged 7-10, coached skateboarding will be generic large group (10-30 participant sessions) 'play' sessions, including movement skills/physical literacy and introductory 'creative club' elements (drawing, painting, photography); whilst 10-17 year olds will engage with more focussed 'Edu-Skate' life-skills/positive youth development, with enhanced 'creative club' elements (including filming/film production and ramp design). The UK SPF grant held by the Renewal Trust in partnership with Notts Forest Community Foundation and Trent Bridge Cricket Club, alongside Skate Nottingham, will enable us to deliver this combination of play and youth development within the parameters of an expected 15% cut on 2022-23 funding (from £158 per session to £134.30 per session).

We have Public Liability insurance as part of our Skateboard GB membership and separate Employer's Liability and Professional Indemnity cover with Zurich. A new Sport England small grant of £9,710 has just been awarded, for 10 months starting in April 2023, covering dedicated 'progression' coaching for a small cohort of more advanced young people (who had been attending sessions since March 2022), alongside coach development and adult 18+ delivery. This progression coaching is not available free-of-charge anywhere else in the UK.

We are applying for additional small grant funding, including from UK Youth and Awards for All, to cover school-holiday provision during this period.

The total cost requested includes:

- Two trained coaches per session (both with Enhanced DBS, child safeguarding training, first aid for sport, and Skateboard GB 'Get Rolling' coaching awards) at £11 an hour for x2 hours per week, for 38 weeks.
- One administrator (with potential to extend employment of current Kickstart postholder with additional grant capture/fundraising) for one half day (4 hours) per week for data monitoring, safeguarding oversight, coach coordination and continuous curriculum improvement at £11 an hour for 38 weeks.
- Programme material preparation and delivery for Edu-Skate and Creative/cultural (film, photography, zine making and design/visual arts) elements, plus communications and marketing (flyer production and social media campaigns, creation of free EventBrite booking pages etc) by the Skate Nottingham Head of Creative Programmes.

Each 2-hour weekly session would be on a Friday afternoon, 4-6pm and then Saturday morning, 10am-12pm — with change of times linked to Brendon Lawrence to King Edward Park venue change in the summer, and informed by previous experience and monitoring/evaluation.

We have enough skateboards and helmets to accommodate 20 children (without their own kit) participating at once each session, or 30-40 with kit shared between participants (and/or rotation of cohorts between skateboarding, arts and life-skills activities). Following our exchange sessions with international NGO Concrete Jungle Foundation in February 2022, we have been delivering CJF's 'Edu-Skate' Youth Development programme in each of our weekly sessions since 26<sup>th</sup> March 2022. Edu-Skate focusses on a different life skill each session (e.g. perseverance, self-confidence, team-work etc.). We will also award the new Skateboard GB 'Cruiser' Progression Award in Foundation-Level skateboarding (similar to Bikeability or Learn to Swim) at no extra cost to those young people who attend sufficient sessions to demonstrate the x6 core functions consistently (balance, pushing, stance, turning, stopping and safety).

Starting in autumn 2022, we began weekly 'Creative Club' sessions for participants after/during skate sessions, funded by a digital development grant from The Mighty Creatives. A sub-set of skateboard session participants aged 10-17 engaged with a different creative discipline each week, linked to their skateboarding. Since March 2022, more than 220 local young people have now engaged with an Edu-Skate and/or Creative Club session.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

We have been delivering skateboarding sessions and wider youth engagement programmes in Sneinton, St Ann's and the Sneinton Dale area since summer 2017, and have now had more than 3,200 participants - which has given us good insight into the challenges experienced by local children, young people and families. These include lack of opportunities for physical exercise (exacerbated by the Covid-19 crisis and subsequent Cost of Living Crisis); lack of good role models (including older young people); lack of provision delivered by/with women, BAME and LGBTQ+ session leaders; and wider health and socio-economic inequalities affecting the area (most SOAs in Sneinton and St Ann's are in the bottom 3 deciles on the IMD).

During our 2022-23 Sport England, HAF and ABG delivery, we noticed additional barriers to consistently engaging local children/young people in active lifestyles and wider extra-curricular development:

- 1) children from lower income households often lack their own kit and/or resources to travel to pay-toplay facilities, or own low quality 'toy' standard skateboards which inhibit learning and enjoyment (all our equipment is professional standard and free to borrow); and
- 2) digital exclusion limited awareness of free weekly provision in St Ann's (an estimated 30% of households in Nottingham City lack access to either a stable home internet connection and/or a web enabled device). This meant that many families locally remain unaware of this provision.

Our proposal for the ABG is therefore consistent, 38 week term-time packages of provision, taking place at the same time/same venues each week, and always free of charge – with sufficient capacity to accommodate all attendees (whether registered in advance or not) – enabling no-commitment 'drop in' attendance. Frequent attendance will be incentivised and rewarded through access to our new Sport England-funded small group progression coaching – which is available free-of-charge to participants for the first time in the UK (to date progression coaching has only been available in pay-to-play indoor skateboarding facilities in a small number of towns/cities).

Skateboarding has been shown to be particularly effective in engaging young people from lower socioeconomic backgrounds, including those not engaged by mainstream club or team sports. Skateboarding also has unique potential to engage young people in arts education and wider social and personal development.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

The three biggest changes associated with our proposed provision are healthy/active lifestyle habits; mental health/wellbeing; and new peer groups with positive role models.

Sport England's newly released *Active Lives Children and Young People Survey* report, which shows that although average sport and physical exercise rates for young people have now recovered since COVID-19, inequalities have widened – especially by gender and ethnicity. Nottingham lags the national average in children's health and physical activity, with 23.2% of Year 6 children in the city classified as obese (compared to 20.2% nationally).

During our 2022-23 delivery, almost half of our participants were girls and 60% categorised their ethnicity as Black, Asian or other ethnically diverse group - demonstrating that our skateboarding provision is making an important impact in addressing inequalities in local young people's access to sport and physical activity; as well as wider engagement with the arts and creative practices.

Sport England have identified skateboarding as a potential 'activator' sport – meaning participation can help instil long-term exercise habits and, even if the child does not pursue skateboarding further, can increase participation in and enjoyment of other sports. The new 'Cruiser' Award, which we are delivering to children taking part in our ABG provision, draws significantly from an understanding of Physical Literacy and movement skills - so our provision will have positive spill-over benefits on local children's wider exercise

habits, with likely benefits for long-term health (helping to address Nottingham's significant health inequalities).

Impacts of COVID-19 and the ongoing Cost of Living Crisis on the mental health of children and young people have been significant, and this has been more harmful amongst low income and BAME communities - household groups that are significantly over-represented in Area 6. Skateboarding is fun, has been shown to improve mental health (e.g. O'Connor, P., 2022) and connects young people to a sense of community and positive identity.

Finally, our work in Sneinton and St Ann's since 2017 has increased our awareness of the challenges such as the lack of good role models, exposure to crime, anti-social behaviour and lack of free or low cost activities, both for younger children aged 7 to 10 and for older children and teenagers. Our skateboarding sessions are safe, fun and help reduce risk taking behaviours by helping children learn about different risk factors ('safety' is one of the core functions of the 'Cruiser' Award, and includes decisions made around peer groups/ people young people trust). With Edu-Skate, we will be purposively focussing on children's understanding of what setting a good example means, the importance of celebrating others' achievements and the effectiveness of learning from and teaching peers - helping to establish positive new peer groups (and thus reducing the grip of 'toxic' peer groups that can develop in school or in local areas where children have less choice in who they associate with – exacerbating exposure to risk taking behaviours, ASB and crime). Our coaching team are also diverse, including women, LGBTQ+ and BAME coaches and volunteers – helping young people from diverse backgrounds "see it to be it" and raise aspirations, reduce social isolation and form meaningful relationships to people from different backgrounds; within a safe, risk-assessed environment.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We measure our impact quantitatively and qualitatively.

We have robust participant registration processes, enabling us to collect both unique participants and repeat session attendance, analysing by demographic group (including gender, ethnicity and age) and post-codes linked to area-based data such as the IMD, to ensure a high local proportion of participants (and to constantly modify our provision to ensure this). We also ask all participants to provide data on their usual level of physical activity/exercise, enabling us to benchmark our cohort against the Active Lives survey. We will thus be able to measure the following changes:

- Change in participation amongst priority groups (girls, children from BAME backgrounds, children from the most disadvantaged areas according to the IMD, children who were inactive at the start of the programme, children with SEND or other needs); and
- Change in usual levels of weekly physical activity and thus impact on wider exercise habits.

We have a consent question, based on Sport England Guidance, on photography/filming asked of all parents/carers as part of session registration. We re-check this consent prior to any Creative Club filming or photography activities, with an affirmative 'opt-in' principle (i.e., we do not assume consent for a child/young-person to be filmed/photographed unless it is expressly provided by the parent on registration and then re-confirmed prior to the specific activity).

Qualitatively, we will work with the 8 other Edu-Skate pilot organisations worldwide to collect and share insight (within rigorous ethics and GDPR protocols) on the qualitative impact of the life-skills programme on participants self-confidence, self-efficacy, aspirations etc. The Edu-Skate method itself is conducive to evaluation (participants are helped to reflect on learning at the end of each session, having collectively set objectives at the start). This will enable us to comment on:

- Change in self-described self-confidence, self-efficacy and attitudes towards peers; and
- Change in aspirations (including attitudes towards school, how this links to longer-term future ambitions and short-term goal setting).

Name of Partner:	Nottingham Forest Community Trust and Lord Taverners
Age group supported:	Ages 8 – 16
Girls / Boys / Mixed offer:	Mixed
Annual no. unique YP's supported:	150
Total annual no. YP's attending:	3830
Total annual no. of sessions delivered:	39 x sessions
Frequency of sessions:	4 x session per week
Delivery location(s):	BLSC and Greenwood academy
Ward(s) of delivery:	Mapperley, Dales & St Ann's
Cost to YP participating:	£0.00
Grant amount:	£9600.24
Match funding amount(s):	£0.00
Match funding source(s):	£0.00

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Offering a universal youth club provision. Wickets and Kicks use the power of football, cricket, sport and activities, Nottingham Forest Community Trust, Lord Taverners and The Renewal Trust will inspire a diverse range of young people across the different locations. Kicks and Wickets Youth Club is a free programme, giving 8-16 year-olds the opportunity to take part in sports and activities, while engaging the young people in diversionary activity. These sessions will also offer support and direction to other activities and support on offer in the area.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Needs some stats to support number of young people. Also mention of reduction in services by NCC and the impact of that plus the disconnection and fragemented relationships yp have as a result of the pandemic

The PL Kicks and Wickets Youth Club programme inspires children and young people to achieve their potential and improve their wellbeing; working together to build stronger, safer and more inclusive communities. With a mission statement to: Use the reach and appeal of the Premier League, professional football and cricket clubs to regularly engage children and young people of all backgrounds and abilities in activity and personal development – providing a trusted, positive influence.

#### Aims are to:

- Increase playing, coaching and officiating opportunities
- Enhance physical and mental wellbeing, including self-esteem, ambition and social skills
- Strengthen communities with a culture of volunteering, social action and positive role models

   supporting education, training and employment pathways
- Work in partnership with young people, the police and other stakeholders to support the younger generation with the societal challenges they face (e.g. youth violence) and to improve community safety
- Inspire young people to develop positive, supportive relationships with one another and the authorities

Promote integration and champion equality, diversity and inclusion

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

This project will give the participants a safe place to be themselves, voice any concerns they have and enjoy fun and inclusive sports and activities. We will build their activity levels and wellbeing by demonstrating that the staff and organisations are always here to support, encourage and listen even when you have lost faith or belief within yourself or peers.

The more time a child spends on positive activities, the less time spent on negative behaviour. These activities will give positive opportunities to the children and young people that would not normally be able to attend or access provision due to lack of money or the ability to get there.

Staff will ensure that all positive behaviour is praised and therefore children will raise their self-esteem, aspirations, and enjoyment where they had none before. Activities such as these will give a child the opportunity to escape the potential challenges of home life and just have fun and play with other children. Positive engagement in these activities will support a child to re-engage in school - staff will empower them to recognise that they can transfer newly learned skills to the school and community environment.

Children and young people will have the opportunity to take part in a variety of play, sporting, creative activities, young-leadership teaching, mentorship, life skills and experiences that will inspire them and help keep them healthy. Through consistent participation children and young people will have the chance to develop socially, develop their attainment, confidence, and aspiration. Children and young people are encouraged to participate by staff that are known, trusted and are positive role models.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships;

The main change we see within Kicks and Wickets Youth Clubs is an increase in confidence. This affects children's lives in so many ways including communication, understanding, better participation in schools, improved family relationships and friendships

As well as increased confidence, an increase in self esteem and self believe will be evidenced and support them in engaging more positively in home and school environments

In addition, we aim to create a change in understanding of the wider world and their role as individuals play in it and that they have choices.

We will provide timely reports, case studies, photos, videos, and an annual report.

Our monitoring systems track attendance and what activities participants access through registers and registration forms. Staff monitor behaviour at sessions, both positive and negative and look at patterns and trends. This informs staff to work with those that have persistently negative behaviour and work with them on a one-to-one basis to address their issues or anxiety.

We will complete informal baseline questionnaires and surveys with the children to gather information on their aspiration levels, aims and ambitions. Through consistent attendance and increased opportunities we will see an increase in aspiration at the mid and end point surveys.

Name of Partner:	SEND Project
Age group supported:	10-17
Annual no. unique YP's supported:	120
Total annual no. YP's attending:	850-1000
Total annual no. of sessions delivered:	39
Frequency of sessions:	Weekly
Delivery location(s):	Greenway Centre
Ward(s) of delivery:	Dales
Cost to YP participating:	50p
Total Grant requested:	£10,210
Cost Per YP	£85.08
Match funding amount(s):	£53 p/w / £18 p/w (£2,730)
Match funding source(s):	People's Health Trust / Youth Music

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

The provision will be a weekly open youth club based at the Greenway community centre for young people aged 10 - 17. Currently the service runs from 5.30pm - 8pm every Thursday during term time.

It provides a variety of activities each week from within the broad areas of cooking, arts & crafts, music studio and instrument tuition. It also provides sports and games access and a chill out room meaning that each week there are usually 5 distinct areas where young people can engage. Activities are planned in advance with our young leaders (youth) forum each half-term, where they make decisions on how their budget is spent and see this in action. This ensures young people are at the heart of decision making for their club. The forum also meets every 4 weeks or so to discuss other matters and make other budget decisions. A portion of the budget (£700) is reserved for a trip

that the young people decide on and for a specialist activity that is delivered by external providers, e.g. martial arts, boxing, street dance.

The weekly sessions are delivered by a core team of experienced youth workers and mentors, including an ex-service user from the Roma community. They are supported by our volunteer team, all of whom are provided with an excellent CPD programme. We try and recruit local volunteers where possible, ensuring that those volunteers have inclusive opportunities to upskill themselves in knowledge, understanding and in practical skills that meet the needs of both the team members and the young people that attend the youth club sessions. For example professional boundaries, behaviour management, mentoring training.

As part of our ethos, to improve community cohesion and to demonstrate the positive activities that the local CYP engage in, we put on regular (2 or 3 per academic year) open events. These are designed in consultation with our young leaders and encourage family members of all ages to attend (must include one adult if bringing younger siblings). As with last year's programme, our last open event was a Harvest Festival themed event in October. This included inter-generational games, karaoke and food for everyone. It attracted over 150 visitors. Our next community open event will take place after the Easter holidays. Again, our young leaders and volunteers will run at least one community event. Historically we have used the Dales Centre as a base for this and it has proved very successful.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

Since 2012, SEND Project has been working daily with young people with a variety of SEND diagnoses in its alternative provision work. The senior leadership team has developed robust holistic working practices, policies and procedures as a result. This translates to a strong culture of safeguarding and mentoring. Young people are supported by a team work plan, which moves in a staged process described below:

- 1 provide a safe and welcoming environment
- 2 encourage participation of all children and young people (CYP)
- 3 support CYP to access IAG / additional holistic support
- 4 identify and encourage CYP showing a keen interest
- 5 support above CYP to develop skills
- 6 support those CYP in identifying and accessing further support / opportunities

The activities and events are designed to bring the community together and provide a safe space for young people to find their voice, develop their friendships and explore their creativity. It's amazing how many young people we work with are unfamiliar with even the most basic of culinary techniques (e.g. putting together a sandwich), so the cooking sessions really do build confidence in the kitchen. The knowledge and skillsets of the staff provide a foundation for holistic support such as sexual health advice, post 16 guidance, healthy relationship discussions; key areas of young people's lives that may not be topics of discussion at home. All 6 of the youth session delivery team are C-Card trained.

The centre is welcoming to wheelchair users and our one regular young person who uses a wheelchair is considered when planning activities. Our team is LGBTQ+ positive, planning in relevant celebration events throughout the year. Recently our youth forum chose to spend some of their budget on flags that represented the diversity of the young people at the youth club; they included a rainbow flag with additional brown and black coloured stripes. Historically the youth sessions SEND Project provide have attracted a majority of Roma young people.

Our diverse staff and volunteer team also includes members who are LGBTQ+, are on the ASD spectrum and have a variety of ADHD and dyslexia diagnosis. Additionally, four of the core staff team currently have training in ADHD and Autism awareness; two of which work daily with YP with SEND in an educational setting.

We feel that our staff team is not only able to empathise with and understand some of the challenges that our young people are facing, but that the demographic is also representative of the young people themselves.

With each weekly session we try to include a theme that is related to seasonal events, anniversaries or celebration days. Information will be made available or activities will be connected to these themes. For example International Women's Day is celebrated by a large scale collage art activity. Cooking sessions may celebrate world cuisine or cultural festivals. National science is marked with interactive science experiments. The sessions also regularly provide information, advice and guidance around ETE; CV writing, Employability and further education research. Mental health awareness, Autism and ADHD, Health and wellbeing, to name but a few. Because our youth forum help to decide on the sessions and the themes, our young leaders have had a voice and input into these sessions.

Our community open events enable us to provide inter-generational opportunities for community cohesion and for the young people of the Dales ward to show their parents / carers / grandparents and younger siblings what community cohesion is. These events also allow the parents / carers to see them engaging and contributing to something positive in their community.

As part of our long history of working in the youth and education sectors, we regularly work in partnership with NCC, CGL, Boxlab, NGY, CAMHS, CYPPN, Children and Families direct and many other appropriate youth and families based organisations. We also liaise regularly and work in partnership with the local police, schools and parents and carers to ensure there is a holistic and inclusive approach to the safeguarding and support that is provided to all CYP that attend the youth sessions. As well as having training in the following areas, the senior team has years of experience in supporting young people and their families via CSE, CCE and child protection conferences.

Where appropriate, we provide additional support to young people who are struggling to engage in the universal youth sessions, e.g. through demonstrating significantly disruptive / risky / inappropriate behaviour. Giving them an opportunity to engage in some restorative reflection with one of our mentors thus enabling them to return to the sessions and avoid finding that their behaviour once again is deemed as inappropriate / unacceptable (within the context of the universal sessions).

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

Our youth club provides a safe space for some of the area's young people who are most reluctant or least likely to engage with services (also known as hard to reach). Sneinton has a richly diverse population, being placed in the heart of the Dales ward, we are situated in an area with a significant Czech / Roma population. Historically, this community can be insular and suspicious of statutory involvement. Sessions continue to build wider friendships between the YP from the Roma community and those from other ethnic backgrounds. Over the course of the last decade, our youth club has become one of the few places in the community where the Czech / Roma youth feel comfortable to attend. This has enabled us to provide (much needed) links and holistic support that focuses on personal, social and moral support, fosters positive relationships between the Czech / Roma youth and other diverse BAME youth that live in the Dales ward, but the area of South Sneinton in particular.

Furthermore, in giving all local CYP access to our 6 stage process of creative and holistic support, these sessions provide opportunities for the local young people to access development opportunities, particularly musically. Many young people have explored their musical selves via instrument sessions, production workshops or recording sessions and have then gone on to access our more in-depth music mentoring programme, funded by Youth Music. Cooking sessions promote

healthier choice options, teaching vital food skills and environmental considerations. Our skilled and trained mentors (trained in C-Card, CCE, CSE. FGM, Safeguarding) identify safeguarding concerns / additional needs and make referrals to children and families and other local services (e.g. CGL, CAMHS) where early intervention or targeted support may be required.

Our young leaders' forum provides an empowering opportunity for the local young people to have a voice and feel a sense of pride in how they contribute to their community. Having previously led on deciding on specialist activities, trips and (most recently) the creation and decoration of the Chill Out room, our young leaders have stamped their identity on their youth club. The room, which is decorated in LGBTQ+ and BAME positive flags, is a symbol of why our young leaders forum was created; to enable the young people of the Dales ward to have a sense of belonging, giving them' responsibility within their own community.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We regularly (every half-term) engage our CYP in completing short surveys that enable us to gain information on how the CYP feel about the sessions and what difference the sessions make to their lives. This has been a really successful method of checking in on the difference our session makes to them.

#### Our survey includes;

- I am able to have a say in how the project activities are designed,
- I am satisfied with the amount of control I have over decisions about the project.
- I am meeting new people
- I am making new friends

This enables us to check whether or not our young people feel like they are listened to and if we are helping to increase the opportunity to improve community cohesion within the Dales ward. The increase in relationships of diverse ethnic groups is identified through the ethnicity monitoring of young people accessing the youth sessions. The improvement in life skills gained in cooking sessions is evidenced by the participation in the activity. Numbers / names of participants are recorded each week,

The participation and engagement of the young leaders in the youth forum demonstrates increased self-efficacy, the belief that they have a degree of control and influence on their lives and that of their community. As well as completing regular surveys (as mentioned above), our young leaders also engage in regular consultation and reflection activities that enable reflection on what is going well, what issues they would like addressed / themed sessions and what would help them in their role as young leaders. This increases our youth voice and demonstrates the growth of the empowerment of our young people.

Our termly reflection and planning meetings, attended by staff, volunteers and young leaders, always include project evaluation, asking the team to respond to four questions each time; my favourite moment, what is working, what we would like to improve and something that would help me in my role. This provides the whole team with the opportunity to reflect on, discuss and give feedback on how everyone feels the project is doing. In turn, this generates actions such as provide / source training, improve resources, include a certain theme or provide a certain activity. These seem small but this practice enables us to ensure that our project remains inclusive of all and increases the upskilling, development and growth of the team and in turn the project.

## .3 Delivery Planner CYP - Play and Youth Term Time Provision

	MORNING	AFTE	RNOON		EVEN	IING
MONDAY		3.30	Science - 5.00 ns Library			
TUESDAY					EPIC 5.00 – 7.00 Hillview Community Centre Ransom Road	
WEDNESDAY			STAA Communit Orchards 3.30 – 5.0	3	Kicks/Wicketz 5.30 – 7.00 BLSC	Greenway 5.00 – 6.45 Greenway Community Centre Sneinton
THURSDAY			SEND 5.30-8.00 Greenway Community Centre		ACE Cricket 6.00 – 8.00 BLSC	Kicks/Wicketz 6.00 – 8.00 Nottingham Academy – Greenwood
FRIDAY					Kicks/Wicketz 6.00 – 8.00 BLSC	EPIc @ Oliver Hind 5.00 – 7.00
SATURDAY	Skate Nottingham 10.00 – 12.00 BLSC/King Edward Park					
SUNDAY						

#### 4.1 E&S – Use of ABG as contribution to salary costs

Name of Partner:	The Bestwood Partnership
Age group supported:	16 +
Women / Men / Mixed offer:	Mixed
Annual no. unique citizens supported:	100 (ABG) 10 (NW4Y)
Total annual no. of sessions delivered:	8 sesions per week x 50 weeks (400)
Frequency of sessions:	Weekly
Delivery location(s):	Determined by The Renewal Trust -otherwise as stated within timetable
Ward(s) of delivery:	Area 6
Grant amount:	Listed above (32,570)

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Service/provision offered: We will deliver individual support sessions to people seeking employment, either from a position of being currently unemployed or in some cases already in jobs with few prospects who wish to improve their work situation. This will benefit 100 (ABG) people in total, supported towards work. This activity will focus on people not eligible for ESF-funded projects who would otherwise miss out. These sessions are Currently based at St Ann's Valley Library, The Dales Centre and The Chase Neighbourhood Centre in the context of work clubs, which are approx. Three hours per session, we estimate that 15 of these people will move into sustainable employment and 20 into further training or adult education. The Bestwood Partnership employs professional advisors who have long experience in working with residents to help them address their education and work needs, and the current team are themselves local people who personally understand the customer base they will be working with. All the elements of preparation for employability are included, helping people from initial assessments through to appropriate training, CVs, job applications and support into taking up appropriate job offers. We always follow up people who have started work to ensure that the first few months consolidate their position, which ensures sustainability from the point of view of the job starter.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

The ESF Employment offer centres on people aged 16 - 24, so there is a lower attention to 25+ customers, especially since the Youth Employment Initiative Extra project ended in April 2021. The ABG Work will meet the needs to work with people 50+ and females, those Economically inactive, long term employed, BAME, LGBTQ residents that has been noted by the local employment and Skills Group. Provision to assist especially older adults to secure permanent, sustainable jobs, jobs with the local authority alongside other opportunities, transferable skills being applied to the job search process, specialised employment, all of these have come up as priorities from local knowledge, research and experience. The number of hard-to-reach clients in the area who currently need support, CV support, ex-offenders who are under-supported, people from ethnic minority groups who often fall under the radar, low level basic skills among people in the area disproportionately. If such support as this is not forthcoming, there is a general negative effect on the financial status and well-being of local residents who can remain in a cycle of unemployment and deprivation

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve people's lives.* Be succinct and talk about significant change only, do not provide a list of changes.

The most significant differences this project will make is people gaining sustainable work. Even before that goal is achieved, self-esteem is improved, with a long-term positive impact on the ability to gain, sustain and re-apply for new, better jobs, such that individuals end up in the mainstream of employability and employment.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'referred into an employment programme and not the overall result, eg 'engaged with CV writing'

Meetings to track results, monitoring, attendance at Partnership EVENTS. The progress of individual participants will be retained and such information supplied to demonstrate the real impact of the project.

Note: The Area Based Grant budget doesn't allow for Jobs fairs independently however commitment from the Bestwood Partnership will ensure that when local Jobs fairs/ week of action are within catchment / direct transport areas these will be supported and attended by Community Employment Advisors to help raise the profile of services available to support participants.

We also network with Employers to create local opportunities in the form of mini fairs and targeted audiences to achieve outcomes within Employment & Skills (This is preferred by Employers to large scale Jobs Fairs).

## 4.6 Delivery Planner E&S – Local Job Clubs

	MORNING	AFTERNOON	EVENING
MONDAY	Chase Neighbourhood Centre 9am -4.30pm	Chase Neighbourhood Centre 9am -4.30pm	
TUESDAY	St Anns Valley Centre 9.30am-12.30pm The Dales Centre 11am -1pm	Chase Neighbourhood Centre 1pm -4.30pm  Community Hub Sneinton 1.30-3.30pm	
WEDNESDAY		The Dales Centre 1.30pm – 3.30pm	
THURSDAY	St Anns Allotment Visitor Centre 9am -11am	Brendon Lawrence Sports Centre 11.30am -1.30pm	
FRIDAY			
SATURDAY			
SUNDAY			

#### 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	The Renewal Trust
Annual no. unique groups supported:	40
Total annual no. of sessions delivered:	No of network sessions 24
Delivery location(s):	Flexible: Area based, teams, zoom and other locations
Ward(s) of delivery:	St Ann's, Dales & Mapperley
Grant amount:	21537.75
Match funding amount(s):	
Match funding source(s):	

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

The Renewal Trust uses its position as the local community anchor to support Area 6's providers, community and voluntary groups through multiple layer of support. This may be in providing a comprehensive community bulletin on a bi weekly basis, in bringing likeminded groups together to work collaboratively and building partnerships. Co-ordinating and hosting networks such as the Health & Wellbeing and Children & Young People all help develop a stronger, more connected area and community sector.

The Renewal Trust aims to be as flexible as possible in order to be responsive to need, recognising the value of the voluntary and community sector in being flexible and also the impact of the pandemic on local provisions.

The networks (which ones) bring together a great partnership of working – name some of the partners to give a sense of the partnership?

Lt:

- Success
- Partnerships
- Requests for support
- Funding news
- Area News
- Actions for the wider area partnership

The Renewal Trust also offer providing information and advice concerning:

- Setting up and running a group
- Identifying suitable funding opportunities
- Helping committee members, trustees and directors understand their roles and responsibilities
- Developing policies and procedures
- Free or low-cost training opportunities
- Helping to promote voluntary sector jobs and community events
- Recruiting and supporting volunteers

The Renewal Trust is also an umbrella body for DBS and provides this at low cost to groups, organisations and individuals, thus removing a barrier to those wanting to volunteer, gain employment or seeking employment.

Rationale for this provision: Identify why this particular activity or method of delivery has been included within this application. Consider locally, what support is evidenced as being needed by local VCS groups and organisations.

Area 6 has a rich and diverse community and voluntary sector, contributing to the local economy and fills in the gaps that are not provided for by the public or private sector.

We are seeing the longer term impact of the pandemic, with increased cost of living and subsequently poverty and debt is steady increasing. It is essential for us to keep our community connected, engaged, valued and recognised. The community events and activities and partnerships that are established through this programme, will continue to rebuild our fragmented social relationships and connections across the area. It will look to lever in support and engagement from other partners locally and from across the City, to support the wellbeing of the communities of St Anns Dales & Mapperely.

Nottingham's voluntary organisations, community groups and social enterprises can make a real difference to local neighbourhoods. They can instil a sense of local pride, improve local environments and build a feeling of community. Volunteering is a great way for people to increase their employability by learning new skills, can help improve health and help build confidence (which sometimes helps them face other challenges in their lives).

Grassroots community organisations often provide much needed support in their community. They are run by local people for local people. This means that they often achieve engagement and trust that public sector providers struggle to gain, thereby encouraging the local people have a say in local decisions that affect them and tackle local issues such as ASB and poor health outcomes.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

Voluntary organisations and community groups often don't have the capacity and resources enjoyed by the public and private sector. This can be a barrier to them growing and thriving. Working in partnership provides that extra support.

The support The Renewal Trust offers provides these groups with information and practical help to develop. This increases their viability and success which then benefits the wider community.

The Renewal Trust coordinates the following networks:

- Area 6 Children and Young Peoples Network
- Area 6 Health and Wellbeing
- Area 6 hardship network
- More in common networks

These networks are cross sector and provide opportunities for local providers to learn about national or local research and updates, best practice guidance. Networks are held every two months and help members develop skills and contribute to strategic planning and delivery of services.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

RT monitors all group support work and outcomes. Providing reports on:

- Number of Health and Wellbeing, Children and Young People, Employment Skills Area partnerships networks delivered in total
- Number of Health and Wellbeing, Children and Young People, Employment Skills Area partnerships network members in total
- Number of Health and Wellbeing, Children and Young People, Employment Skills Area partnerships connections in total
- Number of sign ups to the Area Bulletin
- Number of Community Grants provide to the community
- Number of organisations support with DBS



# Nottingham City Council

# Voluntary and Community Sector Funding 2023-24

# AREA BASED GRANT Delivery Plan

NAME OF PARTNERSHIP LEAD

The Renewal Trust

AREA COVERED WITHIN APPLICATION

Area 7



1. LEAD ORGAN	1. LEAD ORGANISATION		
Main contact	Cherry Underwood/Nic Williams		
Position/role	CEO		
Telephone number 1	0115 911 2226		
Telephone number 2	07765 242618		
Email	cherry@renewaltrust.org.uk nicw@renewaltrust.org.uk		
Organisation / Office address	27-31 Carlton Road St Ann's Nottingham NG3 2DG		

### 2. Grant Allocation

Name of Organisation	Term time Children and Young people £	Match Funding (if any) £	HAF Children and Young people £	Employment and Skills £	Match Funding (if any) £	Small Group Support £	Other fees
Management Fee			_				4316.48
Contingency							6177.85
Clifton ABC	8000.00						
Step out stay out	8000.00						
Summerwood community gardens (age 5-10)	3960.00						
Summerwood community gardens (age 10-17)	3960.00						
Bridges community trust				18000.00			
The Renewal Trust						9249.60	
TOTAL FUNDING SPEND	23920.07			18000.00		9249.60	10494.33

#### 3.1 CYP - Play and Youth Term Time Provision

Name of Partner:	StepOutStayOut & ARB's Angels CIC
Age group supported:	7 to 16
Annual no. unique YP's supported:	Current Friday session 35/40
Total annual no. YP's attending:	Current Friday session 1,680
Total annual no. of sessions delivered:	39
Frequency of sessions:	Current 2 per week, Increase to 3
Delivery location(s):	Farnborough School, Clifton, NG11 8JW
Ward(s) of delivery:	Clifton East
Cost to YP participating:	Friday, recently introduced £2 charge
Total Grant requested:	£8000.00
Cost Per YP:	Current Fridays: £3.85 per YP
Match funding amount(s):	0
Match funding source(s):	0

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Delivery is via myself Pete and two other assistants, one being Chelsey and a volunteer. The delivery is called the Schools Out Friday Kickabout, lasting 90 minutes and its designed simply to engage the young people to come and simply play in a controlled and safe environment. The players play a Round Robin Tournament with set or mixed teams. Enhancing their abilities and game understanding and enforcing the importance of healthy lifestyles whilst importantly meeting new people. This session started with under 10 players and has grown to an average of 35 turning up with regularity. We now propose to have detailed mentoring conversations around personal and estate issues, also in particular rising ASB on the estate and help to steer the young people away from that nonsense.

We wish to deliver another evening of futsal sessions also based on the above format. It will be for two hours indoors at the same facility. We have offered to engage these sessions on a weekend evening to help address a big rise in ASB on the estate. We propose to enter teams within a local futsal league and also support the education of young people to be able to become qualified leaders. We wish to hire a facility and staff to be able to deliver youth club type session where young people can gather to socialise and form friendship groups. The intention is to create a youth forum also that can be lead by young people.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

We know the facts are that many of these children are not in clubs and are not because they are deemed different. Some are dismissed because they are not seen to be good enough or are challenging. A lot of them can find it hard to engage and follow instruction and lack concentration skills. We know that some of the young people have also been running with the wrong crowds and engaging in ASB on the estate or be already within the Criminal Justice system. We also know that some are from socially and economically disadvantaged families, and one or two of them have been excluded from school or spend most of their time within the isolation unit within their school. One child in particular, we understand is not in school at all due to bullying. We have no youth club on the estate.

Guest visitors have included MP Lilian Greenwood and our trustee Elizabeth Clough, Brian's daughter,

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

The benefits/differences that will be the increased exercise for the children/young people, as most schools only offer 2 or 3 sessions of PE each week, the Friday night session and the proposed new sessions will increase this. The session also allows children/young people on the estate to mix with and meet a range of different age groups. We incorporate the young children with the older children as they will be making the transition into secondary school, this is to encourage the added confidence they know other children at their new secondary school as this can be a difficult transition. With these sessions, they are also learning new life skills as well as sporting/footballing skills, which may inspire them to go further with our support and look at sporting college courses, online courses that will support them should they wish to go into the fitness industry as a career when they leave secondary school. Also, the ASB on the estate has seen a decline since we started the Friday night sessions, and we hope to extend our reach further to help keep this decline going. This has a big impact on the community, making residents feel safer within their own estate.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., 'improving family relationships' and not the overall result, e.g. 'positive relationships'

We will conduct extensive research from the young people/children and the parents to gauge their thoughts on the sessions they attend. We will gain information before, during and after the proposed project. We plan to engage with schools as well as this will also provide information on any behaviour changes that they see regarding the young people/children. We aim to boost self-esteem through football skills, communication and working as a team, teaching leadership skills and confidence in ability. We will provide education on healthy lifestyles for both young people/children and parents, to improve those family relationships and provide support to parents during the cost-of-living crisis. We will be providing signposting to services that the young people/children and parents need to access which improves their wellbeing and quality of life. This benefits the community as parents will be more informed on services and of healthy lifestyle choices, both them and their children can make to their everyday lives.

Name of Partner:	Summerwood Community Gardens
Age group supported:	5-10 year olds
Annual no. unique YP's supported:	50
Total annual no. YP's attending:	400
Total annual no. of sessions delivered:	33
Frequency of sessions:	Weekly
Delivery location(s):	Summerwood Community Gardens, Summerwood Lane Allotments, Summerwood Lane, Clifton, NG11
Ward(s) of delivery:	Clifton East
Cost to YP participating:	Free
Total Grant requested:	£3960
Cost Per YP	£19.80 per child per annum
Match funding amount(s):	£1980
Match funding source(s):	Summerwood Community Garden Unrestricted Reserves

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

We will run a weekly "After Schools Nature Art Club" on site at Summerwood Community Garden for children aged between 5 and 10 years old. Our community garden is an outdoor off-grid site with growing areas for fruit, vegetables, flowers, an orchard, a wildlife pond, a mud kitchen, outdoor cooking areas and a covered shelter which provide diverse opportunities for children to engage with the environment.

The sessions will be held for 33 weeks of the year, excluding the weeks in January and February when the cold temperatures rule out outdoor activities for health and safety reasons. (We do not have sufficient indoor sheltered space and in the past have found poor attendance at this time of year due to the weather).

Each session will last for 1 ½ hours and will consist of seasonal arts and crafts activities inspired by nature making extensive use of recycled materials and natural items found on site. These are activities that have been requested by children who attended our holiday play sessions last year an wanted additional term time provision. Children will explore the site to find materials for activities. Sessions will also include opportunities for free play, for example in the mud kitchen for those children who would rather do this. Activities may include creating things to be left on site, for example murals and painting, other sessions will include things to be made to take home, for example painted pots. A wide variety of materials and techniques will be used ranging from willow weaving, making natural dyes, painting, making models, and using clay. Activities will be child led and adapted according to interests of children who attend and ideas they have.

The funding will cover the costs of the lead worker, one of our workers who is experienced in working with children and in leading outdoor nature-based art and craft activities. Funding will cover the time required for planning and setting up the session (1 hour), 1 ½ hours of delivery and ½ hour clearing down after the session. This is based on £20 per hour to cover staff salary of £17 per hour plus NI, Pension and Payroll costs. Funding will also cover the cost of refreshments and snacks at each session (£15 per session), art and craft materials such as paint, clay, paintbrushes, paper (£20 per

session) and a contribution of £25 per session towards the costs of administration and management, line management, monitoring and evaluation, project promotion, site rental, site water rates and site insurance.

Summerwood Community Garden will provide match funding of £1980 to cover the costs of an additional staff member to support on -site delivery of the project.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

We are the only community garden in Clifton and have been running youth and play sessions on the garden since 2008. We provide a unique, safe, accessible space for children from our community to play freely, to experience the benefits of nature and to learn about growing and the environment. There is a wide body of research documenting the benefits of green spaces for all ages. Since the pandemic the natural environment has become more important than ever, particularly as many children have struggled with anxiety and isolation and need to experience the positive impacts of nature.

In 2023 our activities for children on the community garden were busier than ever and many families and children were asking if we could put on more session. Our regular visitors tell us how much coming to the garden benefits their children physically and mentally. They tell us that although they value the parks in Clifton, coming to the community garden is so beneficial for their children because here they can play an active part in creating than garden, the children can play freely and get messy! The children who attend have benefitted physically and mentally, learnt about nature and the activities have stimulated new interests. Many families who visit have not got their own outdoor space for children to play outside.

Most people who attend our activities do not have their own transport and tell us that the cost of public transport makes it difficult for them to take the children to activities further afield. The 25-minute bus or tram journey into Nottingham also creates a further barrier for accessing youth and play facilities. The major issue which comes up in our online and face to face consultations is that there is not enough for children to do in Clifton.

Our nature-based art and craft activities which we provide over the school holidays are always extremely popular. Children and parents have been asking if we can provide something similar during term time, saying there are sports activities available after school but nothing for children who do not want to do sports. Many of the children who attend activities at the community garden and benefit the most have neuro-diverse conditions, such as autism or ADHD, or are struggling with behavioral issues at school and find the natural environment calming and engaging.

These outdoor sessions on the community garden will meet the Social, Physical, Intellectual, Creative and Emotional Development needs of children who attend by providing free, locally accessible after school activities in a safe environment with opportunities to play and spend time outside engaging with nature. Art and craft activities inspired by nature will stimulate their creativity and imagination which are essential qualities at this age to encourage learning. Creative activities will provide an outlet for children's emotions and an opportunity for them to express themselves. Opportunities to socialize with other children and play outdoors will benefit physical and mental well-being.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

- <u>1. Increased confidence</u>- by giving children the chance to take part in unique activities that they may not be able to access otherwise, by trying new activities and learning new skills in a relaxed and supportive environment, by being encouraged to give new things a go
- <u>2. Increased creativity, curiosity, and imagination</u> by taking part in creative activities inspired by nature and using a variety of media.
- <u>3. Increased environmental awareness and knowledge</u>- through being in nature and using the environment as a stimulus to seasonal activities.
- <u>4. Improved social and communication skills</u> through increased opportunities to socialise, meet new people and work together on activities.
- <u>5. Improved physical well-being</u> by increased amount of outdoor play and physical activity in the fresh air
- <u>6. Improved mental well-being</u> as a result of a reduction in stress and anxiety through experiencing the well documented effects of being in a green, natural environment, and having fun in a safe environment.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

The 6 changes above will measured by:

- · Recording attendance and activities on sessions
- Staff observations will be recorded after each session (for example, to show if individual children are more willing to take part in different activities, if children demonstrate increased persistence, if children make verbal statements of increased confidence)
- Photographic evidence of work created.
- Informal discussions with children (for example, noting if children demonstrate increased knowledge of nature, if children ask more questions, make verbal expressions of enjoyment and pride in work, socialize with other children more)
- Gathering feedback from parents and carers (for example, a parent noting that a child is sleeping better and seems less anxious)
- Creative ways of gathering feedback and evidence from children (for example, use of stickers to express their feelings)

Name of Partner:	Summerwood Community Garden
Age group supported:	10- 17 years old
Annual no. unique YP's supported:	40
Total annual no. YP's attending:	300
Total annual no. of sessions delivered:	33
Frequency of sessions:	weekly
Delivery location(s):	Summerwood Community Garden, Summerwood Allotments, Summerwood Lane, Clifton, Nottingham, NG11
Ward(s) of delivery:	Clifton East
Cost to YP participating:	Free
Total Grant requested:	£3960
Cost Per YP	£85.55 per young person per year
Match funding amount(s):	£2450
Match funding source(s):	Summerwood Community Garden Unrestricted Reserves

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

We will provide weekly After School Volunteer sessions on Summerwood Community Garden for young people aged 10-17. There will be 35 sessions to be held weekly apart from the coldest weeks of the year when for health and safety reasons we do not hold sessions on our outdoor site. Our off grid site includes fruit, vegetable and flower growing areas, an orchard, a wildlife pond, outdoor cooking areas and a covered shelter which provide many diverse volunteering opportunities for young people. Each session will be two hours long and may include nature surveys, gardening, harvesting, outdoor cooking, pond maintenance and making items for the garden. This will give the young people an opportunity to gain a sense of pride by making a visible difference to the community garden and to learn a variety of skills, for example woodwork. Activities on sessions will be led by what the young people themselves would like to do and they will have regular planning sessions to contribute their ideas. For example, last year our After Schools Youth Group wanted to make a garden of their own so they took charge of a small area, and designed, built, maintained, and harvested crops of their choice from this area.

The numbers on each session will be kept small to enable the young people to feel safe and to build up trusting relationships with staff.

Sessions will be led by our Resident Ecologist and Youth Worker who is highly qualified and experienced in leading nature-based sessions with young people and who has been leading our BBC Children in Need funded After School sessions. She will be supported by one of our workers who also has extensive experience in delivering volunteering activities with young people. Both staff have recently updated their training in Online Safety, Child Protection and Online Safety. The funding we are asking for will cover the costs of: 3 ½ hours per session to include planning and preparation, session delivery and cleaning up afterwards (costed at £20 per hour, to cover salary of £17 per hour, plus appropriate NI, Pension and Payroll costs), £15 per session to cover the costs of refreshments and materials, £25 per session to cover the costs of Project Management,

Administration, Monitoring and Promotion, and a contribution towards the costs of site rental, insurance, and water rates. Summerwood Community Garden will match fund to the value of £2450 to cover the costs of an additional support worker for the sessions.

We have links with other local providers, services and organisations and will be able to refer young people on for additional support where necessary.

Rationale for this provision: *Identify why this activity has been included within this application.* Consider locally, the disadvantage faced by the children or young people this activity supports and what effect this has on their lives.

For the past three years we have been delivering BBC Children in Need funded After School Groups and holiday sessions for the above age group. We have supported over 200 children who have often been dealing with significant issues and have built up close, trusting relationships with them, enabling us to identify what works and what doesn't and what they would like from us. We have had hight attendance figures, consistent engagement, and excellent feedback. We have seen positive changes in the young people, including increased self-esteem and confidence, reduced anxiety, and improved physical and mental well-being, so we know what we have to offer has real impact. As the funding period is shortly coming to an end, we asked them for feedback on what was needed for young people in Clifton and what the community garden could offer. Feedback showed they really wanted After Schools sessions to continue and that these sessions were particularly important to young people who faced additional barriers or who didn't fit in elsewhere.

Clifton is isolated from the rest of Nottingham by geographic distance, low incomes, and the increasing price of public transport. Local services have been drastically cut back and as a result children and young people in Clifton have limited access to wider experience and the young people in our surveys said there wasn't enough to do in the area for their age group. They said there was a real need for spaces where they could go and hang out and "be themselves". The community garden was really valued for this opportunity because there was nowhere else like it and they valued the contact with nature, the chance to learn about the environment and to feel that they were contributing to the community. Young people told us they benefitted from the After Schools provision that was offered at the community garden because it was a relaxing environment which helped them put aside their daily stresses. Several of them said that young people in Clifton were aware their parents were stressed about the cost of living or had recently become unemployed and this awareness also caused them to feel anxious.

There has recently been a significant rise in anti-social behaviour in Clifton and the young people told us that boredom was a contributory factor. They however said not all young people were like this and they valued volunteering opportunities for a chance, "to show the other side of us".

They also felt the community garden was a safe space for them. We have a number of LGBT and neuro-diverse young people attending our sessions who had experienced bullying at school but felt safe and accepted on the community garden.

Clifton has the second highest levels of childhood obesity in the city, so we feel it is important to provide this opportunity for young people in our area to increase their levels of physical activity and access to fresh, healthy food. On these sessions they will be able to grow, harvest and cook their own organic food.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve children or young people's lives. Be succinct and talk about significant change only, do not provide a list of changes.* 

This project will benefit the young people socially, physically, intellectually, and emotionally and we have identified 3 main changes our provision will make which will have lasting impact on their lives.

- 1. Increased self-confidence and self-esteem- through taking part in new experiences, learning new skills, making a visible difference to the community garden, taking pride in the contributions they make, taking risks in a safe space, having opportunities to express themselves
- 2. Reduced social isolation through opportunities to meet new people, maintain friendships, to feel connected to the community, to feel accepted no matter what their differences are.
- 3. Improved physical and mental well-being through becoming more active, increased amounts of physical exercise, increased amounts of time spent outdoors in the fresh air, increased access to fresh healthy organic produce that they have grown themselves, a reduction in anxiety from the calming benefits of being in nature, from being in a safe space to be, from supportive relationships with staff and other young people on the project

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'improving family relationships' and not the overall result, eg 'positive relationships'

We will evidence and measure the above 3 differences through a mixture of recording data, staff observations and direct feedback and interviews and questionnaires with regular attendees.

- 1. Evidencing increased self-confidence and self-esteem- staff will record observations of, for example, young people being more eager to take part in different activities and try learning new skills, improved body language and direct feedback from young people indicating that, for example, they feel proud of something they have done. Questionnaires and interview will directly survey improvements in this area.
- 2. Evidencing Reduced social isolation- staff will record observations of interactions amongst the young people and in 1:1 interviews will ask them if they feel they have made new friendships, strengthened existing friendships, or felt more connected to the community.
- 3. Evidencing improved physical and mental well-being. The attendance figures and activity records will give an indicator of the amounts of physical activity undertaken. Staff will record observations, for example on more relaxed body language, and verbal expressions from young people expressed that they are feeling safe, comfortable, and happy. Regular group feedback time on sessions will also gather evidence and check whether the project continues to meet their needs. Further evidence will be obtained in 1:1 interviews.

# 3.2 Delivery Planner CYP - Play and Youth Term Time Provision

	MORNING	AFTERNOON	EVENING
MONDAY			
TUESDAY			Summerwood community gardens 3.30 – 5.00
WEDNESDAY			Summerwood community gardens 3.30 – 5.00
THURSDAY			Clifton ABC The old barn 6.00 – 9.00
FRIDAY			Step out stay out Farnbourough school 7.00 – 8.30
SATURDAY			
SUNDAY			

# 4.1 E&S - Use of ABG as contribution to salary costs

Name of Partner:	The Bridges Community Trust	
Title of post(s):	0.5 x Step into Work Community Manager 1.5 x Employment Advisers 0.5 Administrator	
ABG used as Local Match for ESF funded post: (Yes No)	Yes	
If yes, ESF Funded project linked to	Nottingham Works 4You	X
post:	Pathways to Health and Social Care	
Tick all that apply	Back2Work	X
	Way2Work	
Annual no. unique people supported by these posts:	2.5 FTE	·
Delivery location(s):	TBCT office, Clifton and Meadows Libraries and other outreach sessions.	
Ward(s) of delivery:	Clifton East and Clifton West	
Grant amount from ABG required as salary costs / local match :	£18000.00	

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it, how you will engage with citizens.

**Local Match Funding Proposal:** The Bridges Community Trust (TBCT) is based in The Meadows in Nottingham, delivering two major programmes for funders aimed at helping jobseekers into work, education and training.

Summarised, TBCT are a passionate, committed and supportive employment-focused organisation who work alongside partners to deliver vocational support, intervention and training that leads jobseekers into sustainable employment.

The two programmes TBCT deliver which will attract Local Match Funding are:

### Nottingham Works4You

and

### **Back to Work**

Both programmes are ESF funded through NCC.

TBCT are applying for an Area Based Grant as local match for the following ESF posts.

- 0.5 Step into Work Manager
- 1.5 Employment Advisors
- 0.5 Administrator

The Local Match will enable TBCT to operate the highly successful provisions to one hundred percent of its capacity.

#### **Provision Description:**

Nottingham Works4You

Eligibility: Jobseekers aged 16-24, NEET and living in a Nottingham City Postcode.

Programme Delivery: One to one employment-based mentoring. Open-ended enrolment with a view to gaining outcomes within six months.

Official Outcomes: Education; Employment; Training

#### **Client Engagement Methods:**

Staff, equipped with laptops and enrolment paperwork, mentor job seeking clients in the following environments, methods and spaces.

- Private one-to-one at the TBCT offices in the Meadows
- Community venues throughout Nottingham including cafes (such as Café Nero on Wheelergate, Café Sobar, the Contemporary and the coffee house on Sneinton Market) libraries, community venues and other mutually agreed premises.
- Castle Court Jobcentre
- Community spaces warm spaces, food banks, Salvation Army, community café (Queens Walk/Hope Centre)
- Across Videoconferencing software
- Through extensive Email contact
- Via Messenger software
- Mobile phone contact

#### **Engagement Activity:**

TBCT offer high impact, intensive support for NEET young people, many of whom are significantly distant from the labour market and live in areas of severe deprivation.

**Engagement method** is primarily one-to-one, which has been shown to be a highly effective method of attracting, engaging and successfully working with jobseekers of all ages.

**Activities** in the one-to-one sessions include outcome mentoring, rapport building, confidence building, CV generation, Job search support, digital training. Referrals to long term outcomes and short-term supportive training including functional skills, ESOL, CSCS cards and SIA courses.

Referrals to SWAP are always considered and enrolment on Nottingham Jobs is a critical aspect of this provision. Staff will accompany clients to Job Fairs, Summer Events, Community Events in the Meadows at Easter, and Christmas.

They promote services to residents and families and engage in partnership work across the Meadows and Clifton (Nottingham South).

#### Back to Work:

Back to Work is almost identical to the above, except for the following differences:

- a) Eligibility is 16+ with no upper limit
- b) Eligibility is also expanded to Nottinghamshire County residents

NCC core values are a critical part of our ESF delivery. TBCT work closely with NCC and share identical values. Each person is to be treated with respect and dignity and we ensure this by implementing the principles of the core values in our delivery.

A non-exhaustive list, including examples, of our commitment to the Nottingham Delivery Plan and NCC core values is as follows and applies to ALL aspects of this wider proposal (4.1, 4.2, 4.3, 4.4)

- a) TBCT work extensively in partnership with everyone from NCC to small community groups including the *Meadows Afro-Caribbean Women's Group*. For example, TBCT work in partnership actively work with referred clients through *Equipped 2 Succeed* who deliver health, wellbeing, and financial resilience programmes. Eligible clients, particularly BAME families, lone parents and hard-to-reach young people are referred by TBCT for advice, support, course participation and information on lifestyles and wellbeing.
- b) TBCT always try and offer Best Value in provision. For instance, we offer a in house accredited counselling service to clients in need of extra, personal support, especially in times of crisis. TBCT supply tea and coffee to clients and have high spec computers, laptops and tablets available for use.
- c) NCC require extensive performance summaries, so our recording of TBCT impact is of a high standard. In cases where performance slips, TBCT have internal Performance Improvement Plans and have experience of managing external Performance Improvement Plans.
- d) TBCT have a strong, NCC monitored Safeguarding Policy and a designated Safeguarding Officer. Staff and volunteers will undertake an Enhanced DBS check and will not be in proximity to children or vulnerable people until that arrives.
- e) TBCT have an NCC monitored Equality and Diversity Policy as well as a passionate commitment to equality and diversity as a culture.
- f) Management, staff, volunteers, and clients are made aware that TBCT do not tolerate any anti-discriminatory behaviour including language, action and irrelevant rumination and opinions (in meetings etc). In TBCT recruitment, irrelevant classifications vulnerable to discrimination include age, gender, race, culture, religion, belief, spoken language, sexual orientation, and disability status, so our recruitment methods aim to confront any discrimination based on these, and other, factors.
- g) As we are predominantly funded by ESF via NCC, our activities management, staff, volunteers, and clients are monitored for best practice on a regular basis including performance summaries, monitoring visits and audits. TBCT are a Matrix Standard Approved Training Organisation, and as such are also subject to regular audits of staff, administration, and client engagement.
- h) As already demonstrated, clients undertake a monitored journey which begins with an interview and initial assessment of specific, unique, and bespoke needs, fully disclosed, discussed and led by the client. Assessments include lifestyle choices and particular circumstances TBCT need to be made aware of. TBCT staff and all advisors have undertaken extensive training and workshops, both online and face-to-face, regarding equality, diversity and implementing non-discriminatory policies.
- i) GDPR Policy: TBCT have a strong, NCC monitored GDPR Policy. For example, all client files and personal data are stored in a locked filing cabinet and any online/digital data is encrypted and passworded. TBCT are a digitally competent organisation and data protection techniques from externally community venues include using Share point to ensure online safety.
- j) TBCT have a designated Health and Safety Officer. Risk assessments are regularly carried out and always, in the first instance, at community venues such as cafes and warm spaces. Health and safety of our clients are our overriding priority. For example, PAT testing is internal and regularly

monitored. TBCT hold Public Liability and Professional Indemnity Insurance and these policies are prominently displayed.

- k) TBCT offer regular opportunities for young people to meet on and offline with other young people and staff about progress and delivery. For instance, TBCT have delivered one-off, targeted Youth Work Club Sessions where participation elements were extensively surveyed before and after and feedback then offered to staff and other partners.
- I) TBCT are adaptable and determined to deliver in a crisis and in moments of disruption. During COVID, the major disruptive example in recent history, TBCT remained open to clients throughout both lockdowns, observing legal proximity and protective procedures. The office was rebuilt to accommodate new standards and TBCT also utilised local green spaces to carry out meetings in the outdoors this included *Queens Walk Recreation Ground and AMC Gardens*.

Rationale for this provision: Identify why this activity has been included within this application. Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

TBCT are applying for Local Match through ABG to ensure the true cost of delivery is met otherwise the organisation is operating below capacity and aspects of delivery are missed. Clients who TBCT support on both strands of provision include:

- 16–24-year-old young people who categorise as NEET
- Long term unemployed jobseekers and economically inactive non-jobseekers
- Older jobseekers over 50
- LGBTQ jobseekers facing discrimination in the workplace and in the interview process.
- Female jobseekers and lone parents
- BAME jobseekers
- Participants with disabilities
- Participants facing functional skills needs.

In this overall proposal, TBCT are asking for grant funding to support any jobseekers with needs in Nottingham City in addition to the above and to those eligible for TBCT's two ESF provisions. All the above client categories bring to the mentoring forum a wide variety of barriers to work, which demonstrates the need for this provision. A non-exhaustive list of the disadvantages faced by NEET clients and those clients above include:

Lack of local employment opportunities – lack of interest in available roles – ill health – disability - a lack of work experience – lack of match with the demands of the modern labour market - lack of experience of, or belief in, modern, digital based, job applications – lack of ICT knowledge and experience – social isolation and difficulty in relating to colleagues at work, and to management – unwillingness to travel to the City despite world class transport networks – Postcode conflict -outdated knowledge of the labour market – unrealistic expectations of work – fear of 'signing off' - outdated skills and qualifications— lone parenting, where employment opportunities are restricted by childcare expense – complete lack of self-esteem/self-confidence – a negative attitude to available work opportunities, including hours, pay rates, weekend and evening work – a history of short term employment ('job-hopping') – potential racism – discrimination based on LGBTQ lifestyles - discrimination emerging from a history of offending – a history of mental health issues and impacts – a history of physical disability – discrimination in the interview process based on irrelevant prejudices - a lack of self-belief.

TBCT staff are skilled, experienced, have experience of all, or some of the above, and can offer advice and support on how to confront these barriers to improve confidence and self-belief.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve people's lives.* Be succinct and talk about significant change only, do not provide a list of changes.

#### The changes that this provision makes includes:

The two provisions, both of which rely on an open ended, personalised one-to-one approach, improve people's lives in a way that DWP Work Coaches do not have the time to do. By engaging with TBCT on a one-to-one basis NEET clients develop trust in their employment advisor, understand that their unique, personalised needs are being met and as such, improve in confidence and willingness to engage with training, provision, society and employment.

Clients learn the strengths of the business mentoring approach used in industry and improve conversational skills, listening skills, planning abilities, organisational thinking, the ability to interact and willingness to develop trust.

TBCT training improves job seeking skills – particularly digital, web-based applications – which leads to a more proactive, independent spirit at those times when clients change employment in the future.

Clients are empowered by the training, which improves self-confidence. They leave the provision into work with greatly improved self-esteem and increased skills. Enrolment is six months in extreme cases (sometimes longer) and the relaxed pace of progress helps more distant clients to gain self-confidence. The knowledge that staffs remain in touch with clients after they have gained employment also improves client confidence in TBCT delivery.

Many clients are socially isolated and appreciate the one-to-one conversation. Because of this provision, social interaction and confidence improves in the future, including, critically, interaction with future employers, future colleagues, DWP Work Coaches and Employment Advisors from companies such as TBCT.

**Employment Advantages:** Clients gain employment, which gives a confidence boost and improved self-esteem. For NEET young people, gaining employment means they are less likely to offend and engage in anti-social activity. After getting a job, clients have more money to spend in the local community and learn to separate from a benefit regime. Friends and family see that the client has gained employment and are more likely to follow suit and overall, as a result of the provision, the rate of employment rises in areas of disadvantage such as The Meadows and St Ann's.

Employment has been shown to increase health and wellbeing. Clients can eat a better diet and socialise more, so they become less isolated and mix with different people. They gain further confidence through learning new skills including digital job search, vocational qualifications and how to complete a new evolving, lifelong CV.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g., referred into an employment programme and not the overall result, e.g. 'engaged with CV writing;

TBCT are skilled and experienced practitioners of change measurement and actively observe, record, and praise positive change.

A non – exhaustive list of methods include:

Initial Assessment – a measure of how clients feel at the point of initial engagement, including the client's own specific barriers to employment. These are recorded and placed in confidential client files which are stored in a locked filing cabinet, adhering to NCC approved and monitored GDPR Policy.

**Action Plans**: Following initial assessment and action plan is created, tailored to the specific needs of the client. On both projects, there are roughly five steps which measure progress, which include CV. Cover Letter, CSCS card, SIA course, Computer Training, Connect 2 and an employment outcome. The action plan evolves, and major achievements are noted and recorded.

**Activity Logs:** These measure each step taken towards a positive outcome. These include meetings with TBCT mentors, telephone calls to employers, employer visits, job applications etc. Mentors discuss each of these steps during meetings and responses are recorded and any problems addressed.

**Journey Scale Reviews**: Each client works on a Journey Scale Review throughout their enrolment. Mood is measured (self-report) at day one and also recorded at Exit Day. Progress is measured on some of the following dimensions:

- a) Communication Skills
- b) Confidence
- c) Managing feelings
- d) Reliability
- e) Achieving Goals

The overall objective is employment, and all job outcomes are recorded. This also applies to training, education, ESOL and functional skills outcomes undertaken by the clients.

**Short Term Vocational Training:** Any vocational training outcomes, such as SIA licence courses, Food/Hygiene, Health and Safety courses and LGV courses. Qualifications are one of the main ways clients get a foot in the employment door and many go on to develop more and more skills and qualifications as a result.

Leaver evidence and proof of transition into Employment, Education or Training is required to show the measured difference made to people's lives and to evidence the project outputs back to ESF funders.

Copies of all the above, plus certificates, surveys, case studies and activity logs are stored safely in client folders in a locked filing cabinet. Digital records are passworded and encrypted in passage.

**Exit Surveys:** At the end of enrolment, all clients are surveyed as to their experience. The survey is recorded in client files.

**Case Studies**: Each quarter, a 'good news' case study is sent to the Community Employment Skills Officer at NCC for dissemination to partners/inclusion in steering group meetings and newsletters.

Name of Partner:

The Bridges Community Trust

Age group supported:

16+

Women / Men / Mixed offer:

Mixed – inclusive of all gender identities

Annual no. unique citizens supported:

130

Total annual no. citizens attending:

350

Total annual no. of sessions delivered:

50

Frequency of sessions:

**Once Weekly** 

**Delivery location(s):** 

**Clifton Library** 

Ward(s) of delivery:

**Clifton East & West** 

**Grant amount:** 

£9138.60

Match funding amount(s) (non ESF):

Non ESF

Match funding source(s) (non ESF):

Non ESF

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

**Delivery Model:** The Bridges Community Trust (TBCT) have been successfully delivering the Clifton Work Club at the Clifton Library for over five years and are seeking an extension of one year to deliver this highly successful service. (NB Job Club is referred to herein as 'Work Club')

Each weekly session will be four hours, acting as a drop-in service for Jobseekers, those seeking to improve their job seeking skills and those who want to access and sustain employment.

TBCT will deliver the Work Club on Tuesday, from 10am until 2pm and will be present for prep and exit an hour before and an hour afterwards.

Each session will be delivered by a skilled, experienced and highly committed member of staff who will be consistently present at the Work Club for those sessions. Known to library staff, Clifton Advice Group and further referral agents and partners, this member of staff will take full ownership of the delivery and success of the Work Club and will be focused strongly on employment.

Delivery within the sessions is bespoke, person-centric and unique. Each person's needs will differ, so the delivery model will be primarily through confidential, empowering, positive, high-impact one-to-one sessions.

Clifton Library is now part of the "Warm Spaces" initiative, so teas and coffees are available in the library during Work Club sessions.

Within each session, TBCT aim to empower jobseekers with bespoke, basic tools of gaining employment. Depending on specific, unique need, agreed on Induction with the jobseeker, these activities may include:

- The creation of an up to date, neat, professional CV empowering the jobseekers confidence in applying for roles.
- The 'Hidden' Job Market (staff can accompany members on Recruitment Rounds on local industrial estates and Job fairs)
- Supported job searching sessions, which is an important focus (see Digital Workshops below)
- Application forms
- Support with competence testing and understanding scenario-based questions.
- Support with Civil Service competence writing (if necessary)
- Interview skills training and techniques including mock interviews, both zoom, and Team-focused sessions enable preparation for the digital world of applications and interviews.
- Signposting to advice centres for debt, for example
- Introductions to Partners e.g. colleges, community centres, training providers including, for example, Dr.Bike, for cyclists on a budget
- Referral to ESOL provision (if necessary) with Nottingham College, SFICE and Belong
- Applying for recognised ID such as a driving licence
- Referral to training such as Nottingham Works4You and Back to Work
- Referral to short term training such as SIA Course and CSCS card

**Significant Added Value:** the following are available to Work Club members in need free of charge to members and to funders.

**Digital Workshops**: Digital skills form a huge part of the Work Club sessions. Lacking a device (phone/tablet/laptop or active bytes of data can be detrimental to those seeking work. TBCT will, on a one-to-one basis:

- Have laptops for members to use for job applications.
- Make laptops available for Internet Job Search e.g., Nottingham Jobs
- Ensure all laptops will be connected to the internet.
- Ensure members have a current, active email mailbox and address.
- Ensure that b0asic internet job search will be trained particularly the use of job search websites and connectivity to email mailboxes.
- Assist with empowering the efficient use of UC Journals
- Train how to use search engines, and employer websites.

Work Club members often need digital upskilling. TBCT has created its own in- house Digital training programme *Connected2* which the more extreme Clifton Work Club members are regularly referred to, and attend.

Connected2 sessions are held twice weekly at TBCTs office. TBCT loan devices and data packages to Clifton Work Club members who are digitally isolated, digitally poor, and digitally excluded; creating a fully rounded service for jobseekers to get the skills needed to get into employment.

#### **Crisis Intervention**

TBCT has an in-house Counselling support service that is available for vulnerable clients who are facing a crisis. Work Club staff can refer. Our accredited counsellor offers immediate access (Within 2 weeks of referral) to 6 sessions. This empowers clients with coping mechanisms – improves their quality of life. We have supported clients with PTSD, Grief and Bereavement, Mental, Physical and Sexual Abuse, FGM, Domestic Violence, Depression and Anxiety.

This demonstrates best value as TBCT does not charge for this service. It is a donation of time from the counsellor, a passionate community activist.

All advisers and TBCT staff have undergone Adult and Children Safeguarding training, and all have enhanced DBS checks in files.

### **Financial Stability**

Staff often help members in need. Immediate relief on finances happens through referrals to Clifton Advice Group for Welfare, debt, fuel poverty and COLC matters, and linking to Clifton foodbank and Food Budgeting courses enables a route to:

- Ongoing support
- Self-awareness of income and expenditure
- Benefits entitlement checks
- Additional Food and Energy vouchers
- Debt advocacy
- Constructive learning
- Basic cooking skills
- Involvement in community lead projects

Many Clifton jobseekers enjoy the convenience and familiarity of their own environment and as a result, they engage strongly with the club, rather than travelling into the City.

Enrolment is light touch. Start administration paperwork is both simple and data protected involving registers and signing in sheets.

This informal element and 'drop-in' flavour is important to the success of Work Clubs.

# Rationale for this provision: *Identify why this activity has been included within this application.*Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

In the ongoing statutory effort to support local jobseekers into work, Work Clubs are one of the most cost-effective and powerful provisions available, especially in an area of relatively high unemployment, and for those who categorise as NEET.

Nottingham is the eighth most deprived area of England on indices such as educational achievement, unemployment, crime and health and Clifton, historically one of the biggest council estates in Europe, is one of the prime areas of deprivation.

One notable statistic is that 30% of Nottingham's children and young people live in poverty and one of the biggest causes of poverty is unemployment and a lack of disposable income. Work Clubs are a critical factor when addressing these indices, particularly unemployment.

There are reasons for the success of community Work Clubs.

For instance, using the example of TBCT's highly successful, high-impact, well-known and strongly supported Clifton Work Club; its success is based on an overriding focus of supporting its members into jobs. Based in a well-known community location, it is immediately visible to potential members inside the building, which is accessible by public transport and tram and open to all residents of the city.

Historically, TBCT have positively empowered a wide range of NEET customers and jobseekers, which include those aged 18-24, 25 plus, the long term unemployed, people facing disabilities and/or mental health issues, those discriminated against based on gender, LGBTQ customers, migrants, lone parents, and ex-offenders. ALL will be warmly welcomed to Work Club and ALL of these categories are featured in Clifton East and West/

Disadvantages confronted by Clifton residents and those who enrol on Work Club commonly include: Lack of local employment opportunities – lack of interest in available roles – ill health – disability - a lack of work experience – lack of match with the demands of the modern labour market - lack of experience of, or belief in, modern, digital based, job applications – lack of ICT knowledge and experience – social isolation and difficulty in relating to colleagues at work, and to management – unwillingness to travel to the City despite world class transport networks – Postcode conflict -outdated knowledge of the labour market – unrealistic expectations of work – fear of 'signing off' - outdated skills and qualifications— lone parenting, where employment opportunities are restricted by childcare expense – complete lack of self-esteem/self-confidence – a negative attitude to available work opportunities, including hours, pay rates, weekend and evening work – a history of short term employment ('job-hopping') – potential racism – discrimination based on LGBTQ lifestyles - discrimination emerging from a history of offending – a history of mental health issues and impacts – a history of physical disability – discrimination in the interview process based on irrelevant prejudices - a lack of self-belief.

Many Work Club members enrol with poor digital skills and as much job search has migrated online, this is a huge barrier to many people. TBCT staff aim to inspire positive change by ICT and digital training, particularly in how to use job search websites including *Indeed and CV Library*.

TBCT staff are skilled, experienced, have experience of all, or some of the above, and can offer advice and support on how to confront these barriers and to improve confidence and self-belief.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve people's lives. Be succinct and talk about significant change only, do not provide a list of changes.

#### The Benefits of Joining Work Club

Work Club staff are highly experienced when supporting jobseekers.

In one-to-one sessions, and in occasional group environments, staff have the space, time and commitment to confront barriers described in the previous section on a light, conversational basis. The staff member comes to work in a positive, optimistic frame of mind, which transfers.

They listen to issues, confronting negative self-thinking if necessary, and generate a full range of options to move closer to employment.

As a result, members feel more positive, apply for more jobs, increase in confidence, gain more interviews and on each session, move closer and closer to the labour market before gaining employment.

#### The Benefits of Accessing Employment

Gaining work improves the mood of the Work Club member, brings a real sense of achievement, increases personal self-confidence and a sense of self-reliance, and, of course, gaining work brings more money into the member's household, which has countless benefits both to the person and to the community in which the person lives.

#### Improved Mental Health and Well-being

The Impact of Work Club is reflected through improved Mental health and Wellbeing, when priority needs are addressed, it relieves stress and pressure on the individual and surrounding family.

Staff help the members to make positive choices, which enables confidence in executing decisions and feeling empowered to take control of their own lives.

Feeling understood and listened to is vital to trusting the guidance given by advisers, the results then reinforce positive association to authority figures and a sense of security and relief for the jobseeker.

This is transferable to all elements of life, and impacts both socially and in their own living environment. Increased self-awareness, Raising aspirations and self-esteem and confidence building are integral parts of Work Club

#### Addresses Social Isolation

Work Club enables often isolated jobseekers to meet new people in the same situation, improves self-confidence, self-knowledge, and bolsters self-esteem. Job seeking can be an isolating, overwhelming and a lonely task. At any one session we encounter a wealth of different experience, skill level, work history – the varied attendees help improve the attendees' social skills and develop supportive relationships. Making positive choices and taking action to advance enables confidence in executing decisions and feeling empowered to take control of their own lives.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make e.g. 'referred into an employment programme and not the overall result, e.g. 'engaged with CV writing'

Clifton Work Club, delivered by TBCT, will change people's lives and these positive changes will be measured throughout the client journey on Work Club.

Staff support members on a one-to-one basis and endeavour to engage. Regular reviews and appraisals are carried out. Conversations chart progress – how the member feels, the member's experience of the job search process, successes and not-so-successful approaches, mood, confidence, and any achievements.

Achieving set targets for job search (three jobs applied for per session, for example), and encouraging 'baby-step' improvements (for example, uploading a CV onto a job search website like Indeed, with minimal assistance) help improve self-confidence and bolster self-esteem.

Tools to measure change include action plans, attendance registered, questionnaires, regular one-to-one appraisals, surveys and recording case studies.

Data is monitored and progress reports are sent quarterly to funders, along with outputs, outcomes, and a positive, empowering case study. Staff make internal notes about how to facilitate change and improvements.

Attendance at steering group meetings with other partners, including NCC, allows discussion about the changes made by individuals including job entries.

#### Referrals to Employment, Training, Education and Short-Term Vocational Qualifications

Permanent, concrete changes the TBCT encourage include referrals into high-impact, results-positive provision. This includes *Nottingham Works4You*, *Back to Work* and *Way To Work*; referrals to training – both long term (e.g. *NVQ*) and short term (*SIA course, CSCS cards*); direct referrals to work experience, informal, short-term work trials, work placements (for example the *AA programme at several Nottingham Jobcentres*, and skills training courses (for example, the Civil Service Competence course at *Nottingham College*), which will eventually improves the member's prospects of securing employment.

### 4.3 E&S - Local Job Fairs

Fair One -	Name of Partner:	The Bridges Community Trust
	Name of contact for delivery:	Rebecca Liggins
	Delivery location:	The Hope Centre - Clifton
	Proposed month of delivery:	June 2023
	No. citizens attending:	160 - 200
	Grant amount (cannot include salary costs from 4.1):	

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it, how it will be advertised.

**Delivery Summary**: Bridges Community Trust (TBCT) will deliver **TWO** employer-focused job fairs this year at the accessible, popular, and locally familiar Hope Centre in Clifton. The fairs will be delivered in June and September 2023.

Based on our previous experience of delivering Jobs Fairs, and the potential marketplace in Clifton and South Nottingham, the Jobs Fair is planned to host up to 200 jobseekers.

**Employer Focus:** Training/education companies and partners will be invited, but only to fill space not required by employers. TBCT firmly believe a jobs fair should be exactly that - employer-focused with the overriding outcome of introducing 'Live' employment opportunities to jobseekers.

**Delivery Unit:** The Hope Centre delivery unit is sufficient for up to twenty stalls and, as discussed, TBCT will focus heavily on employers, though TBCT have a strong track record of working with partners and shall invite *Nottingham Jobs staff* and *Clifton VCS* staff to supply information, advice and guidance on careers and employment.

**Disability Access and Anti-Discrimination:** The Hope Centre is accessible to wheelchairs and those facing mobility issues. It also has strongly enforced policies against discrimination on grounds such as age, gender, physical and mental disability, LGBTQ lifestyles and other categories – this is harmony with TBCT policies and beliefs.

**Live Vacancies:** Jobs Fair employers will be encouraged to bring 'Live' employment opportunities to the table and Jobseekers will meet 'active' recruiters, rather than be referred to an online portal etc. Employers prepared to meet TBCT staff on this will be given table priority. The Jobs Fair will be free to jobseekers and employers and tea and coffee will be supplied to stall holders.

**Jobseekers:** The Jobs Fair will be accessible to Clifton residents. All City residents will be invited, and the Jobs Fair will be heavily marketed.

The proposal is for two Jobs Fairs. The first will be delivered in June and another in September. As well as older jobseekers, TBCT anticipate that the June Jobs Fair will attract young jobseekers recently leaving University, college and sixth form. TBCT anticipate the September Jobs Fair will attract those whose summer employment and temporary employment has terminated and who are looking, potentially, for Christmas employment and sustainable careers.

**TBCT Staff:** TBCT staff will deliver the Job Fair. This includes attracting and securing the commitment of employers, working in partnership with employers, hosting the event and escorting jobseekers and Jobcentre work coaches around the fair. TBCT management staff will be available to liaise with funders, partners and interested local bodies.

**Location Partnership**: TBCT have delivered Jobs Fairs at Hope Centre previously and are in constant contact with the centre. Staff work closely in partnership through the existing and highly successful Work Club and Back To Work programmes.

**Experience**: TBCT have successfully delivered Jobs Fairs in the past, including one in 2022. TBCT work closely in partnership with NCC, actively use Nottingham Jobs and work closely in partnership with training and education companies in the area. TBCT deliver Nottingham Works 4 U and Back to Work for Nottingham City Council and employ three active employment advisors, who will all attend the Jobs Fair with their clients. The last Jobs Fair delivered attracted fifteen employers (who will all be recontacted) and over 200 jobseekers attended.

**Added Value**: A member of staff with laptop and lightning fast connectivity will be present to handle 'emergency' situations, the common one from previous Jobs Fairs being a Jobseeker arriving a) without their existing CV or b) without any CV at all. The employment advisor will create a CV to hand in to employers, or search for the jobseekers CV on email accounts, personal Indeed (with permission) and in other areas.

Tea, coffee and refreshments will be made available and, traditionally, employers bring their own 'freebies' which are attractive to Jobseekers.

Employment advisors from TBCT and Nottingham Jobs will be available to refer to provision, short term training courses (such as CSCS) to enable the jobseeker to fully engage with the employers.

**Marketing and Recruitment**: The event will be extensively advertised at each Jobcentre in Nottingham – Parliament Street, Station Street, Castle Court and Bulwell, as well as related areas. It will be advertised at our Meadows drop-in centre by posters and leaflets and all our existing clients will attend, escorted by mentors and employment advisors. The event will be advertised in local venues such as Post Offices and supermarkets. TBCT will personally invite local Clifton councillors and active community workers in advance.

# Rationale for this provision: *Identify why this area has been chosen.* Consider locally, the disadvantage faced by people this activity supports.

Jobs Fairs are delivered nationwide and throughout Nottingham. TBCT have delivered a successful Jobs Fair in Clifton and propose to do so twice more in 2023. In November 124 people attended our Jobs Fair: Of which:

Employment Status: 61% - unemployed; 32% - in employment; 7% - in education and training

Benefits claimed by attendees - 52% None claimed; 18% Universal Credit; 13% Carers Allowance; 9% DLA/PIP; 4% ESA; 4% Other.

In Clifton, the need for a Jobs Fair – with 'live' vacancies, a pool of trained employment advisors, a host of information available, and the presence of Nottingham's ground-breaking Nottingham Jobs network – is paramount. 941 people are currently claiming out-of-work benefits of all kinds in Clifton East, for example.

**Citywide Exposure:** The existence of the tram network (within five minutes of the Hope Centre) enables TBCT to offer the provision of the Jobs Fair citywide so that Jobcentre staff throughout Nottingham can offer the facility to their customers.

**Need:** Nottingham's unemployment rate at the last measurement is 5.3% against a national figure of 3.8%. The City has a history of long-term unemployment since the late nineteen seventies and despite huge levels of investment in employment training, education and support from statutory bodies the unemployment rate, for many reasons, remains difficult to lower.

Nottingham's traditional industries – textiles, mining, cycle manufacture and tobacco – have all declined, in some cases disappeared and their replacements (call centre work, care, hotel and catering, tourism, for example) have never fully filled the gap, again, for many reasons – including lack of skills.

**Clifton Need**: Clifton is no exception. Once the largest council run estate in Europe, areas of deprivation continue to exist. Latest figures reveal that 9.3% of Clifton East's working age population are unemployed – that is 941 people. There is a real need for TBCT's Jobs Fair intervention.

Real jobs, sustainable jobs and jobs with training will all be promoted in the local community, and, in essence, those jobs brought into Clifton by 'Live' Employers on that day, hence such a high turn out for our last Job Fair.

The barriers faced by Clifton Jobseekers: Through TBCT's experience of delivering Jobs Fairs and the library-based Work Club, Clifton's jobseekers are likely to face a range of disadvantages in the employment marketplace.

This non-exhaustive list includes: lack of local employment opportunities – lack of interest in available roles – ill health – disability - a lack of work experience – lack of match with the demands of the modern labour market - lack of experience of, or belief in, modern, digital based, job applications – lack of ICT knowledge and experience – social isolation and difficulty in relating to colleagues at work, and to management – unwillingness to travel to the City despite world class transport networks - outdated knowledge of the labour market – unrealistic expectations of work – fear of 'signing off' - outdated skills and qualifications– lone parenting, where employment opportunities are restricted by

childcare expense – complete lack of self-esteem/self-confidence – a negative attitude to available work opportunities, including hours, pay rates, weekend and evening work – a history of short term employment ('job-hopping') – discrimination emerging from a history of offending – a history of mental health issues and impacts – a history of physical disability – discrimination in the interview process based on irrelevant prejudices - a lack of self-belief.

TBCT staff are skilled, experienced, have experience of all, or some of the above, and can offer advice and support on how to confront these barriers and to improve confidence and self-belief.

## 4.4 E&S - Engagement and referral of NEET / unemployed Citizens

Name of Partner:	The Bridges Community Trust
Age group supported:	16+
Women / Men / Mixed offer:	Inclusive of all gender identities.
Priority group targeted: (if applicable)	NEET
Annual no. unique citizens supported:	50
Total annual no. citizens attending:	200
Total annual no. of sessions delivered:	50
Frequency of sessions:	Weekly
Delivery location(s):	Job Centres and Community Venues
Ward(s) of delivery:	Area 7 – City wide
Grant amount:	
Match funding amount(s) (non ESF):	Non ESF
Match funding source(s) (non ESF):	Non ESF

Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

**Delivery Summary:** The Bridges Community Trust (TBCT) offer high-impact support to NEET clients daily, engaging those at risk of becoming distant from the labour market.

In this proposal, TBCT propose to deliver one-to-one mentoring/engagement sessions with up to fifty NEET clients in 2023 at Castle Court jobcentre who are not currently eligible for any of our provisions but who have been referred to us by Work Coaches/Other.

**Delivery Activity:** This funding will enable us to engage these NEET clients at risk of becoming more distant – even marooned – from the local labour market. A non-exhaustive list of activities available on a one-to-one basis to NEET clients includes:

- Meeting with employment advisors at Castle Court/Other venues
- Enrolment on Nottingham Jobs website
- Building up a rapport over time: This has been shown in summaries and analysis to be a CRITICAL aspect of engaging NEET jobseekers.
- In community venues, tea and refreshments will be supplied free of charge (which acts as a proxy 'rent' for usage of a café premises as well as engaging clients)
- Walking away with a modern, up to date CV in paper copy/uploaded to job broker web sites.
- Receiving powerful, dynamic job search advice and referrals to employment opportunities

- Receiving intensive ICT support including CV uploads and follow up connectivity to emails.
   Engagement means further training and upskilling in ICT.
- Sharing of work contact numbers/mail addresses to help with job-related issues at short notice.
- Introduction to employment agencies/employers

**Delivery Location:** Most potential clients will be met at Castle Court Jobcentre, though TBCT encounter many NEET clients in the course of regular business. The delivery venue is free of charge. Currently, TBCT employment advisors meet NEET clients at this venue each week.

The funding will enable one highly skilled, popular, experienced employment advisor working at Castle Court Jobcentre and subsequent community venues to deliver empowering one-to-one sessions with NEET clients ineligible to enrol on other provision.

#### Client Group Referral Sources/Other Referral Sources

The target of fifty NEET clients is achievable. Sources of referral include:

- Referrals from Work Coaches at Castle Court Jobcentre (primarily working with residents of Nottingham South)
- Word of Mouth Referrals from satisfied clients
- Drop-Ins to our prominent, accessible Meadow's offices
- Referrals from our Community Partners and working partnerships.
- Referrals from Jobs Fairs (Market Square, for example)

This funding will also allow one to one support of NEET clients in:

- Community venues throughout Nottingham including cafes (such as QWCC Community Café, The Hope Centre, Café Nerro on Wheelergate, Café Sobar, the Contemporary and the coffee house on Sneinton Market) libraries, community venues and other mutually agreed premises.
- TBCT's offices in The Meadows

It is important to note that TBCT have a strict Lone Working policy which is strictly adhered to by our Advisers for the safety of themselves and any client who interacts with staff members.

Rationale for this provision: *Identify why this activity has been included within this application.*Consider locally, the disadvantage faced by the people this activity supports and what effect this has on their lives.

There are many jobseekers TBCT could positively support, and who are referred to us, but subsequently prove to be ineligible for our intervention. In most cases, these NEET clients are often in great need of intervention and are slipping through the net.

Currently TBCT are funded to deliver *Nottingham Works 4 U (eligibility 16-24)* and *Back to Work (eligibility 16+/No age limit)* 

There are **strict eligibility criteria** for these programmes which are not always observed by referring Jobcentre Work Coaches. This funding will allow us to address their needs and make appropriate interventions.

**Specific Client Group:** This potential ABG funding allows TBCT to embrace and support:

- NEET clients referred to us from Jobcentres who are currently ineligible for provision.
- Clients who have recently engaged with NCC provision but who left (into EET or otherwise) and who are, as a result, currently ineligible for support and are in danger of becoming distant from the labour market.

- Older clients with significant barriers to work who are ineligible for existing provision. This
  includes ex-offenders who require a softer, one-to-one, specialist approach.
- Recent Migrants and Asylum Seekers ineligible for provision.

There are large numbers of the above in all four Jobcentres in the City who do not get assistance and support from highly trained and experienced staff like those of TBCT. The numbers of currently non-eligible referrals to us at Castle Court suggests fifty clients is an underestimate and infinitely achievable.

Difference/change this provision will create: *Identify the most important differences this provision will make that will improve people's lives.* Be succinct and talk about significant change only, do not provide a list of changes.

This provision is employment focused and job search skill focused for clients currently ineligible for support on NW4U and Back to Work.

TBCT will engage with people on a one-to-one basis. They will receive intensive, high impact support with job search and personal development which is not currently available to them. Without this provision, many do not get the support they need to get closer to the labour market.

**Upskilling:** Life improvements developed through enrolment with TBCT include:

- Learning how to develop a working relationship with a skilled and experienced advisor for personal benefit.
- Ability to complete job applications and act quickly on referrals.
- Improved ICT knowledge long term and sustainable
- Enduring Job search advice on completing application forms, interview techniques, competence creation etc
- A new, lifelong, evolving CV paper copy and uploads this includes a changed attitude to CVs, which accompany professionals throughout their lives.
- Functional workplace Email address set up
- Immediate Nottingham Jobs enrolment, leading to knowledge gained of Nottingham's premier employment portal.
- Increased self-confidence and self-belief a major issue for some jobseekers which increases with each month of inactivity.
- Increased knowledge of the labour market
- Referrals to short term training and qualifications (CSCS/SIA, for example)

Clients eventually gain employment, which gives a confidence boost and improves self-esteem. For NEET young people, gaining employment means they are less likely to offend and engage in antisocial activity. Migrants and asylum seekers integrate into society more quickly. Employment has been shown to increase health and wellbeing. Clients can eat a better diet and socialise more, so they become less isolated and mix with different people. They gain further confidence through learning new skills including digital job search, vocational qualifications and how to complete a new evolving, lifelong CV.

This support is not currently available to this client group ineligible for NCC funded provision and will not have this opportunity.

.Many clients are socially isolated and appreciate the one-to-one conversation. Because of this provision, social interaction and confidence improves in the future, including, critically, interaction with future employers, future colleagues, DWP Work Coaches and Employment Advisors from companies such as TBCT.

How this difference/change will be measured/evidenced: Use the language of change in your response, improving life skills, increasing self-esteem, improving well-being. Talk about the specific difference you will make eg 'referred into an employment programme and not the overall result, eg 'engaged with CV writing'

#### **Client Journey:**

TBCT staff will signpost a referral point to enable the client to continue their journey to employment. Potential referral journeys for NEET clients include:

- Employment
- Work Trials/Placements/Experience
- Functional Skills Support
- TBCT's in-house Connected To support (digital workshops)
- ESOL courses at e.g., Nottingham College, Begin, Belong, SFICE, DBC Training
- Digital training with, for example, Futures
- Voluntary positions whilst seeking paid employment.
- Referrals to and mentor accompaniments to Job Fairs
- SWAPs
- College, Military and University applications

Regular reviews and appraisals are carried out. Conversations chart progress – how the member feels, the client's experience of the job search process, successes and not-so-successful approaches, mood, confidence, and any achievements.

Achieving set targets for job search (three jobs applied for per session, for example), and encouraging 'baby-step' improvements (for example, uploading a CV onto a job search website like Indeed, with minimal assistance) help improve self-confidence and bolster self-esteem.

Tools to measure change TBCT use include action plans, attendance registered, questionnaires, regular one-to-one appraisals, surveys and recording case studies.

Data is monitored and progress reports are sent quarterly to funders, along with outputs, outcomes, and a positive, empowering case study. Staff make internal notes about how to facilitate change and improvements.

Attendance at steering group meetings with other partners, including NCC, allows discussion about the changes made by individuals including job entries.

#### Referrals to Employment, Training, Education and Short-Term Vocational Qualifications

Permanent, concrete changes TBCT encourage include referrals into high-impact, results-positive provision. This includes *Nottingham Works4You*, *Back to Work* and *Way To Work*; referrals to training – both long term (e.g. *NVQ*) and short term (*SIA course, CSCS cards*); direct referrals to work experience, informal, short-term work trials, work placements (for example the *AA programme at several Nottingham Jobcentres*, and skills training courses (for example, the Civil Service Competence course at Nottingham College), which will eventually improves the member's prospects of securing employment.

### Sustainability:

The funding will allow TBCT to work directly with DWP work advisers and UC coaches to offer skilled support for their NEET referrals, some of which have proved hard to reach. It also allows TBCT to continue to promote SWAPs via community employment skills provision and to make referrals directly to training providers, The funding will enable TBCT to work directly in Castle Court Jobcentre with NEET clients – and potentially, Jobcentre throughout Nottingham - building excellent working relationships with advisors, thus ensuring continued referrals to TBCT in the future.

# 4.6 Delivery Planner E&S – Local Job Clubs

	MORNING	AFTERNOON	EVENING
MONDAY	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	
TUESDAY	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	
WEDNESDAY	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	
THURSDAY	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	
FRIDAY	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	NW4Y & B2W Activities Client 121 meetings Scheduled administration. e.g. Community outreach appointments	
SATURDAY			

# 5. Service Delivery – Local Community Development and Engagement

Name of Partner:	The Renewal Trust
Annual no. unique groups supported:	20
Total annual no. of sessions delivered:	1:1 and network meetings
Delivery location(s):	Flexible: Area based, teams, zoom and other locations
Ward(s) of delivery:	Clifton
Grant amount:	9249.60
Match funding amount(s):	
Match funding source(s):	

# Service/provision offered: Be specific, what delivery will include or look like and who will be delivering it.

Working alongside the RDO for the area we will provide a bi monthly network meeting (community partnerships network) this will be attended by ABG funded organisations and any community groups in the area.

- Success
- Partnerships
- Requests for support
- Funding news
- Actions for the wider area partnership

The Renewal Trust also offer information and advice concerning:

- Setting up and running a group
- Identifying suitable funding opportunities
- Helping committee members, trustees and directors understand their roles and responsibilities
- Developing policies and procedures
- Free or low-cost training opportunities
- Helping to promote voluntary sector jobs and community events
- Recruiting and supporting volunteers

Rationale for this provision: Identify why this particular activity or method of delivery has been included within this application. Consider locally, what support is evidenced as being needed by local VCS groups and organisations.

Nottingham's voluntary organisations, community groups and social enterprises can make a real difference to local neighbourhoods. They can instil a sense of local pride, improve local environments and build a feeling of community. Volunteering is a great way for people to increase their employability by learning new skills, can help improve health and help build confidence (which sometimes helps them face other challenges in their lives).

Grassroots community organisations often provide much needed support in their community. They are run by local people for local people. This means that they often achieve engagement and trust that public sector providers struggle to gain, thereby encouraging the local people have a say in local decisions that affect them and tackle local issues such as ASB and poor health outcomes.

Difference/change this provision will create: Identify the most important differences this provision will make that will improve the management and development of VCS groups and organisations. Be succinct and talk about significant change only, do not provide a list of changes.

Voluntary organisations and community groups often don't have the capacity and resources enjoyed by the public and private sector. This can be a barrier to them growing and thriving. Working in partnership provides that extra support.

The support The Renewal Trust offers provides these groups with information and practical help to develop. This increases their viability and success which then benefits the wider community.

The Renewal Trust coordinates the following networks:

Community partnership network

These networks are cross sector and provide opportunities for local providers to learn about national or local research and updates, best practice guidance. Networks are held every two months and help members develop skills and contribute to strategic planning and delivery of services.

How this difference/change will be measured/evidenced: Use the language of change in your response, increased fund raising, stronger management principles, increased sustainability, greater partnership. Talk about the specific difference you will make.

RT monitors all group support work and outcomes. Providing reports on:

numbers attending the community partnership networks and any issues arising