

# Nottingham's Older Citizens' Charter

In Nottingham, we believe all our older citizens should have fulfilling lives – feeling valued by all sections of society, living as independently as possible and being encouraged to contribute to their local communities. By committing to this Charter, we aspire to develop Nottingham as a great place to grow older. Age Friendly Nottingham works to achieve this by acting in accordance with the following pledges:

1. To encourage older citizens' contributions to their communities and to Nottingham society.
2. To promote positive representations of ageing.
3. To support older citizens in reducing their loneliness and isolation.
4. To promote health, wellbeing and independence.
5. To ensure dignity and choice in health, care and housing services.
6. To create welcoming and accessible public environments.
7. To work towards greater access to digital technology for those currently excluded.
8. To provide clear, consistent information to all citizens from sources they can trust.
9. To promote better understanding and connections between generations.
10. To recognise that not all citizens of older age will have the help and support of families or friends in the provision of care.
11. To promote the active involvement of older citizens in working towards the aim of Nottingham becoming Carbon Neutral by 2028.

Age Friendly Nottingham will always listen to your views and tell you about the progress we are making. In return we ask that you get involved and help us fulfil the pledges in the Charter.

