

Slush ice drinks or ‘slushies’ containing glycerol

- Children under 7 should not consume these drinks
- Children under 10 should have a maximum of one 350ml ‘slushie’ per day – that’s about the size of a fizzy drink can.

Glycerol can cause sickness and headaches in young children. Check with the seller or product labels about glycerol content.



More information on glycerol:

- Visit [food.gov.uk/glycerol](https://www.food.gov.uk/glycerol)
- Scan this QR code:

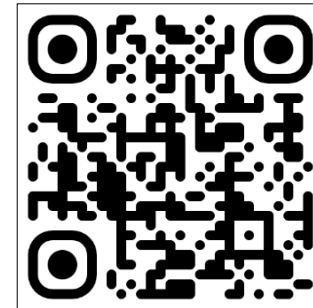


Image: [Adobe Stock](#)