

**BEHT
Integrated Childrens Services
Children & Adults
PN-192**

01/2021

myHealth-E

myHealth-E (MHE) is an NHS digital health monitoring system. It is designed to empower families working with behavioural and mental health conditions and aims to enhance their experiences of using the Behavioural Emotional Mental Health pathway (BEMH) by making it easier to complete questionnaires on symptoms, gain access to relevant information of their child's progress and access clinical research and trials.

Nottingham City Council's Behavioural & Emotional Health Team (BEHT) is using myHealth-E to support their work with young people and their families. Using myHealth-E will support children and young people with neurodevelopmental conditions and their caregivers between clinic visits and help improve the quality of data available for monitoring treatment effectiveness of Behavioural Emotional & Mental Health services.

Nottingham City Council's Behavioural & Emotional Health Team (BEHT) will work the individual young people on the basis that it is necessary for the performance of a task carried out in the public interest. BEHT staff will directly consult with and inform young people and their parents/carers about the BEHT registration process and the role that myHealth-E plays in it. One of the benefits of myHealth-E is that it offers parents/carers an opportunity to register their interest in involvement in various research projects, including an online parenting intervention trial.

Individuals may still access BEHT support without having their data entered into myHealth-E.

You are not obliged, either by statute or by contract, to provide the information that is requested here. The information provided by you may also be used for the purpose of any other function carried out by the Council. Information about these functions and the legal basis on which information is used for them can be found at <http://documents.nottinghamcity.gov.uk/download/5939>.

The Data Controller is Nottingham City Council, Loxley House, Station Street, Nottingham NG2 3NG.

The Data Protection Officer is Naomi Matthews. You can contact the data protection officer at the above address or at data.protectionofficer@nottinghamcity.gov.uk.

The data protection law known as the General Data Protection Regulation provides for the following rights as prescribed by the legislation:

- A right to request a copy of your information
- A right to request rectification of inaccurate personal data
- A right to request erasure of your data known as 'the right to be forgotten'
- A right to in certain circumstances to request restriction of processing
- A right in certain circumstances to request portability of your data to another provider
- A right to object to processing of data in certain circumstances
- A right regarding automated decision-making including profiling

Please note that if you are unhappy with a decision regarding the handling of your data you have the right to complain to the Information Commissioner's Office at Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF. See also the Information Commissioners website at <https://ico.org.uk/your-data-matters/>.

For more information about these rights, please refer to our detailed privacy statement at <https://www.nottinghamcity.gov.uk/privacy-statement>.