External Adult Social Care Strategic Workforce Plan for Nottingham and Nottinghamshire

Elevating the Care Workforce Together #ProudtoCareNotts









Foreword

Our Care Act Responsibilities

Section Five of the Care Act (2014)

Sets out duties in Local Authorities to facilitate a diverse sustainable highquality market for their whole local population, including those who pay for their own care, promote an efficient and effective operation of adult social care and support the care market as a whole.

Introduction and Overview

Our external, independent adult social care sector in Nottingham and Nottinghamshire plays a critical role in supporting the well-being and quality of life for our residents. As our community grows, the demand for high-quality social care services continues to rise. This increasing demand, coupled with the complexities of modern care needs, highlights the need for a forward-thinking plan for its workforce.

Developing this strategic plan is a first step in our aspiration that our independent social care workforce are recognised and respected for their vital contributions to our local community across Nottingham and Nottinghamshire. This plan will outline what the workforce looks like and what the sector has told us is needed to build a sustainable, skilled, and motivated workforce, capable of delivering high-quality care now and in the future.

The document is designed to be dynamic and adaptable, ensuring it remains responsive to the evolving needs of the sector. We recognise that the sector is subject to continuous changes, driven by demographics, political shifts and digital advancements.

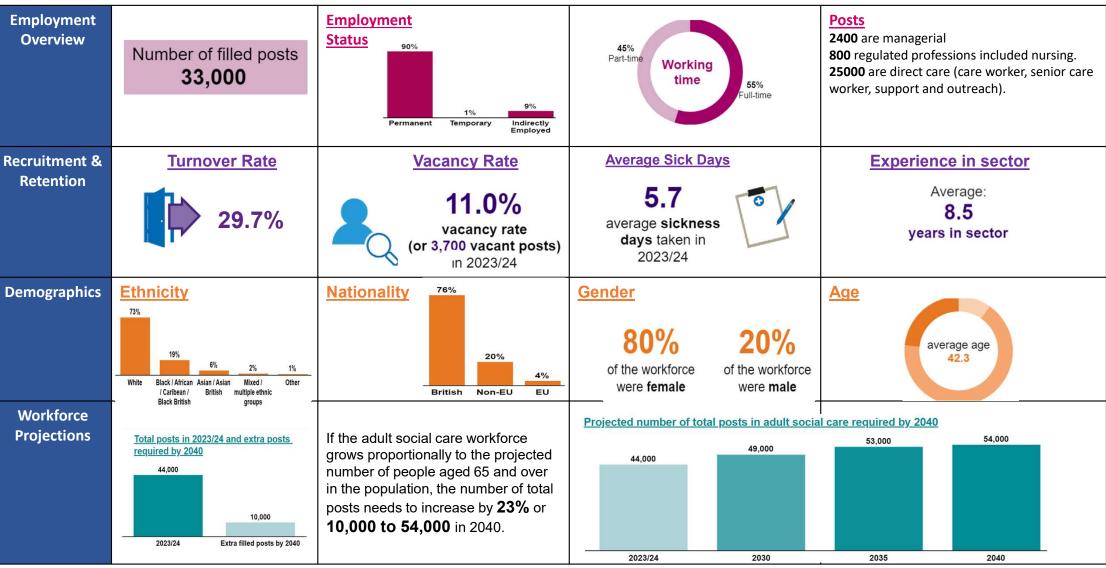
Sitting outside of this document will be ongoing delivery plans which will be implemented and reviewed regularly. This flexibility will allow us to create and implement plans which are relevant and effective to the different areas of Nottingham and Nottinghamshire. This will also allow space for celebrating our successes and impacts.

The Workforce in Nottingham and Nottinghamshire

What does the workforce currently look like?

- The independent, external adult social care workforce is comprised of a diverse group of professionals, including direct care workers, registered managers, nurses and support staff, who operate in various settings such as residential and nursing care homes, home care and community services.
- This workforce delivers person-centred care, promoting independence, and enhancing the quality of life for individuals with complex needs.
- The following slides will show the make-up of the sector and its workforce, and its contribution to the Nottingham and Nottinghamshire system.

What does the workforce currently look like - Nottingham & Nottinghamshire ICB area



What does the workforce currently look like - Nottingham City

Organisations	CQC Regulated Establishments 214	9,950 1,100 1,400 Local authority Independent & Direct payment Self-employed Shared Lives NHS	CQC Ratings 3.6% are rated outstanding 70% are rated good. 24.8% are rated requires improvement.	Filled Posts by Services 1,000 – Care homes with nursing 1,500 – Care homes only 6,100 – CQC non- residential
Employment Overview	Number of filled posts 9,900	Permanent Temporary Indirectly employed	Part-time Working time 62% Full-time	Posts 800 are managerial 150 regulated professions included nursing. 8,000 are direct care (care worker, senior care worker, support and outreach).
Recruitment &	Turnover Rate	Vacancy Rate	Average Sick Days	Experience in Sector
Retention	31.3%	18.3%	5.9	8.3 Years
Demographics	Ethnicity	Nationality 63%	Gender	Age
	2% 7% 1% White Mixed / Asian / Asian Black / African / Carribban / Black British	31% 6% British Non-EU EU	77% of the workforce were female 23% were male	42.5

^{*}All data sources from Skills for Care Workforce Intelligence 2023/24 publication: Workforce intelligence (skillsforcare.org.uk)

What does the workforce currently look like - Nottinghamshire

Organisations	CQC Regulated Establishments 474	1,900 2,300 2,100 Local authority Independent & Direct payment Self-employed Shared Lives	CQC Ratings 9.2% are rated outstanding 73.4% are rated good. 15.5% are rated requires improvement.	Filled Posts by Services 5,600 – Care homes with nursing 6,500 – Care homes only 8,800 – CQC non- residential
Employment overview	Number of filled posts 23,000	Employment Status Permanent Temporary Indirectly employed	Part-time Working time 55% Full-time	Posts 1,600 are managerial 650 regulated professions included nursing. 17,500 are direct care (care worker, senior care worker, support and outreach)
Recruitment & Retention	Turnover Ra <u>te</u> 29.1%	7.5%	Average Sick Days 5.6	8.5 Years
Demographics	Thirty 79% 2% 5% 13% 1% White Mixed / Asian / Asian / Asian / Arican / Arican / Arican / Black / Arican / Black British White Mixed / British Arican / Black British	Nationality 17% British Non-EU EU	Gender 81% of the workforce were female 19% of the workforce were male	Age 41.5

^{*}All data sources from Skills for Care Workforce Intelligence 2023/24 publication: Workforce intelligence (skillsforcare.org.uk)

What does the workforce currently look like - data comparison

	NOTTINGHAM CITY 31.3%	NOTTINGHAMSHIRE COUNTY 27.7%	EAST MIDLANDS 26.5%	NATIONAL 25.8%
TURNOVER RATE	18.3%	8.6%	8.6%	8.1%
VACANCY RATE				
GENDER	77% female and 23% male	81% female and 19% male	79% female and 21% male	79% female and 21% male
AVERAGE AGE	42.5	42.1	42.2	43.3

What does the workforce currently look like - data comparison

ETHNICITY

	Nottingham City	Nottinghamshire County	East Midlands	National
White	55%	80%	67%	65%
Black / African / Caribbean / Black British	35%	12%	19%	20%
Asian / Asian British	7%	5%	11%	12%
Mixed / Multiple Ethnic Groups	2%	2%	2%	2%
Other	1%	1%	1%	1%

NATIONALITY

		Nottingham City	Nottinghamshire County	East Midlands	National
Υ	British	63%	81%	71%	72%
	Non EU	31%	16%	23%	22%
	EU	6%	3%	5%	6%

What does the workforce currently look like – International

Recruitment

The care sector has faced an unprecedented staffing crisis in recent years.

Long before the COVID-19 pandemic, recruiting and retaining care workers was a significant challenge. When the pandemic hit, it deepened the crisis and as a result, many staff left due to ill health, burnout, disillusionment, or retirement, while others tragically lost their lives.

The workforce, already stretched thin, was pushed to its limits.

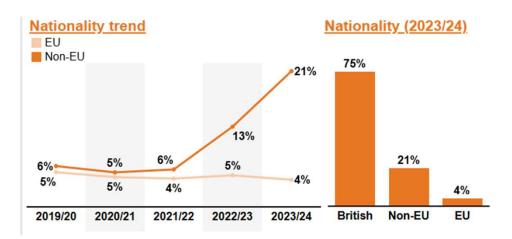
In response to mounting pressures, the government added Senior Care Workers to the Shortage Occupation List in 2021, followed shortly by Care Workers. This crucial policy change enabled care providers, who were struggling to attract sufficient interest from UK-based candidates, to recruit experienced and qualified staff from overseas.

We refer to those workers on a Health & Care visa as "International Recruits".

For many providers, international recruitment has become a lifeline. It has reduced reliance on costly agencies and streamlined recruitment processes, offering a more sustainable way to build a stable workforce.

Most importantly, it has benefitted the people we support. Skilled, passionate professionals from around the world have brought fresh perspectives, cultural richness, and a renewed commitment to person-centred care, helping deliver greater continuity and improved outcomes across the sector.

Across the Nottingham and Nottinghamshire
Integrated Care System Footprint, there has been a
15% increase in care workers from non EU countries
since 2021-22



What does the workforce currently look like – International Recruitment

- Nationally between March 2022 and March 2024 an estimated 185,000 people have started direct care providing roles in the independent sector.
- 29% of people recruited internationally were male.
- 34.1 average age of a person internationally recruited.
- Estimated no of people recruited internationally starting care worker roles in the independent sector in East Midlands 23/24 11,500 filled posts/senior care worker filled posts 400.
- To support of our international workforce and our provider market we are working with our local and regional colleagues and the East Midlands International Recruitment Hub, sharing resources, webinars, best practice topics on ethical recruitment processes.

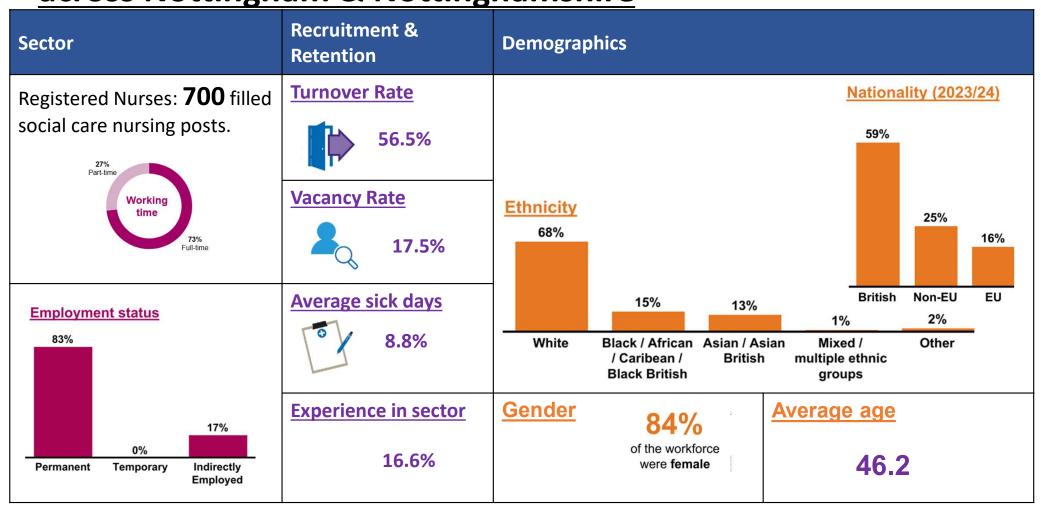
What does the workforce currently look like – Social Care Nurses

The adult social care sector workforce includes employment of Nursing and Midwifery Council (NMC) registered nurses bound by the Code of Professional Standards of Practice.

Social care nurses play a vital role in the external adult social care sector, where their specialised skills are essential in enabling individuals who draw on care and support, many of whom have multiple comorbidities and health issues, to live positively. Nursing in social care is complex, grounded in person centred practice, and draws on professional autonomy and critical thinking.

Social care nurses are also uniquely positioned to monitor peoples' overall well-being, identifying early signs of health decline or new needs and coordinating timely interventions with other health and social care services. Their presence not only enhances the quality of life for those they care for but also reduces the need for hospital admissions, alleviating pressure on the NHS and other healthcare systems.

What does the workforce currently look like – Social Care Nurses across Nottingham & Nottinghamshire



Population and Workforce Projections

The proportion of adults in Nottinghamshire who are over 65 is increasing. This is significant both in terms of the number of people predicted to draw on social care and the potential loss of those over 55 in the workforce, who make up 22 percent of the direct care workforce currently.

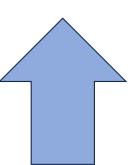
For people over 65 years the number of people with a learning disability is estimated to increase by 32 percent by 2035. There is a projected 28 percent increase in the number of people over 65 with moderate to severe learning disability. This suggests the sector workforce will need skills and training to support people living both with age-related conditions and conditions associated with learning disability.

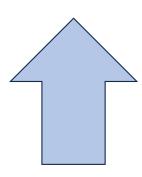
There is a predicted increase in the number of people with support needs meeting requirements for residential care: 9,000 by 2035.

On the current trajectory the adult social care workforce will need to increase by 28 percent.





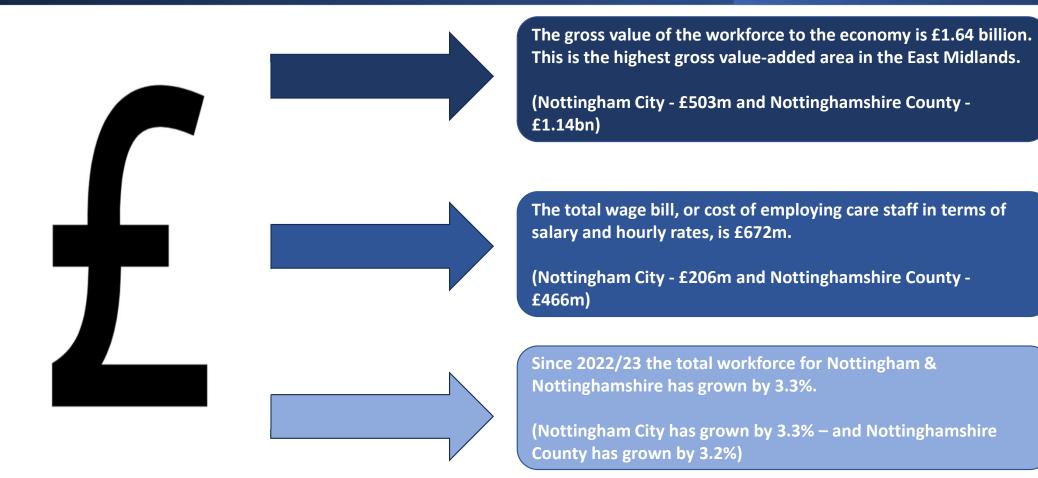




2024

2035

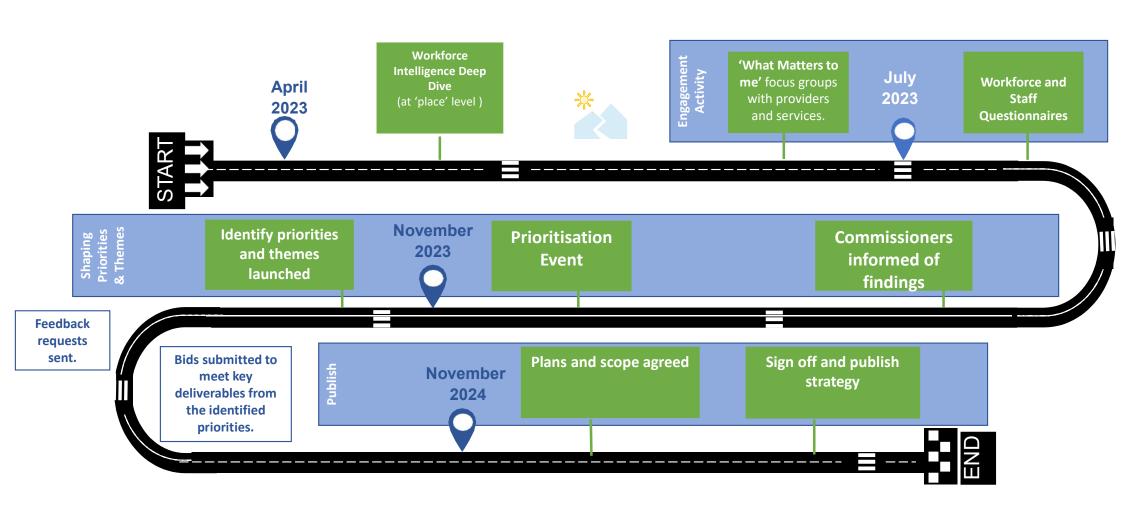
Economic Value of the Workforce



Strategic Plan Development

This strategic plan has been developed as a collaborative piece of work, jointly led by Nottinghamshire County Council and Nottingham City Council, alongside Nottingham & Nottinghamshire ICB and Skills for Care.

By integrating information data with local insights gathered from our engagement activities, surveys, and events, we have identified key priorities and themes to shape our future work.



Strategic Plan Development Journey

Engagement Activity: What Matters to Me Sessions & Care Staff Survey

We held a number of 'What Matters to Me' sessions with the following groups to find out the things that matter:

- People with lived experience
- Family carers
- Commissioners
- Care providers –chief executives, nominated individuals
- Registered managers
- Frontline workers, including care workers, nurses, support workers and personal assistants

We engaged with people via face-to-face discussions, online meetings and digital whiteboard and surveys.

The intelligence gathered was collated and reflected in our strategy themes and priorities.

A Care Staff Survey was shared with all providers. The following questions were key findings:

What attracted you to work in social care?



66% wanted to make a difference



48% made the best use of my skills and experience



25% flexible working hours

Which of the following are most important to you?



58% ability to make a difference



46% work-life balance



45% pay

Shaping Priorities & Themes: Prioritisation Event

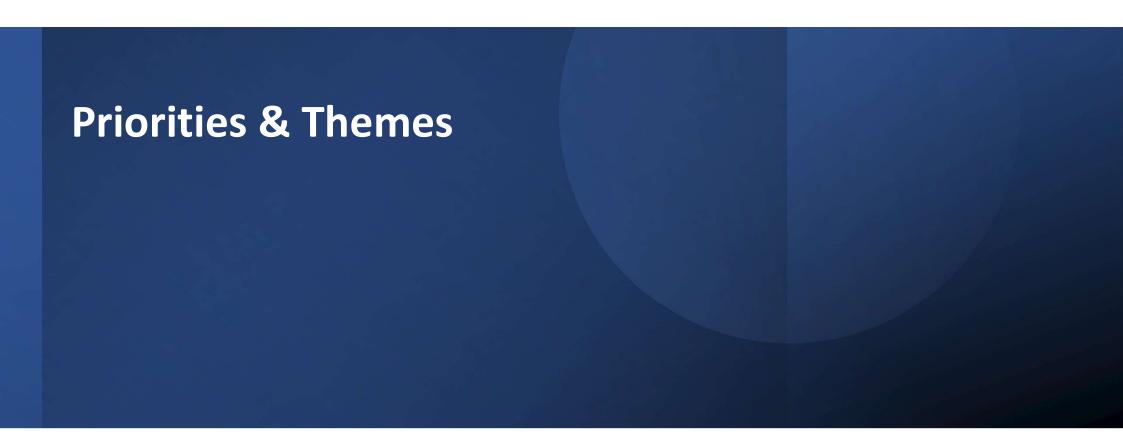
Using insights from our engagement activities and an intelligence deep dive by Skills for Care, we identified six priorities aligned with the ICS 10 People Function Outcome Areas.

These priorities became the focus of our **Prioritisation Event**, which brought together:

- Social care providers (including supported living, homecare, and nursing services)
- Family carers
- People with lived experience
- Local authorities
- Nottingham & Nottinghamshire ICB
- Occupational therapists

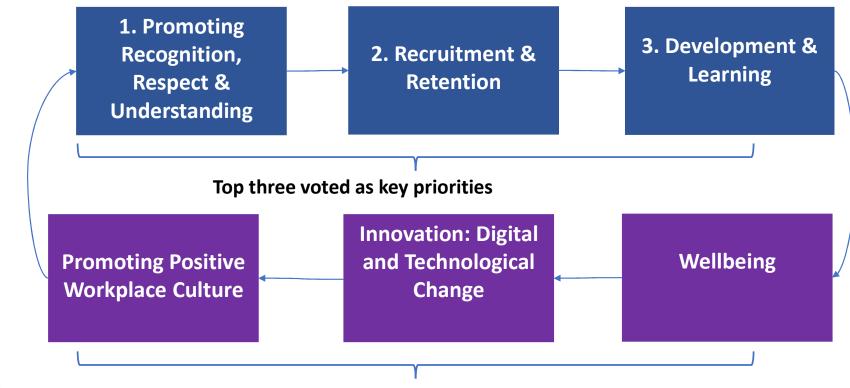
Participants were asked to rank the priorities based on their significance and urgency. Following this, discussions were held in a world café-style format to explore solutions collaboratively.

The feedback and proposed solutions were analysed and collated into themes and areas of focus, with a particular focus on the top three priorities identified by participants.



The strategic priorities are acknowledged as interconnected and evolving.

We will prioritise the top three voted areas (numbered) while incorporating themes from the remaining priorities, to ensure all areas are addressed comprehensively.





These three priorities to feed into the top three through future development

Themes: Our Areas of Focus

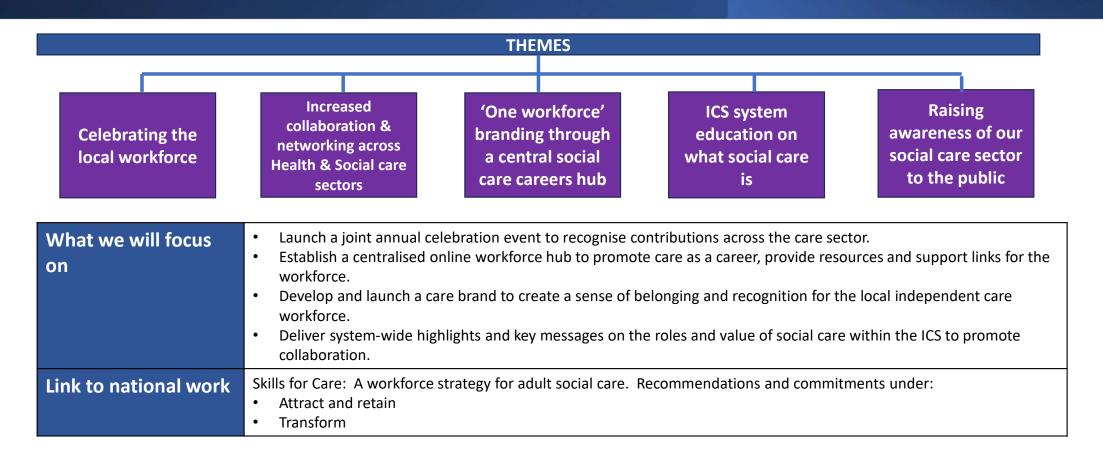
Care workers and colleagues across the Nottingham and Nottinghamshire Health and Care system told us their visions for future working and potential solutions under each of the priorities. These have been collated below as themes and areas of focus:

	Priority 1: Promoting Recognition, Respect & Understanding	Priority 2: Recruitment & Retention	Priority 3: Development & Learning
Area of focus	 Celebrating the local workforce, recognising work, economic value and promotion of a learning culture. Collaboration and networking across Health & Social care sectors including increased communication, sharing information & best practice. 'One workforce' branding through a central social care careers hub hosting a skills academy. ICS system education on what social care is Raising awareness of the social care sector to the public utilising positive promotion. 	 Values based recruitment and onboarding & exit processes. Growing the future workforce: Education around the rewarding nature of careers in adult social care within schools, universities and the public. International Recruitment support 	 Rollout of Career Pathway and investment in CPD opportunities. Parity in access to quality training. Talent Management including effective career conversations, supervisions, appraisals and mentoring opportunities. Understanding training needs of the sector and opportunities.
	Priority: Promoting Positive Workplace	Priority: Innovation: Digital and	Priority: Wellbeing

Future Develop ment

Priority: Promoting Positive Workplace Culture	Priority: Innovation: Digital and Technological Change	Priority: Wellbeing
 Themes under Promoting, recognition, respect and understanding. Acknowledgement for unpaid workforce, VSCE and Personal Assistants 	Innovation & Technology as investment in the workforce	 Themes under Promoting, recognition, respect and understanding. Support for the workforce to access lifestyle benefits. PA and individual employers: training and health and wellbeing opportunities

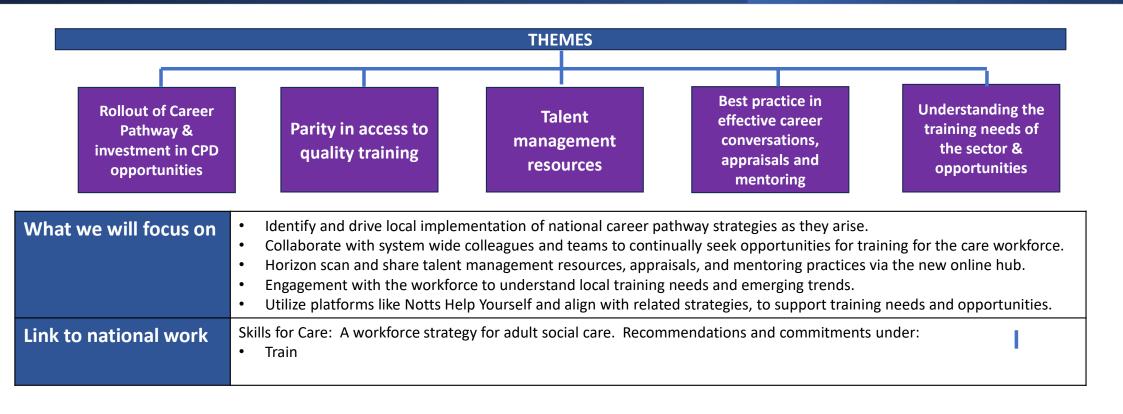
Priority 1: Promoting Recognition, Respect and Understanding



Priority 2: Recruitment and Retention



Priority 3: Development and Learning





Nottingham and Nottinghamshire Integrated Care System Strategy

Alignment to Other Strategies

Skills for Care National Workforce Strategy Priorities:

- Attract and Retain
- Train
- Transform

The External Adult Social Care Strategic Workforce Plan for Nottingham and Nottinghamshire aligns closely with both national and local strategies through workforce development, sustainability and collaboration.

Nationally it mirrors the Skills for Care National Workforce Strategy through our top three priorities of promotion, recognition and respect, recruitment and retention and development and learning. The priorities of the NHS Long Term Plan are also reflected by focusing on improving retention and recruitment through promotion of social care careers, career pathways and training opportunities.

Locally it dovetails with the Nottingham and Nottinghamshire Integrated Care System (ICS) and the Integrated Care Strategy through ensuring there is a sustainable social care workforce to enable every person in Nottingham and Nottinghamshire to enjoy their best possible health and wellbeing.

The local social care workforce underpins the success of all local social care strategies; without a strong, well trained and resilient workforce, local aims and priorities would not be achieved, and the unique care needs of the local population would not be met.



Alignment to Other Strategies

Area	Strategy	What is this Strategy and why is it included?
National Strategies	Skills for Care National Workforce Strategy – https://www.skillsforcare.org.uk/About-us/A-workforce-strategy-for-adult-social-care.aspx	This strategy identifies the adult social care workforce needs over the next 15 years and sets out a plan for ensuring the sector has enough of the right people with the right skills.
	People at the Heart of Care: Adult Social Care Reform - https://www.gov.uk/government/publications/people-at-the-heart-of-care-adult-social-care-reform-white-paper	This white paper sets out a 10-year vision for adult social care, including the aim to ensure the social care workforce feel recognised and rewarded and are equipped with the right skills and knowledge.
	NHS Long Term Workforce Plan - https://www.england.nhs.uk/publication/nhs-long-term-workforce-plan/	Workforce plan for the NHS, putting staffing on a sustainable footing and improving patient care. It focuses on retaining existing talent and making the best use of new technology alongside a large recruitment drive.
System Wide / Joint Strategies	Nottingham and Nottinghamshire Integrated Care Strategy 2023-2027 - https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/Integrated-Care-Strategy-2023-27-SUMMARY-updated-for-March-2024.pdf	This is the five-year strategy of the Nottingham and Nottinghamshire Integrated Care System (ICS) which focusses on improving outcomes, tackling inequality, enhancing value for money and supporting broader social and economic development.
	Joint Carers Strategy - https://www.nottinghamshire.gov.uk/media/5081744/final-joint-carers-strategy-2023-28.pdf	This strategy is for all unpaid carers who live in, or are caring for someone that lives in, Nottingham City or Nottinghamshire County, regardless of the condition or age of the person they are supporting. The strategy sets out what will be done together to improve the health and wellbeing of carers.
Local Strategies	Nottinghamshire County Council Internal Social Care Workforce Strategy Nottinghamshire County Adult Social Care Strategy The Nottinghamshire Plan	These local authority strategies set the vision for social care and the wider council, including the sustainability and development of the adult social care workforce.
	 Nottingham City Council Internal Social Care Workforce Strategy Nottingham City Adult Social Care Strategy: Better Lives Better Outcomes - https://www.nottinghamcity.gov.uk/media/g1rnhluk/better-lives-strategy.pdf Nottingham City Council Strategic Council Plan - https://www.nottinghamcity.gov.uk/your-council/about-the-council/strategic-council-plan-2024-27/ 	
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Not sure we need to reference all of these strategies? Amy Groom, 2024-08-20T15:19:16.488 AG1