

Contact details

For further information and details of activities please go to:

www.nottinghamcity.gov.uk/childrenscentres

www.nottinghamcity.gov.uk/playandyouth

Meadows Children's Centre

Kirby Gardens
Meadows
Nottingham
NG2 2HZ
Tel: 0115 8761320

Clifton Children's Centre

Greencroft
Clifton
NG11 8EY
Tel: 0115 98762625

Clifton Young People's Centre

Green Lane.
Clifton.
Nottingham.
NG11 9AY
Tel: 0115 876 2777

Meadows

Summer Programme

31/07/17 – 01/09/17



Monday 31/07/17	Tuesday 01/08/17	Wednesday 02/08/17	Thursday 03/08/17	Friday 04/08/17
<p>Child Health Clinic 10:00-12:00pm Meadows Children's Centre</p> <p>Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p>	<p>Family Fun Day: Picnic in the Park 11:00am–3:00pm Wollaton Park. Wollaton. NG8 2AE. (Meeting outside the park at the entrance on Wollaton Road, at the front of the hall) (charge for car parking and admittance into hall) This is a family event for children aged 0-19 years and their parent/carer.</p> <p>Outdoor fun and games, play some sports, play on the park, and bring a picnic and your teddy. Both Children Centre and Play and Youth staff will be there to give support, advice and engage in play activities with all children</p>	<p>Make, Move, Munch 10:00:-12.30pm Meadows Children's Centre</p> <p>Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families.</p> <p>Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required.</p> <p>Please call 07733369981 to book a place</p>	<p>Puppet Making 10.30-12noon Meadows Children's Centre</p> <p>Come along and design your own puppet</p> <p>Child Health Clinic 1 - 2.30pm Meadows Children's Centre</p> <p>Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p>	<p>Family Support Clinic 9-12 noon Meadows Children's Centre</p> <p>We offer support to families around children's behaviour, sleep, routines and boundaries and fussy eating</p> <p>Make, Move, Munch 10:-12.30pm Meadows Children's Centre</p> <p>Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families. Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required.</p> <p>Please call 07733369981 to book a place</p>

Monday 07/08/17	Tuesday 08/08/17	Wednesday 09/08/17	Thursday 10/08/17	Friday 11/08/17
<p> Child Health clinic 10:0-12:00pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>	<p> Family Fun Day: Picnic in the Park 11:00pm–3:00pm Clifton Playing Fields Farnborough Road. Clifton. NG11 8JU (next to the Tennis Court). Free This is a family event for children aged 0-19 years and their parent/carer. Outdoor fun and games, food stalls, sports activities, dance shows, crafts stalls, tombola, face painting, baby area. This is a large event delivered by Nottingham City Council with support from Children's Centre and Play and Youth Staff as well as community groups and other agencies. </p>	<p> Make, Move, Munch 10:00-12:30pm Meadows Children's Centre Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families. Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required. Please call 07733369981 to book a place </p>	<p> Bridgeway Community Event 11:00pm–4:00pm Meadows (Held in the Bridgeway Precinct) Art and Crafts for under fives Child Health Clinic 1 - 2.30pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>	<p> Family Support Clinic 9-12 noon Meadows Children's Centre We offer support to families around children's behaviour, sleep, routines and boundaries and fussy eating Make, Move, Munch 10:00-12.30pm Meadows Children's Centre Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families. Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required. Please call 07733369981 to book a place </p>

Monday 14/08/17	Tuesday 15/08/17	Wednesday 16/08/17	Thursday 17/08/17	Friday 18/08/17
<p>Child Health clinic 10:0-12:00pm Meadows Children's Centre</p> <p>Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p>	<p>Family Trip to the Seaside Ingoldmells near Skegness</p> <p>8:30am–6:00pm</p> <p>Should you wish to book a place please come to Meadows Childrens centre on Thursday 27th July between 10.00-11.30</p> <p>All children must be accompanied by a responsible adult £5.00 Ad 16 plus £2.50 Child</p> <p>Priority will be given to families and young people who access our services /charge per person/limited spaces/booking required</p>	<p>Make, Move, Munch 10:00-12:30pm Meadows Children's Centre</p> <p>Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families.</p> <p>Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required.</p> <p>Please call 07733369981 to book a place</p>	<p>Summer crafts 10.30-12noon Meadows Children's Centre</p> <p>0-5 years Come and get crafty. A variety of crafty materials for you to make and take away.</p> <p>Child Health Clinic 1 - 2.30pm Meadows Children's Centre</p> <p>Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p>	<p>Family Support Clinic 9-12 noon Meadows Children's Centre</p> <p>We offer support to families around children's behaviour sleep routine, boundaries and fussy eating.</p>

Monday 21/08/17	Tuesday 22/08/17	Wednesday 23/08/17	Thursday 24/08/17	Friday 25/08/17
<p> Child Health clinic 10:0-12:00pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>	<p> Family Fun Day: Picnic in the Park 11:00pm–3:00pm The Victoria Embankment. The Meadows. NG2 2JY (Meeting at the Park next to the paddling pool) (charge for car parking) This is a family event for children aged 0-19 years and their parent/carer. Outdoor fun and games, play some sports, play in the Pool or on the park, bring a picnic and your teddy. Both Children Centre and Play and Youth staff will be there to give support, advice and engage in play activities with all children. </p>	<p> Make, Move, Munch 10:00-12:30pm Meadows Children's Centre Delivered by the Nutrition Team A series of FREE sessions designed to help you and the kids make small steps to better health, have fun and meet other local families. Try tasty new recipes through food demos and cooking sessions or have a go at simple and fun ways to get active. Creche available, booking required. Please call 07733369981 to book a place </p>	<p> Child Health Clinic 1 - 2.30pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>	<p> Family Support Clinic 9-12 noon Meadows Children's Centre We offer support to families around children's behaviour sleep routine, boundaries and fussy eating. </p>

Monday 28/08/17	Tuesday 29/08/17	Wednesday 30/08/17	Thursday 31/08/17	Friday 01/09/17
<p style="text-align: center;">BANK HOLIDAY</p> <p style="text-align: center;">NO SESSIONS</p>	<p>Family Fun Day: Picnic in the Park 11:00pm–3:00pm Lenton Abbey Park. Derby Road. Lenton Abbey. NG9 2SD.</p> <p style="text-align: center;">Free (charge for car parking)</p> <p>This is a family event for children aged 0-19 years and their parent/carer.</p> <p>Outdoor fun and games, play some sports, play on the park, bring a picnic and your teddy. Both Children Centre and Play and Youth staff will be there to give support, advice and engage in play activities with all children.</p>		<p>Child Health Clinic 1 - 2.30pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p> <p>Stonebridge City Farm St Anns Nottingham NG3 2FR 11-2pm Come along and discover your local inner city farm, there is a play area and meet the animals NTC Bus 24 25, 26 from the City Centre</p>	<p>Family Support Clinic 9-12 noon Meadows Children's Centre We offer support to families around children's behaviour sleep routine, boundaries and fussy eating.</p>

Monday 04/09/17	Tuesday 05/09/17	Wednesday 06/09/17	Thursday 07/09/17	Friday 08/09/17
<p> Child Health clinic 10:0-12:00pm Meadows Children's Centre Child Health clinic 10:0-12:00pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>			<p> Child Health Clinic 1 - 2.30pm Meadows Children's Centre Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor </p>	<p> Family Support Clinic 9-12 noon Meadows Children's Centre We offer support to families around children's behaviour sleep routine, boundaries and fussy eating. </p>