

## Contact details

### **Bulwell Children's Centre**

Steadfold Close, Crabtree Farm, Bulwell, NG6 8AX  
Tel: 0115 8762220

### **Bulwell Forest Children's Centre**

Cantrell Road, Bulwell, NG6 9HJ  
Tel: 0115 8762220

### **Riverside Play and Youth Centre**

Coventry Road, Bulwell, NG68QJ  
Tel: 0115 8833540

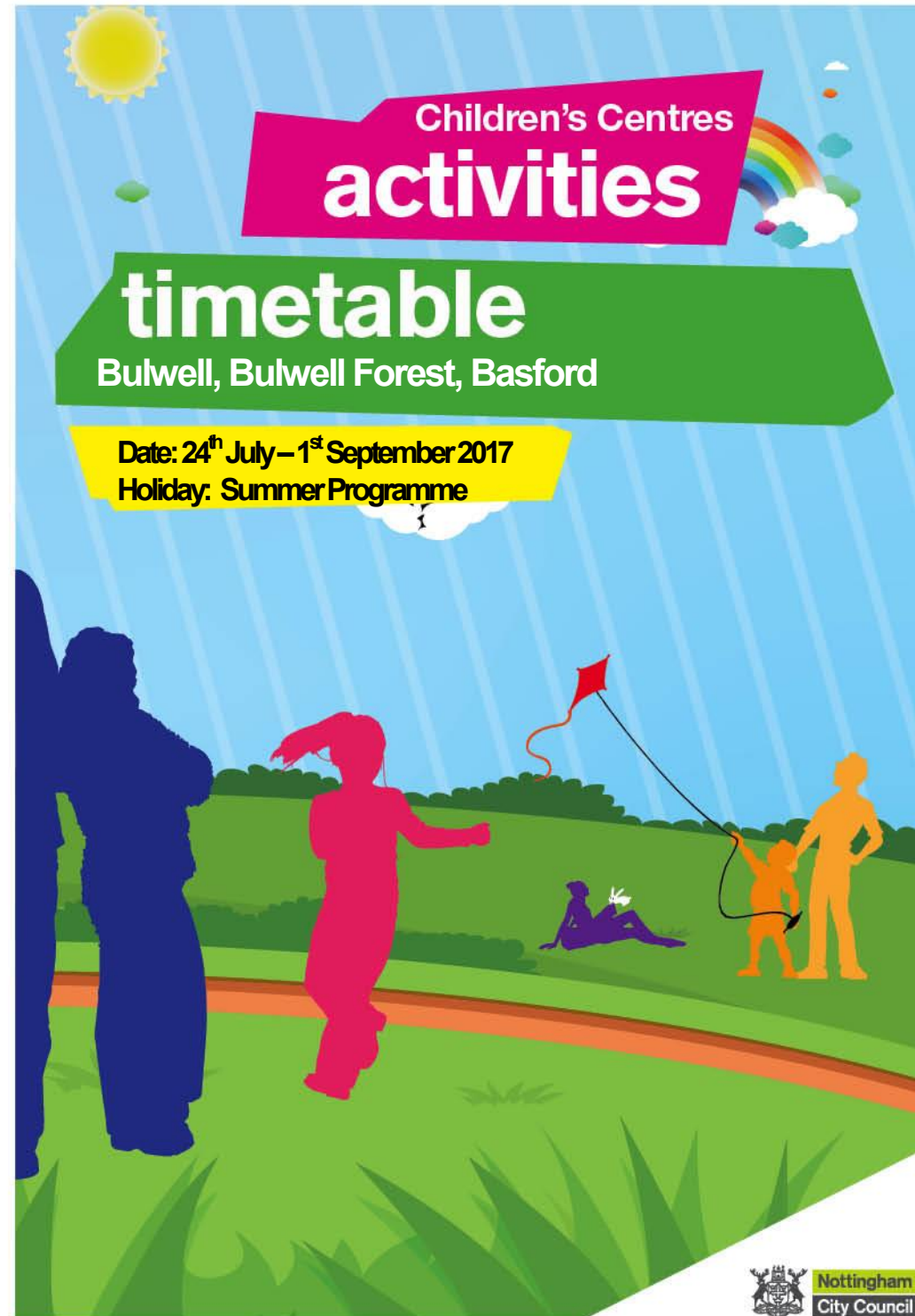
### **Basford Children's Centre**

Whitemoor Primary and Nursery School  
Bracknall Crescent, Whitemoor, NG8 5FF  
Tel: 0115 8762220

For further information and details of activities please go to:

[www.nottinghamcity.gov.uk/childrenscentres](http://www.nottinghamcity.gov.uk/childrenscentres)

[www.nottinghamcity.gov.uk/playandyouth](http://www.nottinghamcity.gov.uk/playandyouth)



## Children's Centre Activities

We want all children and parents and carers to be happy, healthy and to support their child/ren to be ready for school. Children's Centres provide a variety of sessions and support for families from pregnancy to 5 to support this. All families are welcome. To keep you up to date with all of the sessions and support we offer, we will request that you complete a Children's Centre Registration Form. For more information please ask staff member who will be happy to help. All sessions unless stated otherwise are FREE!

Sessions' Descriptions	
Family Support Clinic	Appointment only. Do you need advice and support - managing debt, managing behaviour, with housing issues or relationship breakdown? To make an appointment please contact Bulwell Children's Centre on (0115) 8762220
Baby and Me	Bulwell Riverside (Play and Youth Centre) Fun learning activities which support parents to make the most of everyday learning activities at home; including breastfeeding advice and support. (This group is for pre-walking children)
Fun with Friends Group Activity Session	Healthy Living Centre. For further information families to contact Bulwell Community Toy Library on (0115) 9753898
Messy Play	Basford Library. For families and children under 5 years old to have fun exploring a variety of messy play activities which will stimulate children's learning and development.
Volunteer Training	Would you like to Volunteer, build your confidence and learn new skills. Please contact Bulwell Children's Centre on (0115) 8762220 for more information."

## Free Childcare for 2 Year Olds

The Early Learning Programme (ELP) for 2 Year Olds is a Government initiative that provides free childcare places for eligible 2 year olds. Eligible children will be entitled up to 15 hours per week of free early education for a total of 38 weeks. Free places are available in participating childcare providers across the city.

### Contact the Families Information Service to check your Eligibility

Tel: **0800 458 4114**

Email:

[fis@nottinghamcity.gov.uk](mailto:fis@nottinghamcity.gov.uk)

Website:

<http://fis.nottinghamcity.gov.uk/freechildcarefor2s>



Eligible children qualify for a place from the school term after the 2<sup>nd</sup> birthday.

If your child's 2nd birthday falls between	They will be entitled to their free place from
1 April to 31 August	The 1st September
1 September to 31 December	The 1st January
1 January to 31 March	The 1st April

Monday 24 <sup>th</sup> July	Tuesday 25 <sup>th</sup> July	Wednesday 26 <sup>th</sup> July	Thursday 27 <sup>th</sup> July	Friday 28 <sup>th</sup> July	Saturday 29 <sup>th</sup> July
<p><b>Inbetweenies PEEP</b> 1:00pm - 2:15pm Bulwell Children's Centre Booking by request. Please call Bulwell Children's Centre</p> <hr/>	<p><b>Bookworms</b> 09:30am – 11am Bulwell Forest Children's Centre</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children's Centre Appointments only</p> <hr/> <p><b>Community Cafe</b> 11:30am – 3:00pm Bulwell Children's Centre</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:45am – 12:15pm Basford Library</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Beside The Sea Side</b> 1:00pm – 3pm Bulwell Riverside Seaside Themed Activities for under 5's and their family. Bring a towel and swimwear</p> <hr/> <p><b>Family Support Clinic</b> 1:00am - 3:00pm Bulwell Riverside Appointments only</p> <hr/>	

### Activities in the Community

<p><b>Tots Time</b> 10:30am – 11am Bulwell Library Children to experience singing and discovering the wonders of books</p> <hr/>			<p><b>Fun With Friends Group Activity Session</b> 10:30am - 12:00pm Healthy Living Centre</p> <hr/>		
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<b>Monday 31<sup>st</sup> July</b>	<b>Tuesday 1<sup>st</sup> August</b>	<b>Wednesday 2<sup>nd</sup> August</b>	<b>Thursday 3<sup>rd</sup> August</b>	<b>Friday 4<sup>th</sup> August</b>	<b>Saturday 5<sup>th</sup> August</b>
<p><b>Grow, Cook and Play</b> 1:00pm – 3:00pm Bulwell Forest Community Gardens</p> <hr/>	<p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>Family Fun Day</b> 12:00pm – 3:00pm Vernon Park, Basford All Families welcome Fun for all the Family (Children aged 0-19)</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children's Centre Appointments only</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>National Play Day The Arboretum Park</b> 11:00am – 3:00pm Fun for all the family (children aged 0-19) Make your own way there</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:30am – 12:00pm Bulwell Children's Centre</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Mini Olympics</b> 1:00pm – 3:00pm Bulwell Riverside Sports Themed Activities for under 5's and their family. Bring Sportswear or comfortable clothing</p> <hr/> <p><b>Family Support Clinic</b> 1:00am - 3:00pm Bulwell Riverside Appointments only</p> <hr/>	

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<p><b>Messy Mondays</b> 09:30am - 10:30am Bulwell Library</p> <hr/> <p><b>Tots Time</b> 10:30am – 11am Bulwell Library Children to experience singing and discovering the wonders of books</p> <hr/>		<p><b>Boogie Totts</b> 10:30am - 12:00pm Ravensworth Church Call Bulwell Community Toy library for more information</p> <hr/>	<p><b>Fun With Friends Group Activity Session</b> 10:30am - 12:00pm Healthy Living Centre</p> <hr/>		
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Monday 7 <sup>th</sup> August	Tuesday 8 <sup>th</sup> August	Wednesday 9 <sup>th</sup> August	Thursday 10 <sup>th</sup> August	Friday 11 <sup>th</sup> August	Saturday 12 <sup>th</sup> August
<p><b>Pirate Day</b> 1:00pm – 3:00pm Bulwell Forest Community Gardens</p> <hr/>	<p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>Family Fun Day</b> 12:00pm–3:00pm Pirate Park. Bulwell Forest All Families welcome Fun for all the Family (Children aged 0-19)</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children's Centre Appointments only</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:45am – 12:15pm Basford Library Outdoor fun weather permitted</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Family Support Clinic</b> 1:00am - 3:00pm Bulwell Riverside Appointments only</p> <hr/>	

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<p><b>Messy Mondays</b> 09:30am - 10:30am Bulwell Library</p> <hr/> <p><b>Tots Time</b> 10:30am – 11am Bulwell Library Children to experience singing and discovering the wonders of books</p> <hr/>		<p><b>BCTL Play Day Event</b> 11:00am – 3:00pm Bulwell Hall Park All Families Welcome Bring a Packed Lunch Run by Bulwell Community Toy Library</p> <hr/>	<p><b>Fun With Friends Group Activity Session</b> 10:30am - 12:00pm Healthy Living Centre</p> <hr/>		<p><b>Active Play</b> 10:00am - 12:00pm The Bulwell Academy</p> <hr/>
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Monday 14 <sup>th</sup> August	Tuesday 15 <sup>th</sup> August	Wednesday 16 <sup>th</sup> August	Thursday 17 <sup>th</sup> August	Friday 18 <sup>th</sup> August	Saturday 19 <sup>th</sup> August
<p><b>Grow, Cook and Play</b> 1:00pm – 3:00pm Bulwell Forest Community Gardens</p> <hr/>	<p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>Community Trip</b> 09:00am – 5:00pm Wheelgate Park Please call Bulwell Children's Centre to book a place £5 per person, under 2's free</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children's Centre Appointments only</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:45am – 12:15pm Basford Library Outdoor fun weather permitted</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Teddy Bear's Picnic</b> 1:00pm – 3:00pm Bulwell Riverside Activities for under 5's and their family. Bring along a packed lunch and a Teddy Bear</p> <hr/> <p><b>Family Support Clinic</b> 1:00am - 3:00pm Bulwell Riverside Appointments only</p> <hr/>	

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Monday 21 <sup>st</sup> August	Tuesday 22 <sup>nd</sup> August	Wednesday 23 <sup>rd</sup> August	Thursday 24 <sup>th</sup> August	Friday 25 <sup>th</sup> August	Saturday 26 <sup>th</sup> August
<p><b>Forest Schools Fun</b> 1:00pm – 3:00pm Bulwell Forest Community Gardens</p> <hr/>	<p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>Community Session</b> 12:00pm – 3:00pm Nelson Park (Crabtree Park) Come along to Nelson Park. Enjoy family activities.</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children's Centre Appointments only</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/> <p><b>White Post Farm</b> Bulwell Children's Centre 1:00pm – 3:30pm Come along and see various animals. Waiting times may apply</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:45am – 12:15pm Basford Children's Centre Outdoor fun weather permitted</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children's Centre Appointments only via midwife</p> <hr/>	<p><b>Family Support Clinic</b> 1:00am - 3:00pm Bulwell Riverside Appointments only</p> <hr/>	

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<b>Monday 28th August</b>	<b>Tuesday 29<sup>th</sup> August</b>	<b>Wednesday 30<sup>th</sup> August</b>	<b>Thursday 31<sup>st</sup> August</b>	<b>Friday 1<sup>st</sup> September</b>	<b>Friday 2<sup>nd</sup> September</b>
<p><b>Bank Holiday Centre Closed</b></p>	<p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children’s Centre Appointments only via midwife</p> <hr/>	<p><b>Family Support Clinic</b> 9:00am - 12:00pm Bulwell Children’s Centre Appointments only</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children’s Centre Appointments only via midwife</p> <hr/>	<p><b>Baby and Me</b> 10:30am – 12:00pm Bulwell Riverside</p> <hr/> <p><b>Messy Play</b> 10:45am – 12:15pm Basford Children’s Centre</p> <hr/> <p><b>Midwife Clinic</b> 09:00am – 5:00pm Bulwell Children’s Centre Appointments only via midwife</p> <hr/>		
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