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| **Strategy and Resources – Strategic Commissioning Team** |
| **MENTAL HEALTH SUPPORTED ACCOMMODATION PATHWAY STRATEGIC COMMISSIONING REVIEW** |

The Mental Health Supported Accommodation Pathway has been identified as a Strategic Commissioning Review for 2016/17. This is a joint review between Nottingham City Council and Nottingham City Clinical Commissioning Group.

**Background**

In 2011 NHS Nottinghamshire County and NHS Nottingham City Primary Care Trusts (PCT) instituted a thorough review of hospital based adult mental health placements.

In essence the review concluded that, in many cases, individuals were spending too long in a hospital setting and that this was impacting on their long-term ability to achieve independence. The review identified that a lack of appropriate resettlement pathways and, in particular, appropriate accommodation support and care provision, was a contributory factor.

In 2012/13, Nottingham City Council, supported by Nottingham City NHS PCT instituted a strategic commissioning review of services for those with mental health needs. A work programme to ‘Improve Accommodation, Support and Care Pathways’ was identified.

**The 2016/17 Mental Health Supported Accommodation Pathway Review - Aims**

In summary this 16/17 review is needed because:

* It is a key objective of The Nottingham Plan, Wellness in Mind and Happier Healthier Lives to improve the mental well-being of citizens.
* This review is needed to ensure that the mental health pathway is able to meet the need of vulnerable citizens now and in the future relating to mental health provision.
* The review is needed to understand how the commissioned services move towards effective integration between health and social care services and functions.
* This review is needed to understand how to move away from hospital based rehabilitation and move towards community based rehabilitation.
* The current perception is that the current accommodation care and support pathway is characterised by lack of flow and lack of choice.
* The Adult Social Care Programme over the last few years has had its budget reduced by Government. Therefore there is a need to take a strategic approach and review what the Council is currently offering and how it can be shaped so that it more effectively meets the needs of current and future users of mental health provision.
* There are financial pressures on both the Council and the NHS therefore there is a drive to ensure that the services being commissioned are cost effective as well as value for money.

**Scope**

The focus of this 2016/17 review will be to consider:

* The totality of provision in this area, the gaps, and what is the best balance of services.
* The provision of services given the financial pressures.
* Residential Care provision for citizens with mental health.
* Supported Accommodation for citizens with mental health.
* Floating Support for citizens with mental health.
* Independent housing options.
* New initiatives locally and nationally in mental health provision.
* Personal budgets.
* Linkages between homelessness services and mental health services.

The review will aim to achieve a cohesive, citizen focussed, system of services that enables people to avoid being institutionalised in hospital, residential or supported accommodation. It aims to improve pathways of care/support and reduce the numbers of people relapsing and being readmitted into hospital. It aims to make better use of community resources in meeting people’s needs.

**Timelinepatients frequently readmitted to psychiatric units. Policy of deinstitutionalization in mental health services during the past decades patients frequently readmitted to psychiatric units. Policy of deinstitutionalization in mental health services during the past decades patients frequently readmitted to psychiatric units. Policy of deinstitutionalization in mental health services during the past decades patients frequently readmitted to psychiatric units. Policy of deinstitutionalization in mental health services during the past decades**

The provisional time frame in relation to the project is as follows:

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|  | **Commence** | **Finish** |
| **Pre–Pathway** | July 2016 | December 2016 |
| **Analyse** | July 2016 | January 2017 |
| **Plan** | March 2017 | September 2018 |
| **Do** | April 2017 | Nov 2018 |

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