

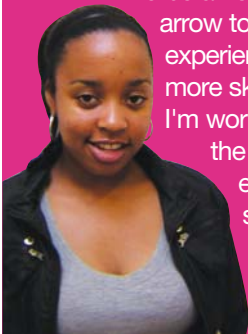
Introducing your Editors...

In the last edition we asked for volunteers in the community to become editors for the Bestwood & Basford Community Arrow. Pete, Karissa and Zhane (see focus on article) stepped forward and have put together this fantastic edition.

Meet some of your Community Arrow editors:

Karissa Haughton

My name is Karissa and I am 18 years old. I am currently studying Media at Castle College in Beeston. I volunteered to be an editor for Community arrow to get some experience and gain some more skills in journalism. I'm working at Primark at the moment to earn extra cash as I love shopping! I also enjoy reading and listening to music.



Pete Howarth

Hello

My name is Pete, I am so old and have so many wrinkles on my forehead that I have to screw my hat on. Think of the oldest people you know and I am at least 30 years older than them. I work on the Main reception Desk at Queens Medical (volunteer) and I have just been accepted to work on Hospital Radio and I have loads of interests - I would rather wear out than rust.

If you would like to get involved reporting on community successes and interesting stories in your area please contact Anna Davies by telephone on 0115 854 2606 or by email anna.davies@nottinghamcity.gov.uk.



The Big Turn On – Bestwood Christmas Lights - Wednesday 3rd December, Beckhampton Rd Shopping Precinct.

Father Christmas, Lantern Parade, Christmas Fair, Mince Pies, Carol Service and lots more. Keep your eyes out for more information over the next few months or telephone Anna Davies on 0115 854 2606.

Useful Contacts

Neighbourhood Management

Team Manager

Heidi May 915 9127

Neighbourhood Action Officers

Neighbourhood Action Officer -

Bestwood, Anna Davies. 854 2606

Neighbourhood Action Officer - Basford,

Lylse-Anne Renwick 915 9126

Nottingham City Homes . . . 0845 3303131

Parks. 915 2733

Street Cleansing/Litter. 915 2000

Fly Tipping 915 2000

Recycling 915 2000

Dog Wardens. 915 6123

Basford Library 915 5797

Bestwood Library. 915 5799

Bestwood Estates

Community Centre 976 2391

Bestwood Park

Community Centre 920 2003

Old Basford Community Centre. 915 0240

Bestwood Directions. 975 5758

Oxclose Police Station

..... 948 2999 Ext 4116

Radford Road Police Station

..... 948 2999 Ext 4416

Councillors

Basford

Cat Arnold 07943 827559

Mick Newton 07943 824572

Rob Lee 07985 757508

Bestwood

Brian Grocock 915 0599

David Smith 915 3233

Mick Wildgust 915 3263

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Stockhill Youth Club

There has been a distinct lack of facilities in the area for youngsters bursting with energy, a concern which was raised by the Community Protection Officers. I have been fortunate enough to experience the outcome of these concerns when I visited the newly developed Stockhill Youth club, roughly two months after it had been opened.

My own memories of youth clubs of the past didn't fill me with much hope that this club would provide an enjoyable outlet for young people to let their energy out. I remember a table-tennis game played between two youths, with a queue of people waiting for their turn and a dartboard, out of use because the darts had gone missing for the umpteenth time.

Well I needn't have worried! My first impression was the NOISE. It was a happy, boisterous, exuberant noise, the kind that only young people can generate. My second and lasting impression was of the sheer energy of these young people, all aged around 15, who were playing a version of video bowling, with each minor success giving the cue for a victory dance!

It's so great to see such energy and enthusiasm amongst these young people.

PETE HOWARTH



Get to the point
with your
Community
Arrow!



Inside: → Stockhill tenants & residents
→ Best companions → Focus on
→ Bestwood Park Play Scheme Volunteers

Focus on - By Zhane Elliot

Southglade Leisure Centre

"My name is Zhane and I am the new youth journalist who will be doing a 'focus on' a local event, place or group in the Bestwood & Basford areas.

This edition I will be focusing on Southglade Leisure Centre, Southglade Road, Bestwood. The leisure centre offers a wide range of sports and activities from aerobics to aqua fit and tai-chi to kung fu, swimming, bums, tums and thighs, football and much more.

Did you know you can save money on sports and leisure activities by getting a leisure card which means you can get from 10 to 50 % off most sports.

It's important that people keep healthy and get active and the leisure centre offers something for people of all ages and fitness levels.

For more information about the activities at Southglade Leisure Centre telephone 0115 915 1595 or email: southglade.lc@nottinghamcity.gov.uk.



Best Companions - By Karissa Haughton



BestCompanions is a voluntary-based scheme for the elderly people of Bestwood. It runs every Friday, school term time only from 11am-2pm and offers a great deal of activities such as bingo, chair aerobics (YMCA offered a 10 week course), trips to Skegness, hand massages and also they have a hot meal and drinks available for lunch. A special Christmas lunch is also provided for the local residents.

It all began as a voluntary home visiting service but then it was decided to assemble at the local community centre where they can all get together and enjoy each other's company. The scheme is funded by Bestwood Directions who pay for the taxis, food

and any visits that are planned. The conditions for participation are you have to be an elderly person, live on your own and live in the Bestwood area.

Helen Bellamy Scheme Co-ordinator initiated the group at the end of 2005 following feedback from local residents who said there was a lack of social activities in the area for older people. Volunteers who give up their time to help run the group include Alison Bonser, Donna Bradley, Pat Ruth, Sharon Broomham with kind support from Pat Chambers.

If you would like to find out more contact Helen by telephone on 0115 975 5758.

Stockhill Residents Get Active!

On August 14th a meeting was held in the Bowls Pavilion at the Stockhill Lane Park. This meeting was to find out if there was interest to form a Tenant & Resident Group for the area, to answer any questions and help develop any ideas the meeting might put forward. City Council Officers were present along with Councillor Mick Newton.

The meeting was opened and the benefits of belonging to a Tenants and

Residents Group highlighted things such as being able to apply for cash grants, more consultation on any future developments and having a louder voice on local issues.

Important issues about the local area were discussed including youth activities, parks, the possible development of Basford Hall College, traffic congestion and the general upkeep of the area.

By the end of the meeting the feeling was more positive and the mood had changed from, "what's the point, what good will it do?" to discussing ideas for improving the leaflets to advertise the next meeting.

Contact Cheryl Rawlings (Tenant & Resident Officer) by telephone on 0115 915 0588 to find out when the next meeting is taking place or for more information.

Bestwood Park Play Scheme Volunteers

Over the summer 38 parents from the Bestwood area gave up their time to run a play scheme for 82 children aged 8 months to 16 years at Bestwood Park Community Centre. The volunteers have dedicated time and effort into putting something back into their neighbourhood, providing a fun and vital

service for both children and parents over the summer holiday period.

The play scheme offered children lots of fun and things to do from taking part in activities such as arts and crafts, Caribbean dancing, face painting, sports, tie dying, dressing up, cooking,

parachute games, making play dough and much more. There were days out and trips to places such as: Southglade Park Life, Nottingham Play Day at Harvey Hadden Stadium, Nottingham Caribbean Carnival with a "Robin Hood on Caribbean Holiday" float; Bestwood Country Park for den building and other woodland activities; and a Family Trip to Twin Lakes Park in Melton Mowbray.

The play scheme is supported by Nottingham City Council Play Staff. To find out more about future play schemes or how you can get involved contact Sue Mallender, Play Work Development Officer, North Locality, by telephone on 0115 9157578/07989 476802 or email: sue_mallender@nottinghamcity.gov.uk. Or come to Bestwood Park After School Club for children 5-13 on Thursdays and Fridays 3.30-5.30pm at Bestwood Park Community Centre, Beckhampton Road, near Southglade Primary School. Volunteers and junior volunteers (14 and over) welcome.

